



The Supreme Master Ching Hai

News No. 212

♥ Supreme Master Ching Hai's Message on Eco Alternatives to Using Paper

♥ Pusu: Language of the First Original Universe

♥ The World Calls for Strong Climate Action: Hundreds of thousands march in New York City and worldwide ahead of United Nations Climate Change Summit

BE VEGAN, MAKE PEACE

Concentrate and Receive the Blessing Power

Spoken by Supreme Master Ching Hai,
International Gathering in Europe,
July 5, Golden Year 10 (2013)
(Originally in English) **DVD#1016**

Because if everyone concentrates on one thing, then the power is stronger and more beneficial to you all. Okay? Otherwise, (if) we come here and we don't concentrate on one, on God, and we're just thinking of family or mundane things or sickness and health and money and all that, it's kind of diverting your attention to this lower level instead of going up. The more you go up, the more benefit. The stronger you will feel later, even to come home and deal with all these mundane problems.

So this time, really concentrate, okay? **Concentrate only on God, enlightenment, deeper level of consciousness and happiness.**

Because the deeper you go, the more you're happy, the more enlightened, and the more intelligent, the more blissful. And then you can deal with all kinds of problems – if any problem. Otherwise,

we just concentrate on problems. Then we are right at the problem level, and we could never see it better from above. Then, not only you cannot solve this problem, you delay your own spiritual progress and deny yourself of spiritual power. Then, you lose both. You lose the problem-solving solution and you lose spiritual elevation. 🌸

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A Little Message:
In speaking of God, or the Supreme Spirit, Master instructs us to use original non-sexist terms to avoid the argument about whether God is a She or a He.

She + He = Hes (as in Bless)
Her + Him = Hirm (as in Firm)
Hers + His = Hiers (as in Dears)

Example: When God wishes, Hes makes things happen according to Hiers will to suit Hirmself.

The Supreme Master Ching Hai News Magazine is published on the Internet in the following languages: Aulacese, Chinese (in both traditional and simplified versions), English, French, German, Indonesian, Japanese, Korean, Mongolian, Portuguese, Spanish and Thai. Please refer to the Quan Yin Websites of the News magazine for related websites.

As a creator of artistic designs as well as a spiritual teacher, Supreme Master Ching Hai loves all expressions of inner beauty. It is for this reason that She refers to Vietnam as "Au Lac" and Taiwan as "Formosa." Au Lac is the ancient name of Vietnam and means "happiness." And the name Formosa, meaning "beautiful," reflects more completely the beauty of the island and its people. Master feels that using these names brings spiritual elevation and luck to the land and its inhabitants.

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Supreme Master Ching Hai's Letter to His Holiness Pope Francis

On Tuesday, March 19, Golden Year 10 (2013), His Holiness Pope Francis was officially inaugurated as the 266th Pope of the Catholic Church in a hope-filled Mass at the Vatican. In His Holiness's homily, Pope Francis appealed to the world, saying:

"I would like to ask all those who have positions of responsibility in economic, political and social life, and all men and women of goodwill: Let us be protectors of creation, protectors of God's plan inscribed in nature, protectors of one another and of the environment."

His Holiness chose the papal name Francis in honor of Saint Francis of Assisi, a friar who embraced all of God's creatures and nature, and was a champion of the poor and disadvantaged. The former Cardinal Jorge Bergoglio of Argentina, Pope Francis has already garnered much admiration for his earnest openness, humility and simplicity, shown in his actions such as choosing to live in a modest apartment rather than in the archbishop's palace while serving as archbishop in Buenos Aires. In His Holiness's first public act as Pontiff, Pope Francis humbly requested the estimated 150,000 people at St. Peter's Square to pray for him, while during Easter Sunday Mass, His Holiness touched people around the globe when he spontaneously approached and lovingly embraced a boy with physical disabilities.



Photo Credit: Pope_Francis_at_Vargihna-TâniaRêgo-AgênciaBrasil -Wikimedia Commons-(edit)-CC BY 3.0 BR
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On March 28, Pope Francis celebrated a pre-Easter tradition on Maundy Thursday by gently washing and kissing the feet of 12 young inmates at a juvenile detention center in Rome, Italy. Chosen from detainees aged 14 to 21 at the Casal del Marmo facility, those who had their feet washed came from diverse nationalities and religious backgrounds, with two Muslims and two young women despite tradition formerly restricting the ritual to men. His Holiness explained to the young people:

"I do this with my heart because it is my duty, as a priest and bishop I must be at your service."

In sincere appreciation of the new pope, Supreme Master Ching Hai sent the following congratulatory card to His Holiness Pope Francis.

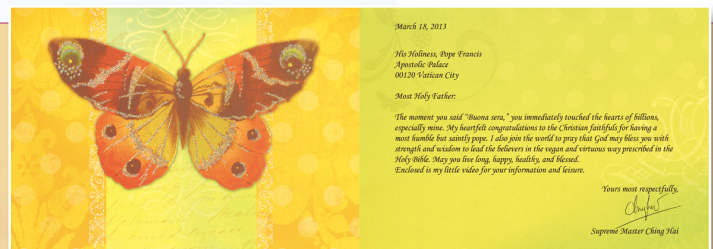
March 18, 2013

His Holiness, Pope Francis
Apostolic Palace
00120 Vatican City

Most Holy Father:

The moment you said "Buona sera," you immediately touched the hearts of billions, especially mine. My heartfelt congratulations to the Christian faithful for having a most humble but saintly pope. I also join the world to pray that God may bless you with strength and wisdom to lead the believers in the vegan and virtuous way prescribed in the Holy Bible. May you live long, happy, healthy, and blessed.

Enclosed is my little video for your information and leisure.



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His Holiness, Pope Francis
Apostolic Palace
00120 Vatican City

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Enclosed is my little video for your information and leisure.

Yours most respectfully,


Supreme Master Ching Hai

Yours most respectfully,
Supreme Master Ching Hai

Supreme Master Ching Hai's Congratulations to Italy's New Prime Minister

On February 22, Golden Year 11 (2014), His Excellency Matteo Renzi became Italy's new Prime Minister.

The former Mayor of Florence, 39-year-old Prime Minister Renzi has announced a new development agenda to benefit the lives of the Italian people. The plan includes supporting job creation to reduce youth unemployment, establishing an affordable housing program to assist young couples, and investing EUR 3.5 billion in school renovation.

Supreme Master Ching Hai sent the following letter to Prime Minister Matteo Renzi to convey Her respectful congratulations on his popular appointment, and Her blessings and best wishes to see his noble-minded ideals for the Italian nation and its great people fulfilled.



Photo credit: Presidenza della Repubblica
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February 22, 2014

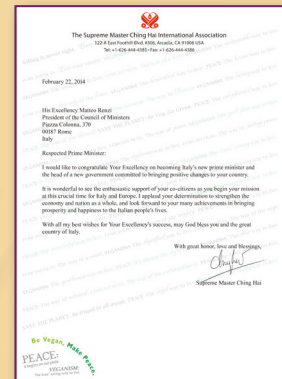
His Excellency Matteo Renzi
President of the Council of Ministers
Piazza Colonna, 370
00187 Rome
Italy

Respected Prime Minister:

I would like to congratulate Your Excellency on becoming Italy's new prime minister and the head of a new government committed to bringing positive changes to your country.

It is wonderful to see the enthusiastic support of your co-citizens as you begin your mission at this crucial time for Italy and Europe. I applaud your determination to strengthen the economy and nation as a whole, and look forward to your many achievements in bringing prosperity and happiness to the Italian people's lives.

With all my best wishes for Your Excellency's success, may God bless you and the great country of Italy.



With great honor, love and blessings,

Supreme Master Ching Hai

Supreme Master Ching Hai Congratulates Indonesia's New President

Supreme Master Ching Hai conveyed Her heartfelt support and respectful congratulations in a letter sent to His Excellency Joko Widodo, elected as President of Indonesia in July, Golden Year 11 (2014).

From a humble background, His Excellency, the 53-year-old former mayor of the city of Solo and governor of Jakarta, declared in his midnight victory speech "This presidential election has given rise to new optimism for us, for this nation ... It is time for us to move together." Indonesia is the world's largest Muslim-majority nation, tenth biggest economy, third largest democracy and a sprawling archipelago of 18,300 islands.

The newly elected president has stated his commitment to focus on developing Indonesia's eastern provinces, invest in large-scale infrastructure such as roads and ports, and enhance the country's education and training sectors to improve the lives of its citizens.

President-elect Widodo has also embraced new democratising technologies, having placed the names of prospective ministers of his new Cabinet up for online feedback, asking the public to guide his decision-making in an e-poll.

Supreme Master Ching Hai's letter to His Excellency:



Photo Credit: Øystein Solvang/NHD-Governør Joko Widodo og statsråd Trond Giske-25Nov2012-flickr-(edit)-CC BY 2.0
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July 22, 2014

His Excellency Joko Widodo
Governor of Jakarta
Gedung Balai Kota DKI Jakarta
Jl. Medan Merdeka Selatan No. 8-9
Jakarta Pusat 10110
Indonesia

Respected Governor Joko,

I wish to offer my heartfelt congratulations on Your Excellency's election as the next president of Indonesia.

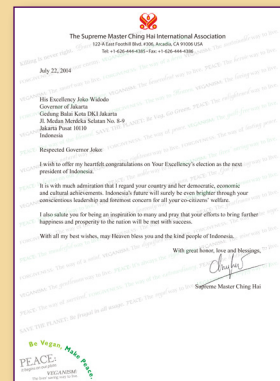
It is with much admiration that I regard your country and her democratic, economic and cultural achievements. Indonesia's future will surely be even brighter through your conscientious leadership and foremost concern for all your co-citizens' welfare.

I also salute you for being an inspiration to many and pray that your efforts to bring further happiness and prosperity to the nation will be met with success.

With all my best wishes, may Heaven bless you and the kind people of Indonesia.

With great honor, love and blessings,

Supreme Master Ching Hai



Supreme Master Ching Hai Congratulates Royal Couple on Their New Baby

By United Kingdom News Group (Originally in English)

At 4:24pm United Kingdom time on July 22, Golden Year 10 (2013), the eagerly awaited royal baby was welcomed as a new addition to the Royal Family. The birth was a joyous occasion for the first-time parents, Their Royal Highnesses The Duke and Duchess of Cambridge, who were reported as being delighted with their new son, His Royal Highness Prince George Alexander Louis of Cambridge. The arrival of Britain's new prince was widely celebrated, as messages of love and congratulations poured in from around the globe. Among the well-wishers was world-renowned spiritual leader, humanitarian and artist Supreme Master Ching Hai, Who conveyed Her heartfelt greetings and blessings to the royal couple. She also expressed Her wish that the Royal Family be filled with delight and blessings following the royal birth. Along with the congratulatory letter, the CD of beautiful, heartwarming original songs sung by Supreme Master Ching Hai entitled *Good Night Baby* was sent to the Royal Family.

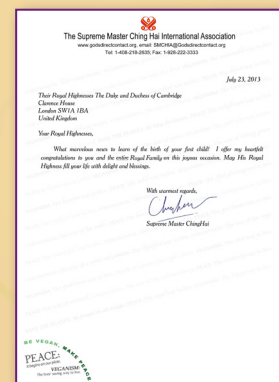


Photo Credit: Christopher Neve Royal Baby_031-flickr-(edit)-CC BY-SA 2.0
For more about photo credits, please visit online News Magazine at <http://news.Godsdirectcontact.net>

July 23, 2013

*Their Royal Highnesses The Duke and Duchess of Cambridge
Clarence House
London SW1A 1BA
United Kingdom*

*Your Royal Highnesses,
What marvelous news to learn of the birth of your first child! I offer my heartfelt congratulations to you and the entire Royal Family on this joyous occasion. May His Royal Highness fill your life with delight and blessings.*



With warmest regards,

Supreme Master Ching Hai

Remembering the Internationally Loved and Respected Father of South Africa, His Excellency Nelson Mandela

“I have cherished the ideal of a democratic and free society in which all persons live together in harmony and with equal opportunities.”

“If there are dreams about a beautiful South Africa, there are also roads that lead to their goal. Two of these roads could be named Goodness and Forgiveness.”

~ His Excellency Nelson Mandela

On December 5, 2013, the world mourned the passing of the much revered former President of South Africa, His Excellency Nelson Mandela. Affectionately known as “Madiba” (his clan name), or “Tata” (Father) in Xhosa tribal language, Mr. Mandela was internationally loved and respected for his integrity, courage, and total dedication to his people.

Mr. Mandela was born on July 18, 1918 in the village of Mvezo, Transkei. His great-grandfather was the king of the Thembu people and his father was the chief of Mvezo and councilor to the royal family. While in his twenties, Mr. Mandela joined the African National Congress (ANC), helping to form the ANC Youth League.

In 1993, jointly with the seventh President Frederik Willem de Klerk, Mr. Mandela received the Nobel Peace Prize for their unceasing efforts for the equality of all citizens, and in establishing the foundation for a new democratic South Africa. Mr. Mandela won the country’s first multiracial elections, serving as president from 1994 to 1999. He worked tirelessly for peace in his nation, as well as for abundance and health for all his co-citizens.

With thousands of admirers gathered to honor and celebrate his life, His Excellency Nelson Mandela was laid to rest on December 15, 2013 in his childhood town of Qunu. Many world leaders expressed heartfelt tributes to the hero. United States President Barack Obama said, “It took a man like Madiba to free not just the prisoner, but the



Photo Credit: Nelson Mandela-2008-

South Africa The Good News/
www.sagoodnews.co.za-Wikimedia
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jailer as well, to show that you must trust others so that they may trust you; to teach that reconciliation is not a matter of ignoring a cruel past, but a means of confronting it with inclusion and generosity and truth.” United Nations Secretary-General Ban Ki-moon stated, “South Africa has lost a hero, we have lost a father, the world has lost a beloved friend and mentor.”

With sincere love and sympathy, Supreme Master Ching Hai sent the following letter of condolence to the family of His Excellency Nelson Mandela. Also, at the request of Supreme Master Ching Hai, our Association members from South Africa delivered flowers to His Excellency’s family at their home.

December 9, 2013

*The Family of His Excellency Nelson Mandela
9 12th Avenue
Houghton Estate
Johannesburg
2198
South Africa*

To the loved ones of His Excellency Nelson Mandela:

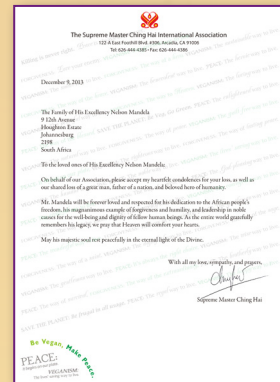
On behalf of our Association, please accept my heartfelt condolences for your loss, as well as our shared loss of a great man, father of a nation, and beloved hero of humanity.

Mr. Mandela will be forever loved and respected for his dedication to the African people’s freedom, his magnanimous example of forgiveness and humility, and leadership in noble causes for the well-being and dignity of fellow human beings. As the entire world gratefully remembers his legacy, we pray that Heaven will comfort your hearts.

May his majestic soul rest peacefully in the eternal light of the Divine.

With all my love, sympathy, and prayers,

Supreme Master Ching Hai



Be a Farmer and Feel Happy

Spoken by Supreme Master Ching Hai,
International Gathering in Europe, June 30,
Golden Year 10 (2013) (Originally in English)

DVD#1014

Please, remember. Be a farmer. Farmer, farmer, farmers. Have fun, okay? Instead of spending your time thinking nonsense sometimes, or feeling sad about something, just go and plant a pot of flowers, fruits, vegetables. Spend your energy on something conducive, and then you'll feel happy. We are made from earth and water anyway. So if you are in contact with earth and water, that also makes you feel like you are in your element. You naturally feel happy. That's why the research, I

told you already, the research has found out that the most happily married couples are the farmers. Number one. And number two, I think, (Audience: Teachers.) Ah, teachers, and then doctors. These are the ones that help yourself and help people as well, you see? 🌸

Rely on the Sound

Spoken by Supreme Master Ching Hai, International Gathering in Europe,
June 30, Golden Year 10 (2013) (Originally in English) DVD#1014

Because the Sound, the mind can hear from afar. The Light is flickering, you see? It cannot be brought into this world. But the Sound can. You see, that's why even if you're on Fifth Level, you listen to the Fifth Level Sound, but you are still here, very consciously alive. That's why we rely on the Sound. That's why in the Buddhist sutra, the Buddha even said that all the saints, the Bodhisattvas (spiritual practitioners), the Buddhas rely on the Sound to come here to help the world, and rely on that Sound to go back to where they belong. The Buddha's land. Heaven. Okay? Even Buddha has to rely on the Sound. 🌸

Small House Happiness

Spoken by Supreme Master Ching Hai,
International Gathering in Europe, July 2,
Golden Year 10 (2013) (Originally in English) DVD#1015

Big houses never make people happy. Maybe that's why a lot of people are not happy. Because so many things, you feel oppressive. Because big house, you collect things. Small house, you think twice before you want to collect something. And you need just a small car, if you are alone or two people. You don't need a big car. I need a big car because I have still dogs. Before that, a smaller car is better, yes? And the smaller the house, the happier you will be. Because whatever you need is there! 🌸



Glad to Talk Again

Spoken by Supreme Master Ching Hai,
Teleconference with Supreme Master Television staff
Los Angeles, California, USA
April 14, Golden Year 10 (2013)
(Originally in English) DVD #1012



There's a person who came back, telling his roommate, "Oh, man, I am so glad to be able to talk to you."

And the roommate said, "But what's new? We live here together."

"No," he said. "No, but all day today I've been opening my mouth, and open and close, open and close my mouth, but I couldn't say a word."

So the roommate was very alarmed and said, "Why? Oh, what happened to you?"

He said, "I've been to the dentist." 🌸

Please visit the following website to enjoy the original soundtrack of this joke, and also to share the joy of Master's humor with those around you:

<http://video.Godsdirectcontact.net/magazine/jk212-1.php>



Spoken by Supreme Master Ching Hai,
Videoconference with Supreme Master Ching Hai
and Supreme Master Television staff, Los Angeles, California, USA,
January 26, Golden Year 11 (2014) (Originally in English)
(The Joy of Homecoming: Master's Rediscovery of the Original Universe)

Meditate and Pray

Q: Do we need to be at a high spiritual level to pray for someone else to benefit from the powers?

SM: Just meditate and pray. Then you know if you are on a high power or not, (**Q: I see.**) if you are on a high level or not. Praying as a means of love is always good, anyway, for you at least, okay? And if it happens, then you know it works.

Spiritual Negotiation

Q: When Master uses the Karmic Annulment power, how is the bad karma (retribution) gotten rid of? Doesn't the Lord of Karma strictly demand a price to be paid?

SM: Wow, you notice things. You split hairs. (Master and audience laughs.) Okay, how?

Q: Yes, Master.

SM: How does the Master do it? There are various ways to do away with karma. By the initiation, getting rid of some. By physically taking it in for the initiates or the person in concern. By spiritual merit donation or by karmic sacrifice, etc. Of course, you know it. The Lord of Karma is a very, very exacting being.

Q: Yes, Master. Master, what is the difference between Karmic Annulment and Karmic Manipulation?

SM: The difference between them is like, Annulment is to destroy it completely by exchange, all of the karma (retribution) or some certain karma. Whereas, Karmic Manipulation is to lessen it or to stretch it to bearable intensity over time, so that the person concerned can still be alive and bear it until he reaches a certain spiritual level. So it's good for him. You see? (**Q: I see.**) Or to be taken away, by physical suffering by the Master. It depends on cases and negotiation. Spiritual negotiation.



Heaven is Watching and Helping

Q: Master, when we pray to give thanks to the gods, goddesses, angels, deities, or God Almighty, how does it work spiritually? Is there a spiritual mailbox where our prayers are listened to by heavenly beings?

SM: You mean Internet, email? (Master and audience laugh.)

Q: Yes, maybe something similar.

SM: They have better than that! Okay. Listen, it depends on your spiritual level and karma, then your prayer will go to which level of consciousness. It's different between individuals, yes? (**Q: Oh, I see, Master.**) And whether those beings there are able to help you in this particular case. According to your merit, your sincerity, and the interference of someone else, maybe, higher than you. Or some other people's prayers. But there are mailboxes everywhere, and they have better things than internet. (**Q: That's cool.**) Don't worry, heavens are watching. Even hell also is watching. Heavens and hell are watching and listening and helping or harming. Depends. Wherever possible.

Different Bodies for Different Levels

Q: Master, we know that our physical body houses many spiritual bodies. For example, the astral body can be used in the Astral world. But what are the purposes of those other spiritual bodies?

SM: It's to use when you go to higher planes of consciousness.

Q: Understood.

SM: You have to go there someday. You will, you want to. Then you use that body instead. Because if you use your physical body, you can't access there. And if you use your astral body, you will be burned. Because it's the different frequency, different energy level. It's too powerful for the astral body if you go to the Causal region, for example. Or if you use the Causal, the Second Level body, if you want to go to the Third Level, it's not possible. You go there, you wear different clothes. Just like you go to see the king and the queen, you wear nicer clothes. Going to the palace, going to the party, you wear different clothes. Like today, New Year, you want to see me, you want to look handsome, you wear your beautiful clothes. (**Q: Yes, Master.**) If you ascend to these higher planes, it helps you with more positive power to deal with this world while you are alive, and it blesses also. Because each body has different energy, wisdom, and function. The higher you go, the stronger energy, the more wisdom, and the better... many multi-purpose functions for you. The higher you go, the more you acquire energy and power, wisdom, and the better for you and the world you live in. 🌸

Good News FOR THE ENVIRONMENT

Tree-free is the future of tissue paper!

More and more companies are offering tree-free, eco-friendly alternatives to regular toilet paper as well as napkins, paper towels, and other tissue paper products. Many of these eco-conscious companies also choose not to use chlorine, a toxic chemical used to bleach paper that pollutes the environment and can cause cancer.

If we all switched to using tree-free toilet paper and other tissue products, we could:

- **Stop the deforestation** of an estimated 99 million trees annually
- **Reduce global warming**
- **Save tons of water** used for manufacturing
- **Save energy** used for manufacturing
- **Reduce the pollution** of our air and waterways (rivers, lakes, oceans, etc.)
- **Preserve the habitats** of countless plant and animal species, not to mention our own!

Did you know?

Toilet paper alone destroys 27,000 trees per day globally!

Ordinary toilet paper contains mercury, dioxin, BPA, and BPS, which are chemicals associated with environmental pollution and health problems such as cancer.

Tree-free toilet paper can be made with different materials. Often, it's a combination of **sugarcane bagasse** (the fibrous byproduct left after extracting the sugar) and **bamboo**, which happens to create some of the best paper on the market because it's:

- **SOFT** - softer than most recycled paper products
- **STRONG** - bamboo and sugarcane fibers are both very strong
- **BIODEGRADABLE** - bamboo and sugarcane fibers quickly decompose back into the earth
- **SUSTAINABLE & RAPIDLY GROWABLE** - both bamboo and sugarcane are grasses and grow fast: bamboo can grow 100 inches per month, sugarcane grows 12 inches per month, whereas timber grows only 2 inches per month; bamboo doesn't need to be replanted as the cut stem grows back in a few months
- **VIRGIN FIBERS** - bamboo and sugarcane products don't require heavy bleaching of inks and dyes as recycled paper products do
- **ECO** - sugarcane bagasse is widely available but in many cases discarded and burned, releasing pollutants into the air. So using sugarcane bagasse for paper prevents wasting and burning.



Bamboo (above) and sugarcane stalks

Some companies, such as Nimbus Eco, state that they grow the bamboo and sugarcane on farms and harvest by hand, thus reducing waste and carbon emissions. One award-winning manufacturer in China, Tralin, uses straw from harvested grain crops, which would otherwise be discarded.

Supreme Master Ching Hai said that in the future, we can certainly make use of gardening and pruning leftovers or cut grass or wheat, etc., instead of burning them.

Going tree-free is surely better for the environment (and our health, too)!

Here are some of the companies we know that offer treeless paper products.

Feel free to look for more in your local area.

Shandong Tralin Group (China)

<http://en.tralin.com>
Made with: straw pulp
Unbleached

Caboo (Canada and USA)

www.caboopaper.com
Made with: sugarcane bagasse and bamboo
Use hydrogen peroxide, a non-chlorine bleach

Kcrown Green Choice (Australia)

www.kcrown.com.au/greenchoice/index.html
Made with: sugarcane bagasse and bamboo
Use of chlorine is unknown

Nimbus Eco (available on Amazon.com)

www.nimbuseco.com
Made with: sugarcane bagasse and bamboo
Chlorine-free bleaching

Ology (USA; sold only at Walgreens stores)

www.walgreens.com/q/ology
Made with: sugarcane bagasse and bamboo
Use hydrogen peroxide, a non-chlorine bleach

Green2 (USA and Canada)

www.truegreen2.com
Made with: sugarcane bagasse and bamboo
Use hydrogen peroxide, a non-chlorine bleach

Kora (available on Amazon.com)

<http://korabrand.com>
Made with: bamboo
Chlorine-free bleaching

Green Soft - Saved a Tree (Australia)

www.savedatree.com.au
Made with: bamboo, straw, reed, cotton
Use of chlorine is unknown

.... Plus more!

Bleaching Terms to Know

TCF (Total Chlorine Free)

No chlorine or related compounds were used. Common TCF bleach: hydrogen peroxide.

PCF (Process Chlorine Free)

Recycled paper that was rebleached without any chlorine; however, the original paper may have been bleached with chlorine.

ECF (Elemental Chlorine Free)

Although no chlorine gas was used, chlorine-related compounds were used, reducing but not fully eliminating toxins like dioxin.

We thank Supreme Master Ching Hai for advising us to share this information and for encouraging us through her ***Message on Eco-Alternatives to Using Paper***.

May we all do our part to protect the precious planet and make it a more livable, beautiful home for future generations!

Please repost this to further share the message.

www.SupremeMasterTV.com

The Supreme Master Ching Hai News No. 212 15

Supreme Master Ching Hai's Message on Eco Alternatives to Using Paper

We chop down 99 million trees and flush 80 billion US dollars down the toilet every year.* It harms the environment and our finance. Here are some alternatives:

- When using the toilet, you can wear reusable gloves and use water and soap to wash your private parts instead of toilet paper. It's cleaner, fresher, and smells nicer.
- Kitchen paper can be replaced with kitchen cloth towel.
- Instead of paper napkin, you can use cloth napkin.
- Instead of using tissue, you can use handkerchief. Have a ready handkerchief in your pocket to wipe your hands, etc.

The less we abuse the planet, the better for us. Whatever is better for the environment is better for our health and brings good luck.

In the process of making paper, there are still residues of chemical in the paper. The kitchen and toilet paper are not as "clean" as we think.

Invest, ask the one who knows how to help you, in collecting rainwater to use because in the long run, it's environmentally and financially profitable since the rainwater is "perfect" and the tap water is usually laden with all kinds of chemicals. The less we use, the better for the environment and for us. Use a piece of cloth (or double it) to screen the rainwater, if necessary, and boil to drink. If you have a big swimming pool, you can collect rainwater there instead and connect it to your main water system to use it for everything. It would be good if poor people can get subsidies for collecting rainwater.

Blessed be anyone who takes care of this.

Be inventive in any eco-friendly way possible.

(Supreme Master Ching Hai does this herself everywhere she goes, everywhere she can.)

* For all tissue papers (toilet, facial, napkins, towels)

Please repost this to further share the message.

PUSU: Language of the First Original Universe

By News Team

Supreme Master Ching Hai graciously reveals the sacred language of the first Original Universe.

As humans, we often ponder the Divine origin of Creation. Now, through the grace of Heaven, Supreme Master Ching Hai has lovingly shared many wonders of the Original Universe, which She describes as “the very root source of all manifested creation.” Master revealed that the name of this Original Universe is Ihôs Ku. In the videoconferences “The Joy of Homecoming: Master’s Rediscovery of the Original Universe,” on January 26, and “From the Original Universe to Our World: True Love Never Changes” on May 29, Golden Year 11 (2014) in Los Angeles, California, USA, Master speaks with Supreme Master Television staff about many aspects of this ultimate Heaven and beyond.

Traveling to Qu, the first Original Universe in Ihôs Ku, and through hundreds of Qu’s Kory (Heavenly Regions), Master’s Supreme Soul experienced the glorious majesty of spiritual dimensions that the human mind can barely comprehend, and are for the most part simply beyond words. Still, Master graciously shared many of the insights She gained on Her journey, including the nature of Pusu, the blessed language of Qu:

“You know what I discovered in the Pusu language for whatever I can remember up to now when I was there? I mean, when the soul was there then. There is nothing, no negative words in their language.”

“Everything at all that you imagine about goodness, about nobility, about grace, blessing, love, mercy, is all written in there. Nothing bad at all. They don’t have anything unreal.”

“And I was very amazed, my mind was very amazed because the language is so simple and it’s written in many simple words! For example, most of the regions are written in maybe two, up to four letters only. And how can it never repeat?”

“All words are sparkling, sparkling, brilliant with multi-colors.”

The Pusu language has over 86 zillion vocabulary words. Moreover, the beings in the Original Universe speak telepathically in melodious, radiant, soothing sounds conveying messages incomparable to those of our worldly languages. Master confirmed that the vibrations of Pusu words have an uplifting effect on our world and universe.

Following are many words and phrases of this Heavenly language that Master benevolently reveals during both videoconferences, including a special Pusu dictionary:

“The Joy of Homecoming: Master’s Rediscovery of the Original Universe,”
 January 26, Golden Year 11 (2014) and “From the Original Universe to Our World:
 True Love Never Changes,” May 29, Golden Year 11 (2014):

Pusu Word/ Phrase	English Translation
Tim Qo Tu	Lord That All Worlds Love (Lord Who Loves All Worlds)
Tim	All worlds
Qo	Lord
Tu	Love
Py-O-Tu	I love you (You I love)
Py	You
O	I
Noi popy	You are beautiful (Beautiful you are)
Noi	Beautiful
Popy	You are
Ig popy	You are number one (Number one you are)
Cob not	Number one I am
Cob	One (Numerical number 1)
Not	I am
Yaykar Syr Cam	(Portal Gate of Original Universe)
Cam	Gate

Pusu Word for Attribute of the Kory:	English Translation		
Orwu	Bliss	Nuwy	Tolerance
Pyo	Love	Nypu	Truthfulness
Mori	Sharing	Kego	Insight
Luvi	Warmth	Ego	Eloquence
Ruly	Friendliness	Cigu	Poetic
Isom	Virtuous	Fygy	Telepathy
Puqy	Heroic	Huli	Successful
Sulu	Moral	Nuq	Safety
Moly	Honesty	Oro	Loveliness
Qonu	Leniency	Muo	Positive
		Kuru	Carefree
		Igy	Beauty

Konu	Well-wishing
Korys	Graceful
Okô	Effortless
Oter	Magnificent
Diso	Reflective
Ehr	Patient
Fôqi	Responsible
Ei	Distinguished
Dofa	Truthful
Sifa	Empowering
Mêto	Humbleness
Oqo	Sympathy
Neqo	Invigorating
Syfi (Kory 642)	Concentrated
Afav (Kory 644)	Idealistic

C	
Chief Lord of Kory	Asig Burf
Cow	Bo
To Create	Ar
Created	Bô
Created Universe (Shadow Universe)	Quê Bô
Creation	Fy
D	
Divinity	Ny
To Do	Qur
E	
Eternal	Foif
Eternity	Beb
F	
Far	Soo
Fast	Pon
Father	Qy
Fine	Qon
First Original Universe	Qu
Fish	Al
Flower	Ka
To Fly	Nê
Forever	Osiv
Forevermore	Af
Free	Po
Fruit	Mur
Fun	Per
G	
Gate	Cam
Subgate	Dofa Boji Fer
Gazillion	Tun
Glad	No
Godses of OU	Cá
Good	Fog
Grand	Sêd
Great	Nô

~Pusu Dictionary~	
English	PUSU
A	
Absolute	Ryx
All	Fon
All Lords of OU	Fon Faz
All the Councils of Ihôs Kur	Fon Crd
All Worlds	Tim
Almighty God	Pô
Am	Not
Angel	Ge
Aura	Pơ
B	
Beautiful	Nơi
Bee	Dô
Being	Vur
Billion	Vuz
Book	Hơ
Buffalo	Hê



~Pusu Dictionary~	
English	PUSU
Green	Ty
Greeting	Naz
H	
Halo	Tô
Happy	Vôpô
Harmony	Dâi
To Have	Ju
He	Nôi
Heaven	Kory
Horse	Da
Human	Igy
I	
I	O
I Love God	Pô-O-Tu
Intelligent	Hir
J	
Joy	Pư
K	
Kindness	Defi
King	Nu
L	
Light (Divine)	Ak
Lord	Qo
Lord Almighty	Pô
Lord That All Worlds Love (Lord Who Loves All Worlds)	Tim Qo Tu
Lord of Council	Faz Crd
Love	Tu
M	
Many	Nư
Might (Spiritual)	Pô
Million	Ax
Mother	Op
Mountain	Fog
Music	Dê

N	
Nature	Os
Nice	Tơ
No	Ru
Noble	Nô
Now	Oz
Number	Sôf
O	
Ocean	Cê
Of	Ix
Omni	Qo
Only	Pơ
Original	Kư
Original Universe (OU)	Ihôs Kư
Ox	Bê
P	
Peace	Fyf
Perfection	Qosy
Plant	Dag
Portal Gate of OU	Yaykar Syr Cam
Power (Spiritual)	Sê
Purifying Portal	Bôif
Purity	Qon
R	
River	Dăb
S	
To Share	Xory
She	Noi
Silence	Nơ
Soul	Un
Sound (Divine)	Gê
Spiritual	Figê
Supra Universe	Quơ
Supra Youthful Universe	Tư Quơ
T	
Thousand	Soy
Tree (big)	Kyg

~Pusu Dictionary~			
English	PUSU		
Tree (small, shrub)	Ro	3	U'po
Trillion	Izu	4	U'xo'
U		5	Zuv
United	Nun	10	Koyu'
Universe	Opô	11	Wozô'
V		12	Nup
Vortex	Begă Căf	20	Waz
W		21	Waz Cob
We	Gêp	22	Waz Eg
Wonderful	Fôku'	50	Ay
World	Conu	60	Ôz
To Write	Dow	70	Ôv
Y		80	Paz
You	Py	90	Hôv
You are	Popy	100	Iv
You Love God	Qo-Py-Tu	200	Eg Iv
Youth	Tu'	300	U'po Iv
Z		Number 0	Tor
Zero	Zui	Number 5	U'zuv
Zillion	U'z	Number 10	Vô
Many Zillions	U'z Ux	Thousand	Soy
Zillions of Zillions	U'z Ix U'z	1000	Cob Soy
NUMBERS		Million	Ax
1	Cob	1 Million	Cob Ax
2	Eg	Billion	Vuz
		Trillion	Izu
		Zillion	U'z
		Zillions of Zillions	U'z Ix U'z

To translate the Pusu alphabet into the closest sounds in English, Master uses the letters A through Z of the English alphabet and the Aulacese letters Ă, Â, Á, Ê, Ô, Ö and U'.

Our deep gratitude, Master, for sharing this amazing Heavenly language with the world. May our planet continue to grow in peace and love with Your infinite blessings.

To view more about these and other incredible revelations, and to view the full videoconferences, please visit: www.SupremeMasterTV.com

A downloadable sheet with the Pusu words and phrases is available online at The Supreme Master Ching Hai News Magazine website at <http://news.godsdirectcontact.net/special-news/pusu/>



Long for God

Spoken by Supreme Master Ching Hai, International Gathering in Europe,
July 5, Golden Year 10 (2013) (Originally in English) [DVD#1016](#)

The more you long for God, the less you want anything in this world, and the more you're happy.

Believe in God and Do Good

Spoken by Supreme Master Ching Hai, Videoconference with Supreme Master Ching Hai and Supreme Master Television staff,
Los Angeles, California, USA, January 26, Golden Year 11 (2014) (Originally in English)
(The Joy of Homecoming: Master's Rediscovery of the Original Universe)

Believe only in God and the positive power. Do only what's good. Avoid, above all, anything bad, any action that you know is bad. Keep the five precepts even in your thoughts, not just in your actions. Meditate well. Be vegan, make peace. Then, all will be good. Then, even if maya is next to you, he can't do much. He can only drool.

Simple, Healthy and Gentle

Spoken by Supreme Master Ching Hai, Videoconference with Supreme Master Ching Hai and Supreme Master Television staff,
Los Angeles, California, USA, January 26, Golden Year 11 (2014) (Originally in English)
(The Joy of Homecoming: Master's Rediscovery of the Original Universe)

Think and be inventive in your daily activities, use, and try to minimize, or replace, or cut out completely what we can to have a more simple, healthy, and gentle way of living for yourself as well as for the world. 🌸


Master is always deeply concerned when disasters occur in any part of the world. Upon hearing news of such events, She immediately provides financial assistance and sends relief teams. Through such efforts, Her unconditional love and support are conveyed to those affected, thus reducing their suffering while helping them to rebuild their lives.

In recognition of the selfless actions of governments, organizations and relief workers around the globe, Master expresses Her gratitude as follows: “Thank you, all the international help that brings care and necessities to afflicted victims. Thank you all the relief workers for taking time and forsaking your own comfort, even traveling great distance on unfavorable roads and conditions to bring love and assistance to people in a time of need. May Heaven bless you abundantly for your generosity and noble sacrifice.”

AFRICA

Sharing Christmas Joy in the Democratic Republic of the Congo

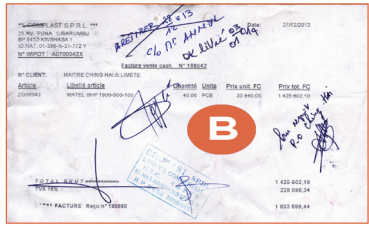
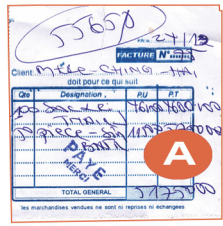
By Democratic Republic of the Congo News Team (Originally in English)

Moved by the sincere request from Supreme Master Ching Hai to share Her love during the Christmas season, in December 2013 our Association members from the Democratic Republic of the Congo together contributed US\$7,345 to purchase and deliver 100 bags of rice and 250 liters of vegetable cooking oil to a local orphanage. Furthermore, upon learning of the need for mattresses, 40 were bought for the children. The officials in charge told us the materials came just in time. We are very grateful to Master to have had the opportunity to serve these precious children and see their happy smiles. 



Expenditures by The Supreme Master Ching Hai International Association for Christmas Cheer in the Democratic Republic of the Congo

Description	Amount (CDF)	Receipt
Rice	4,600,000	A
Vegetable oil	575,000	A
Mattresses	1,653,698	B
Total	CDF 6,828,698 (US\$7,345)	



Bringing Comfort in Niamey, Niger

By Benin News Team (Originally in English)

During August 2013, heavy rains in the city of Niamey, Niger, West Africa caused widespread damage affecting over 8,300 people in the city, destroying more than 1,700 homes, and claiming three lives. Deeply concerned by the devastation, Supreme Master Ching Hai compassionately instructed our neighboring Centers to help. A team of our Association members from Benin departed on September 13, 2013 to convey Master's love, prayers and condolences, and to supply aid made possible by Her caring contribution of US\$10,000.

With the help of local officials and the Red Cross of Niger, our team purchased essential materials such as rice, cooking oil, bedding and soap, and

then made and distributed care packages to those in need. All the recipients and the Red Cross workers expressed their appreciation for Master's loving concern. Also wishing to convey his gratitude, Governor of Niamey, His Excellency Hamidou Garba Mamadou sent a letter of thanks to Supreme Master Ching Hai.



Letter of Appreciation to Master from Governor of Niamey, His Excellency Hamidou Garba Mamadou



Expenditures by Supreme Master Ching Hai for Flood Relief Work in Niamey, Niger

Description	Amount (XOF)	Receipt
Food (rice and vegetable oil) and supplies (mattresses and soap)	4,422,000	A
Total	XOF 4,422,000 (US \$10,027.21)	

Throughout the relief operation, the team members paid for their own transportation, food and accommodations. The amount spent was approximately US\$1,000.





Sharing Divine Love in Togo to Herald the New Year

By Togo News Group (Originally in French)

In December 2013, following Supreme Master Ching Hai's compassionate instruction to help those less fortunate, our Association members from the West African nation of Togo shared the festive New Year spirit by distributing vegan food to disadvantaged individuals.

On December 29, a team from the Lome Center held a food-sharing activity with our homeless friends and others in need around the city and port of Lome. Then on New Year's Eve, our Association members of the

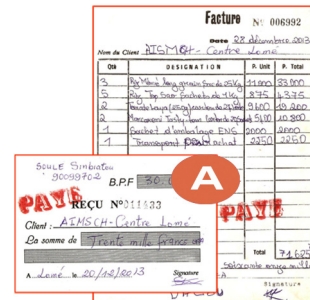
Kpalimé Center distributed packages of rice, vegetable oil, spaghetti, tomato paste and soy-based nuggets to disadvantaged people in the city of Kpalimé and the area of Agou.

Touched by Supreme Master Ching Hai's love and care, the recipients joyfully expressed their appreciation.



Expenditures by The Supreme Master Ching Hai International Association for New Year's Gift-Sharing Activities in Togo

Description	Amount (XOF)	Receipt
25-kilogram bags of rice	33,000	A
1-kilogram bags of rice	4,375	
Packages of tomato paste	19,200	
Packages of spaghetti	10,800	
Bags of soy nuggets	30,000	
Gift bags	2,000	
Food-transportation expenses	2,250	
Total	XOF 101,625 (US\$225)	



God's Direct Contact

The Supreme Master Ching Hai International Association's global Internet site:
<http://www.Godsdirectcontact.org.tw/eng/links/links.htm>

This portal provides a directory of links to Quan Yin Websites in a variety of languages, as well as 24-hour access to Supreme Master Television. You may also download multilingual editions of *The Key of Immediate Enlightenment Sample Booklet*, download or subscribe to *The Supreme Master Ching Hai News Magazine* available in eBook or printable format, or browse the site's contents online.

Shining Love on Mali

By Mali Relief Team (Originally in French)

Bamako is a city of around 2 million people situated on the Niger River in West Africa. On August 28, 2013, during the nation's rainy season, downpours caused flash floods as the river burst its banks. Twenty-four people perished, and approximately 100 houses were washed away. Thousands of residents became homeless.

Concerned for those affected by the floods, Supreme Master Ching Hai benevolently contributed US\$10,000 and asked that our Association members help those most in need. Our Association members from Burkina Faso and Togo joined our relief team in Mali, where we met with local officials, rented a vehicle and began distributing vegan food to five schools that were serving as temporary shelters.

The recipients as well as the local officials expressed their appreciation for Supreme Master Ching Hai's care and generosity. At one site, after seeing Master's picture, a 60-year-old man affectionately held it as he conveyed his love and gratitude to Master.

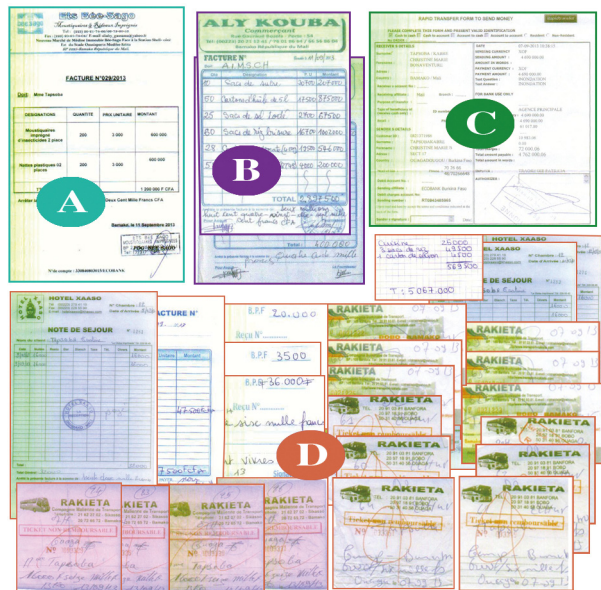
Our relief team is ever thankful to Master for bringing care and comfort to the people of Mali. 🌸



Expenditures by Supreme Master Ching Hai and Her International Association for Flood Relief Work in Mali

Description	Amount (USD)	Receipt
Supplies (plastic mats, mosquito nets, bedding items and soap) and food (rice, vegetable oil, salt, sugar and tomato sauce)	8,996	A, B
Travel expenses for the relief team and bank fee	1,276	C, D
Total	US\$10,272	

Our Association members contributed US\$495 to help cover their costs for food, transportation and accommodations during the relief work.





God Brings Comfort to Mozambique After Flooding

By France News Group (Originally in French)

In January 2013, heavy rains swept Mozambique, displacing hundreds of thousands of people. Floods washed through the country's north where the Zambezi River overflowed, and the south, where the Limpopo River basin flooded. According to government reports, the disaster affected 420,000 people, causing 119 fatalities; furthermore, a cholera outbreak in northern provinces claimed another 17 lives. Roads, dikes, irrigation systems, schools, health centers and other basic social infrastructure were destroyed, forcing people to drink polluted water and eat food that was no longer safely edible. In the worst hit province of Gaza, over 140,500 people had to relocate, many to large makeshift camps located on higher grounds.

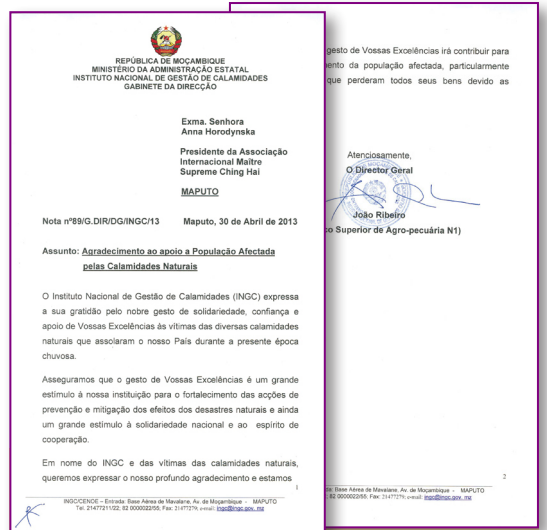
Following the Government of Mozambique's declaration during the latter part of January that the disaster emergency was upgraded to a Red Alert, Supreme Master Ching Hai gave a contribution of EUR 10,000 toward relief efforts. Expressing Her deep concern for the suffering of the flood victims, She requested that our Association members in France please send the donation via the Embassy of Mozambique in Paris if possible. Touched by Master's concern and love, His Excellency Alexandre da Conceição Zandamela, the Mozambican Ambassador to France, received representatives of our Association and explained the gravity of the situation in his country. He was very thankful for Master's generous contribution, which came at a time of urgent need, and transmitted the check with Master's donation directly to Mozambique's National Disasters Management Institute (INGC).

Upon receiving the funds, the INGC sent a letter of appreciation to Master.

Our sincere thankfulness, Your Excellency Alexandre da Conceição Zandamela, INGC, and all personnel for your dedicated efforts to bring aid to those in dire need. Our deep gratitude, our beloved Master, for Your compassion and support to our brethren in such trying times. May the people of Mozambique have a swift recovery to stable day-to-day lives as God's omnipresent love extends to every individual through such caring actions. 🌸



His Excellency Alexandre da Conceição Zandamela (center), the Mozambican Ambassador to France



Letter of Appreciation to Master from Mozambique's National Disasters Management Institute



Relief for Storm-Affected Families in Cuba

By Cuba Relief Team (Originally in English)

In July 2013, after Supreme Master Ching Hai sent a loving contribution of US\$15,000 and instructions for our nearby Association members to help Cuban families affected by Tropical Storm Andrea, a relief team of our Association members traveled to Cuba's capital, Havana. Our team then met with local officials to determine which communities were in greatest need and how to arrange delivery of relief supplies to the residents.



Many of those affected were living far from the affected province's principal city, so the team had to make a long journey on rough roads each day to distribute the relief items, which included rice, oil and spaghetti. Thankfully, however, we were able to reach many of the affected families, who still had problems obtaining electricity, and had also lost crops, which provided their food source and livelihood.

Thus the recipients were delighted, and grateful to Supreme Master Ching Hai for the love and comfort She had provided. The people were radiant with joy, as the relief supplies also gave them the assurance that God truly cared about them.

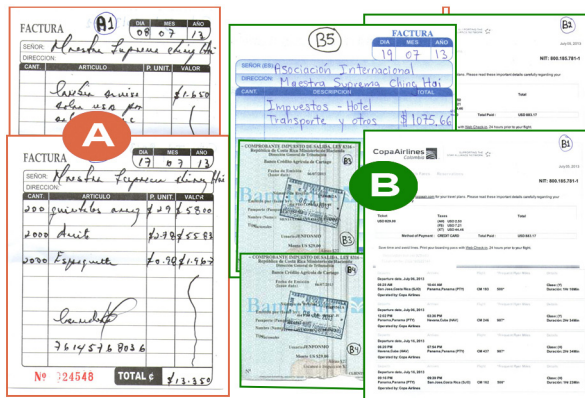
When we visited the affected families, we realized that God always takes care of the details, everywhere and in every instance.

Thank you, beloved Supreme Master Ching Hai, for giving us the opportunity to help others. Thanks to Your teachings and pure, unconditional, loving example and inspiration, we know that when we help our fellow beings we also move closer to our true nature of selflessness and boundless love. Your care and guidance always let us see the world in ways that help us make the best decisions. 🌸

Expenditures by Supreme Master Ching Hai and Her International Association for Tropical Storm Andrea Relief Work in Cuba

Description	Amount (USD)	Receipt
Food (rice, oil and spaghetti)	15,000	A
Hotel, transportation and taxes	2,900	B
Total	US\$17,900	

All of the travel funds (\$2,900) for the relief work were provided by our Association members in the USA.



Comforting the Hearts of Flood-Affected People in Argentina

By Buenos Aires Relief Team (Originally in Spanish)

Following days of torrential rain beginning the evening of April 3, 2013, northeastern regions of Buenos Aires Province, Argentina, experienced record flash flooding, with the provincial capital, La Plata, being the most severely hit. The floods claimed dozens of lives with thousands evacuated.

Upon hearing this sad news, Supreme Master Ching Hai immediately asked our Buenos Aires Association members to help those most affected and as always offered reimbursement for relief funds. Our Buenos Aires Center contributed ARS 29,621 (US\$3,413), formed a team and purchased the most needed food items for 500 families including noodles, rice, yerba, tea and crackers. After arriving in La Plata on April 6, we learned from the Social Assistance Center that some elderly people and several disadvantaged and remote neighborhoods were in need of additional help. Our relief team then divided into two groups to deliver the supplies accordingly in two days. We were fortunate to come across Brother Pablo from the Evangelical Congregation Church who graciously offered to guide and accompany

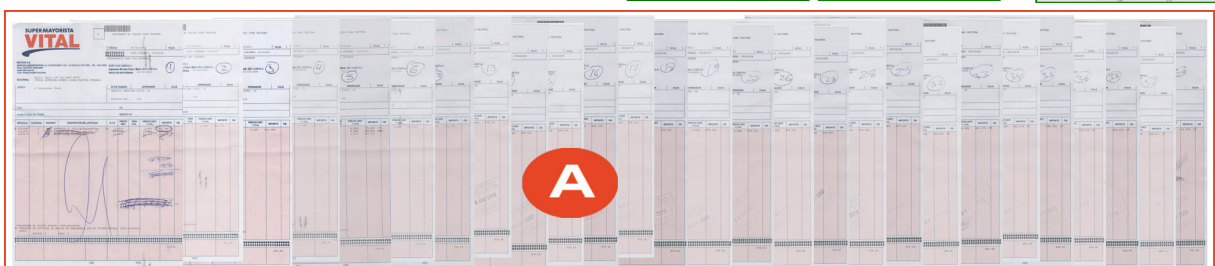


us to some areas difficult to access. Thanks to Master's blessings, many families received the supplies smoothly. They were moved by Master's love and care and said "God bless you" to the team members.

Our relief team returned to Buenos Aires with a deep feeling of gratitude to Master, Who extended love, comfort and blessings to our brethren in their time of need. 🌸

Expenditures by The Supreme Master Ching Hai International Association for Flood Relief Work in La Plata, Argentina

Description	Amount (ARS)	Receipt
Noodles and rice	20,169.24	A
Tomato puree, crackers, tea, yerba and bags	9,451.62	B
Total	ARS 29,620.86 (US\$3,413)	





Loving Aid for Those Less Fortunate in Haiti

By Costa Rica Relief Team (Originally in Spanish), August 2013

In the wake of Tropical Storm Chantal, Haiti was inundated with heavy rains in July 2013. Upon hearing of this, our beloved Supreme Master Ching Hai sent US\$8,000 in relief funds with caring instructions to our local Association members to provide aid to those affected. Soon a team from our Association's Costa Rica Center traveled to Port-au-Prince, Haiti's capital. With the help of local minister Pastor Ezequiel, the team quickly began to assist those in urgent need of food.

The team delivered rice, beans, sugar, cooking oil, corn flour and spaghetti to 200 families and seven orphanages in the towns of Cité Soleil, Delmas, Pétion-Ville, Rue de Freres, Sad, La Ville, Croix-des-Bouquets, and Fond Baptiste.

The director of one orphanage had been ill for some time and was thinking of closing the facility because he was unable to work. In addition, the children had gone many days without food, so when we arrived they began singing joyfully that they would have dinner that night.

Meanwhile, the 27 orphans residing at another facility had lost everything in the floods and were staying temporarily at another place. These youngsters had also been without food for some time before we arrived with Master's loving supplies.

At another orphanage high in the mountains, almost all the resident children had different kinds of infections. Furthermore, insufficient food supplies had made them extremely weak. But through Heaven's blessing, they were visited by a doctor who administered medication right before our team arrived with food.

At the Orphanage Bon Samaritain, home to 115 orphans, the director had recently passed away. Therefore, the facility faced a challenging situation in trying to provide for the children. However, thanks to Master's generous help, the children had plenty to eat while the staff sought funding for the orphanage.

In addition, the 200 flood-affected families helped by our team were delighted to receive their supplies and expressed deep gratitude to Master, because food was like a treasure to them during that difficult time, when thousands of families and hundreds of orphanages were in need of food. Before they had easy access to rice and beans, but in the aftermath of Tropical Storm Chantal, these commodities became expensive, and sometimes people could only buy bread. The same went for the orphanages, where sometimes the children had only bread and sweetened water throughout the day.

The families and children in the orphanages were delighted and deeply grateful to receive Master's help and kindness, saying that they could feel God's love and concern for them, and they felt as if the supplies were coming directly from Heaven. As the people said, only God could know how much they needed the food. They had been praying and praying. It was especially urgent for the orphans who





did not want the orphanages to close. These children had already lost their birth families, and to lose their new families would be doubly painful. The orphanages had been started by pastors and their wives who already had their own children, but felt the call of God to open their homes and bring the orphans in. Now these large, loving

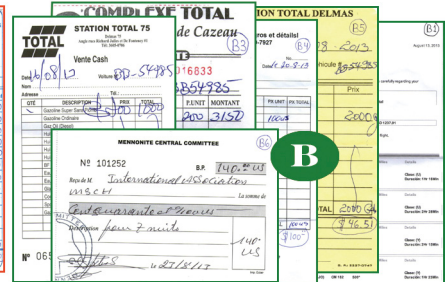
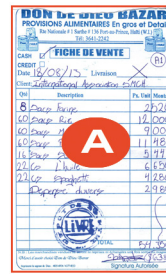


families expressed their sincere appreciation for Master's compassionate aid, which would help them overcome their ordeals and continue to live together.

We thank Master for listening to the prayers of the people of Haiti, especially the children living in orphanages who wished to stay with their new families. We also thank Master for the food provided to those affected by Tropical Storm Chantal, and for the opportunity to deliver help to those less fortunate in their time of need. Seeing the people's faces filled with joy was deeply rewarding and uplifting for us.

Expenditures by Supreme Master Ching Hai for Tropical Storm Chantal Relief Work in Haiti

Description	Amount (USD)	Receipt
Food: (rice, beans, sugar, cooking oil, spaghetti and corn flour)	6,380.00	A
Transportation (airline tickets, food-transport fees, gasoline and hotel fees)	1,620.42	B
Total	US\$8,000.42	



Sharing Master's Love with Quake-Affected Individuals in Chile

By Chile Relief Team (Originally in Spanish)

On April 1, 2014 an 8.2 magnitude earthquake struck off the coast of Chile, affecting the port city of Iquique and surrounding areas. The tremor caused six lives to be lost and approximately 900,000 people to be evacuated. In some areas electricity and water services were interrupted and roads were damaged by landslides.

Deeply concerned for those affected, Supreme Master Ching Hai immediately asked our local Association members to render aid, reimbursing us for the US\$5,111 in funds used by our relief team, who worked with veterinarian Dr. Luis Seguel and the non-profit group, Organization Rescue and Environmental Conservation (ORCA).

Our team arrived at the earthquake zone on April 11, and with vehicles arranged by the ORCA staff, visited the communities of Pozo Almonte, La Tirana, La Huayca, Huara, Lonzana and Pachica, delivering food, daily necessities, and flyers on global warming to approximately 200 families,





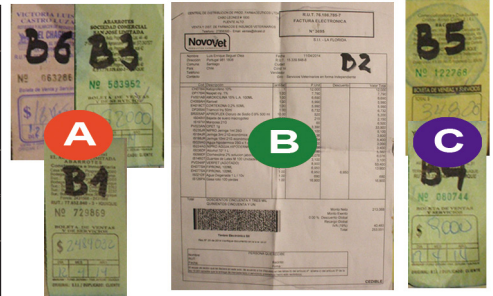
including members of the Mapuche and Aymara indigenous groups. During the relief effort, Dr. Seguel treated more than 120 animals, such as dogs, cats, a canary, a rabbit and even a turtle.

Our team felt deeply grateful to be Master’s instruments of love to help those in need. 🌸



Expenditures by Supreme Master Ching Hai for Earthquake Relief Work in Chile

Description	Amount (USD)	Receipt
Food (rice, noodles, lentils, beans, salt, sugar, oil and tomato sauce), emergency supplies (candles, matches and toilet paper)	4,577.34	A
Medicine for animals	455.20	B
Other expenses (gasoline and bags)	78.62	C
Total	US\$5,111.16	



Throughout the relief operation, the team members paid for their own transportation, food and accommodations.

Saving Animal Companions After Catastrophic Fire in Chile

By Chile Relief Team (Originally in Spanish)

On April 12, 2014, a devastating fire broke out in the beautiful hilly city of Valparaíso in Chile. The fire, which lasted for two days, is considered the most catastrophic in the city’s history. At least 2,500 homes were destroyed, over 11,000 people were displaced, and 15 lost their lives. Many animals were also left homeless. Injured and suffering from smoke inhalation and burns, they were in urgent need veterinary care.

Deeply concerned about these vulnerable beings, Supreme Master Ching Hai requested our nearby Association members to assist as needed. Our Association members from Santiago and Rancagua purchased medicines and vegan food for the animals which was reimbursed by Master’s contribution of CLP 200,000 (US\$360) and CLP 314,786 (US\$565) from our Association members. Our relief team delivered the needed supplies to Santiago Girls Lyceum No. 1 of Valparaíso, which was turned into a Field Veterinary Hospital, Trafón Cultural Center in Cerro Monjas, which served as a shelter for humans and animal companions, and Veterinary Hospital of the University of Santo Tomas in



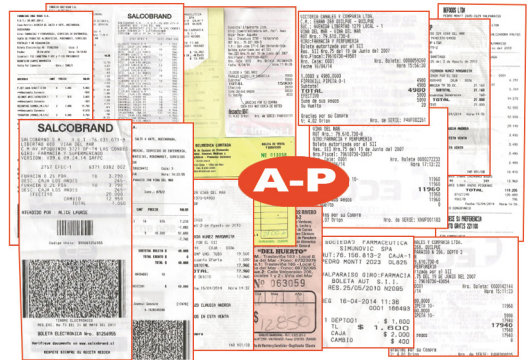
Viña del Mar, which housed more than 30 injured animals.

From the Veterinary Hospital, we took home Mikaela, a dog found under debris. Her legs were treated for burns and she needed a temporary home to stay. She became the guest of one our Association members, who also has six other rescue dogs. After two days she was happily reunited with her human caregiver. We wish that all the suffering beings from the fire will recover quickly and enjoy a peaceful and happy life again. 🌸



Expenditures by Supreme Master Ching Hai and Her International Association for Fire Relief Work in Valparaíso, Chile

Description	Amount (CLP)	Receipt
Medicine and medical supplies (antibiotics, patches for burns, eye drops, scar creams, serum arnica drops, anti-inflammatory drugs, syringes, injectable ampoules of morphine derivatives analgesics to treat the pain of the animals, adhesive tapes, gauze and bandages) and vegan food for dogs and cats	514,785.66	A-P
Total	CLP 514,785.66 (US\$926.14)	



Throughout the relief operation, the team members paid for their own transportation and food.

Providing Love and Assistance During Flooding in Paraguay

By Paraguay Relief Team (Originally in Spanish)

Heavy rains starting in May 2014 in Paraguay caused severe flooding affecting tens of thousands of families, inundating homes and destroying crops. Supreme Master Ching Hai lovingly instructed our local Association members to provide relief assistance, adding that financial help would be available upon request. Our local members contributed PYG 11,025,000 (US\$2,500) and traveled to the seriously affected Cerrito District in the department of Ñeembucú, where we distributed more than two tons of vegan food to 80 families, as well as some candy for the children.

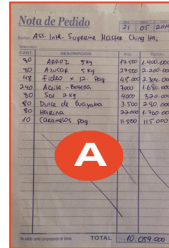




The recipients were extremely happy and grateful because the help came at their time of great need. Feeling Master’s compassion for these beautiful people, our Association members thanked Master for the opportunity to convey Her love. 🌸

Expenditures by The Supreme Master Ching Hai International Association for Flood Relief Work in Paraguay

Description	Amount (PYG)	Receipt
Food (rice, sugar, noodles, oil, salt, guava jam, flour and candies)	10,059,000	A
Transportation (gasoline and tickets)	966,000	B
Total	11,025,000 (US\$2,500)	



Sharing Relief Supplies and Love Following Earthquakes in Northern Peru

By Trujillo, Peru Relief Team (Originally in Spanish)

On March 15, 2014, just three hours after being struck by a 6.1 magnitude temblor, northern Peru was again rattled by an earthquake of 6.3 magnitude. The coastal city of Sechura was the most affected with 50 homes being damaged. After receiving Supreme Master Ching Hai’s relief fund of US\$2,500 and Her loving request to help those in need, our Association members from the city of Trujillo traveled to Sechura and delivered 421 sheets of corrugated iron for roof repair to approximately

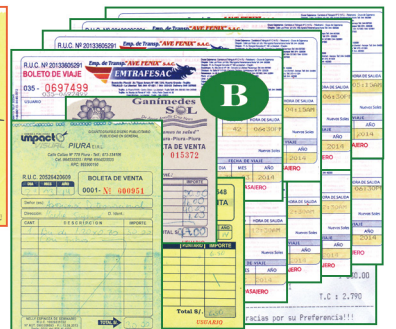


250 disadvantaged families from March 28 to 30. Some of the remaining iron sheets were left for the local authorities to be shared with other families that needed them. The recipients were extremely happy to receive such unexpected gifts and some commented that they must have been God-sent. 🌸



Expenditures by Supreme Master Ching Hai for Earthquake Relief Work in Peru

Description	Amount (PEN)	Receipt
Corrugated iron sheets for roof repair	6,598	A
Other expenses (transportation, food and printing of banner and flyers)	292	B
Total	PEN 6,890 (US\$2,460.64)	





Comforting Families After Flooding in Brazil

By Brazil News Team (Originally in Portuguese)

On December 24, 2013, The Brazilian State of Espírito Santo was inundated with heavy rain, causing floods and mudslides in 52 of the state's 78 municipalities. At least 44 people lost their lives, and more than 60,000 were left homeless. Supreme Master Ching Hai immediately provided a generous provision of US\$10,000 (BRL 23,500) and requested our local Association members to assist those affected by the floods.

Our Association members from São Paulo traveled to various districts within the Baixo Guandu municipality and distributed 400 packages, each containing over 25 kilograms of rice, beans, flour, cornmeal, vegetable oil and other essential items. Later, in a second relief effort supported by an additional US\$10,000 from Supreme Master Ching Hai, our Association members from Brazil and Paraguay delivered 80 more food packages in Espírito Santo.



On January 30, 2014 our team from Brazil and Paraguay also went to the city of Aimorés in the neighboring state of Minas Gerais, which had been inundated with rain three times in the month of January. There, we distributed 400 packages of food to families in need. We also gave two of the most disadvantaged families a total of BRL 100 from the relief fund. The recipients were very happy to receive Master's help, with some saying that thanks to Master, they would have something to eat the next day.



Expenditures by Supreme Master Ching Hai for Flood Relief Work in Brazil

Description	Amount (BRL)	Receipt
Rice, beans, sugar, wheat flour, cassava, cornmeal, oil, coffee, salt, pasta, vegan cookies and candy	46,960.38	A, B
Cash contribution to two families in need	100.00	C
Total	BRL 47,060.38 (US\$20,000)	



Throughout the relief operation, the team members paid for their own transportation, accommodations and food.



Loving Aid to Firefighters' Families and Fire-Affected Individuals in Arizona, USA

By Arizona, USA News Team (Originally in English)

Soon after the Yarnell Hill Fire struck the state of Arizona, USA in June 2013, the elite Granite Mountain Hotshot Crew from the City of Prescott Fire Department was dispatched to the scene. Two days later, 19 of the 20 crew members became trapped when changing weather conditions and heavy winds caused a wall of flames to overrun their position. Sadly, none of the men survived the inferno. The remaining crew member who had been serving as a lookout was spared from the fire. This disaster was the worst US wildfire tragedy in 80 years.



Upon hearing of the disaster, Supreme Master Ching Hai contributed US\$19,000 to the fallen firefighters' families, and requested our Association members to convey Her love and heartfelt condolences. Master also instructed us to provide assistance as needed to others affected by the fire, with funds available for reimbursement. On July 5, a team of our local Association members presented the City of Prescott Fire Department with 19 money orders in the amount of US\$1,000 for each of the families. To provide further comfort, the team also prepared gift bags for the families, and for the surviving member of the Hotshot Crew and his fire station colleagues. The bags contained flowers, along with vegan cookies, biscuits, chips and juice, as well as books by Supreme Master Ching Hai, flyers about climate change, veganism and healthy living, and the Supreme Master Ching Hai Press Kit.

Prescott firefighter and paramedic Mr. Craig Schmitt graciously accepted the contributions on behalf of the families, stating that the support was overwhelming, not just from the local community and the US, but from around the world. He also expressed deep gratitude to Supreme Master Ching Hai for Her generous contribution to the fallen firefighters' families.

Later, our team received the following note from the mother of one of the fallen Hotshot Crew members:

To Whom It May Concern:

Today we received a substantial check in memory of our fallen firefighter son, Dustin DeFord. We would like to thank whoever is responsible. Your generosity is greatly appreciated.

*Gratefully,
Celeste DeFord*

While in Prescott, our team visited the massive memorial set up by the community in front of the Hotshot Crew's fire station. The site had a somber atmosphere, but the team members were touched by the great outpouring of love, prayers and support for the firefighters and their families.

Our team also contacted the Red Cross, local animal shelters, and other agencies to see if others affected by the fire needed assistance. The Red Cross and shelters reported having no immediate needs, but Ms. Frances Lechner, Board Member of the Yarnell Fire Department and Communications

Director of the Yarnell Recovery Group Interim Steering Committee wrote, “Thank you for your extraordinary contribution and the expression of love, comfort and appreciation it represents from Supreme Master Ching Hai. The assessments of those in need are still being completed. May I suggest that you consider the Yarnell Hill Recovery Group as the recipient for your donation, with your instructions that it go for emergency funds for those affected by the fire who need emergency money.”

In response to this correspondence, on July 22, 2013 a team member delivered a US\$4,500 check to the Yarnell Hill Recovery Group for distribution to nine families who were most in need. Ms. Frances Lechner and Mr. Scott Shephard, Executive Director of the Yarnell Community Center, accepted the check along with copies of Supreme Master Ching Hai’s books, *The Birds in My Life* and *From Crisis to Peace – The Organic Vegan Way is the Answer*.

Upon the team member’s arrival, trucks and volunteers from local communities were helping out, and everyone was kind and welcoming. Ms. Lechner said that the relief work had slowed down and the local people were in the process of healing. Mr. Shephard was sincerely thankful for the check, and said that the fire-affected people had received many supplies but were in need of money, so the gift was perfectly timed.

As of July 10, 2013, officials reported that the Yarnell Hill Fire, which had burned 8,400 acres and destroyed more than 100 structures was 100% contained.

Our deepest condolences go to the families and friends of the heroic men who selflessly put themselves in harm’s way to protect the lives and property of their fellow citizens. May their noble souls rest in God’s eternal love and peace.

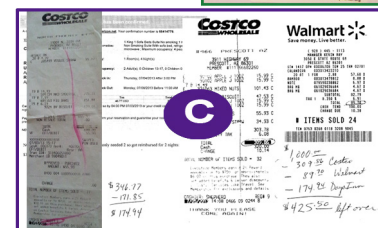
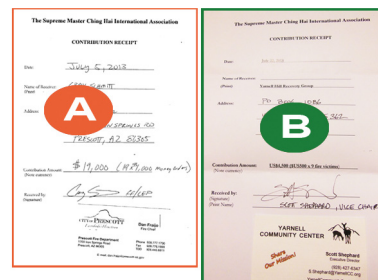
We pray for all those who lost their loved ones and homes in the Yarnell Hill Fire. We also pray for the protection of those living in areas prone to wildfires, and for the heroic firefighters who face these dangerous blazes. 🌸



Prescott firefighter and paramedic
Mr. Craig Schmitt

Expenditures by Supreme Master Ching Hai and Her International Association For Yarnell Hill Fire Relief Work in Arizona, USA

Description	Amount (USD)	Receipt
Contribution of \$1000 to each of the 19 families of the fallen firefighters	19,000	A
Cash contribution to Yarnell Hill Fire Relief Group for distribution to nine families who were most in need	4,500	B
Gifts (flowers, along with vegan cookies, biscuits, chips and juice) for the surviving families and hotel and travel expenses for the relief team	1,115	C
Total	US\$24,615	



Throughout the relief operation, the team members paid for their own transportation and food.

Swift Relief to Those Affected by Tornado in Illinois, USA

By Illinois, USA Relief Team (Originally in English)

Responding to Master’s caring instructions, our Association members from Illinois quickly came to the aid of those affected by a rare and severe tornado on Sunday, November 17, 2013 in Illinois, USA. With a contribution over US\$1,300 from our Association members, and financial assistance from Master available if needed, a variety of relief items such as fleece jackets, socks, hats, gloves, underwear, baby wipes and emergency food supplies (vegan energy bars, nuts and bottled water) were purchased in a short period of time.

Our relief team set out the day after the tornado tore through the areas of Peoria and Washington. Many people had lost their homes and some fields were left completely uprooted. Residents were bravely searching for their belongings and cleaning up their homes.

Some houses were beyond repair, and most of the area was without electricity. Local police officers directed the team to a church in the center of the affected area, where a shelter and rescue center had been set up. At the church, there were many helping hands available to gratefully receive the relief goods. 🌸



Expenditures by The Supreme Master Ching Hai International Association for Tornado Relief Work in Illinois, USA

Description	Amount (USD)	Receipt
Fleece jackets, socks, hats, gloves, underwear, baby wipes and bottled water	1,093.71	A
Vegan energy bars and nuts	215.98	B
Total	US\$1,309.69	



Rendering Relief Aid During Flooding in Colorado, USA

By Colorado, USA Relief Team (Originally in English)

In mid-September 2013, one of the worst floods in Colorado, USA's history occurred, covering a range of 200 miles from north to south across 17 counties and affecting 2,380 square miles. The flooding took eight lives, over 11,000 people were evacuated, nearly 18,000 homes were damaged, and more than 1,500 homes were destroyed. Many people were stranded in mountainous areas and had to be rescued by helicopters. With heartfelt concern, Supreme Master Ching Hai requested our Association members to please go help those affected and reimbursed US\$8,317 for funds used to render assistance. Our relief team from San Francisco traveled to Colorado to provide aid and share Master's love.

On September 16, our relief team visited several temporary shelters in Colorado to deliver food and supplies. Over 1,700 pounds of vegan frozen food was given to Journey Christian Church and the Weld Food Bank in Greeley. For the Timberline Church in Fort Collins, where more than 300 displaced people were staying, requested items such as blankets, socks, refillable drinking bottles and sanitary supplies were purchased. According to the wish list provided by the Longmont Humane Society, they were overcrowded with many dogs and cats in need. Detergents and toys were purchased. Also, US\$1,460 cash from the relief fund was contributed to help with the shelter's future expenses.

On behalf of Master's deep concern for the well-being of vulnerable individuals, our team expressed deepest sympathies to all those affected by the Colorado flood, and sincerely wished them a quick recovery. 🌸



Weld Food Bank



Journey Christian Church



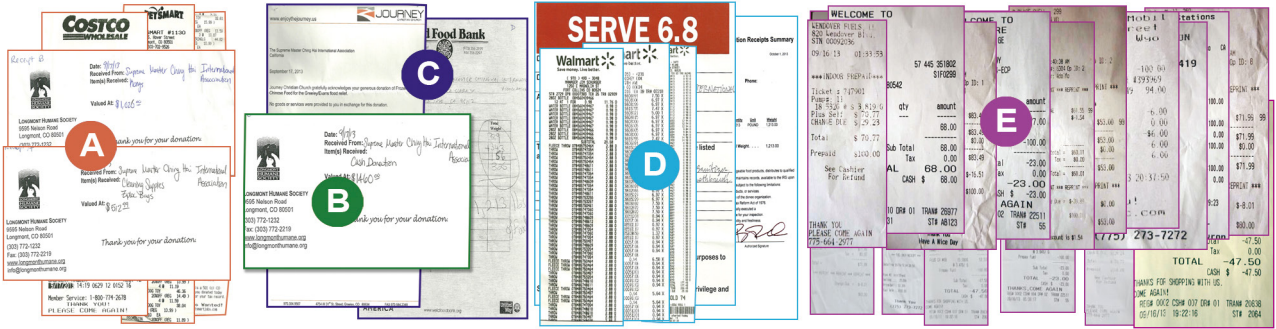
Longmont Humane Society



Timberline Church

Expenditures by Supreme Master Ching Hai for Flood Relief Work in Colorado, USA

Description	Amount (USD)	Receipt
Supplies for Longmont Humane Society (laundry detergent, dishwashing detergent, and toys for animal companions)	1,539.71	A
Cash contribution to Longmont Humane Society	1,460.00	B
Frozen vegan food for Journey Christian Church and Weld Food Bank	3,641.12	C
Supplies for Timberline Church (blankets, socks, toothpaste, toothbrushes, hair dryers, hand sanitizer, shampoo and refillable drinking bottles)	845.27	D
Transportation for relief items	830.76	E
Total	US\$8,316.86	




Keeping the Christmas Spirit in Arizona, USA

By Arizona, USA Relief Team (Originally in English)

Following Master’s loving reminder to help those in need, and keeping the Christmas spirit, our Association members from Arizona Center contributed approximately US\$2,883 and purchased warm clothes, socks, blankets, fruits and vegan snacks. As always, funds are available from Master for reimbursement for relief work. We organize this event annually to distribute much needed supplies to those less fortunate.



On December 23, 2013, we visited the shelters for homeless individuals in downtown Phoenix, the capital city, and distributed all the items. Many people joyfully modeled the clothes they received and were very thankful for the gifts. As we were leaving, people stood by the sidewalks and warmly bid us farewell.

We would like to thank Master for teaching us to be more compassionate and loving to each other so that the world can be a peaceful and Heavenly place. 

Expenditures by The Supreme Master Ching Hai International Association for Cold Weather Relief Work in Arizona, USA

Description	Amount (USD)	Receipt
Food (fruits and vegan snacks)	294.19	A
Supplies (men’s clothes, socks and bags)	2,589.02	B
Total	US\$2,883.21	



Comforting the Hearts of Those Distressed in Napa, California, USA

By San Francisco, California, USA Relief Team (Originally in English)

On August 24, 2014, a 6.0 magnitude earthquake, the strongest in 25 years, rocked the city of Napa, California, USA, resulting in about 200 injuries, the destruction of at least six homes, and extensive damage to many commercial buildings in the downtown area.

Upon receiving Master’s financial contribution of over US\$9,300 and Her loving instruction to help those in need, on August 26, our Association members from San Francisco visited Napa, where we purchased baby supplies, children’s toys and clothes, and then delivered them to the shelter set up by Red Cross at Crosswalk Community Church. We also shared Master’s publications and copies of an organic vegan diet magazine with the Red Cross staff there.



Returning to the shelter a few days later, we gave cash contributions and Master’s publications to several displaced people whose homes were still uninhabitable. Almost every recipient was moved to tears by Master’s loving care. One father cried and hugged our Association members tightly.

About three weeks later, in answering the call from a displaced lady who reached out to us in urgent need, our Association members contributed US\$1,000. We provided her with the funds as well as some of Master’s publications, an organic vegan diet magazine, and vegan candies. She was very grateful for the help.

We sincerely thank You Master for giving us this opportunity to share love with our fellow human beings in need. 🌸

Expenditures by Supreme Master Ching Hai and Her International Association for Earthquake Relief Work in Napa, California, USA


Description	Amount (USD)	Receipt
Cash for the affected people	9,600	A
Supplies for a baby and several children (stroller, pacifiers, baby wipes, diapers, baby formula, blankets, clothing, toys, backpacks, notebooks, and ipod)	704	B
Total	US\$10,304	

The following recipients received Master's cash donation of \$9,600 for the Napa Earthquake in August 2014 -

- \$500 each for 13 families
- \$1,500 for 1 family with four children
- \$500 for 1 family with 2 children


USD \$9,600 Total

Thank You Master



Karen Lam
San Francisco Center

Addendum:
\$1,000 USD for 1 person in Sept. 2014 as additional receipt for cash aid.
This money is split from San Francisco Center \$500, and Sacramento Center \$500.





Giving Comfort and Hope Following Tornado in Arkansas, USA

By Arkansas, USA Relief Team (Originally in English)

On the evening of April 27, 2014, a devastating tornado hit Arkansas, USA. Several cities near Little Rock, including Mayflower, Vilonia and Conway suffered great damage, with 16 people losing their lives. Hearing the sad news, Supreme Master Ching Hai lovingly instructed our local Association members to help those in need. Aid was provided to those affected with US\$17,432 from Master’s generous relief fund. Our Centers from Austin, Texas and Pennsylvania also contributed a total of US\$1,000.

From April 29 to May 2, our Association members from Arkansas, Kentucky, Tennessee and Texas formed a relief team. Cash assistance was delivered to many families in a mobile home community in Mayflower who lost their homes and belongings and had no insurance, and to disadvantaged families living in Conway and Vilonia. Many recipients expressed their gratitude to Supreme Master Ching Hai; some were moved to tears.

On May 18, we returned to Mayflower and distributed additional funds to affected families. Two families were given US\$100 each and another family US\$300. Also, US\$500 was given each for a man and his son. The recipients were surprised and deeply touched by Master’s loving generosity. One woman said to tell Master, “I love her!”

On the way to Mayflower, our team came across a woman who lost her house and desperately needed a place to stay. The team paid for two nights at a hotel for her and gave her US\$100 for food until her brother could come to her rescue. Another woman and her dog, who miraculously survived the storm, cried tears of gratitude when given the envelope from Master with US\$1,000.

Our Association members thank Master for Her love and compassion, which helped to give hope to many during their time of need. 🌸



Expenditures by Supreme Master Ching Hai and Her International Association for Tornado relief work in Arkansas, USA

Descriptions	Amount (USD)	Receipt
Cash distributed to affected people	18,300.00	A
Lodging for an affected woman	131.92	B
Total	US\$18,431.92	

Travel expenses were covered by the relief team members and the fund contributed by Arkansas; Dallas, Texas and Kentucky Centers.



Sharing Vegan Food with Our Kind Homeless Friends in Los Angeles, California, USA

By Los Angeles, California, USA News Group (Originally in English)

Twice a month since May 2014, our Association members from the Los Angeles Center drive about 1.5 hours to provide nutritious, vegan homemade food and drinks to those most in need. In the past five months, we visited Skid Row in the heart of Los Angeles, bringing with us submarine sandwiches, desserts, fruit and water. Each time, many of those less fortunate eagerly lined up to greet us even before our caravan came to a stop. They enjoyed the vegan meals very much and often requested additional portions. We were touched to observe that several homeless people lovingly shared their limited resources with their dog companions. One time noticing one man who was reluctant to leave his dog to get in line, we brought a meal to him. In total, approximately 2,500 items are distributed during each visit.



Our homeless friends also told us stories about their lives. For example, one individual stated, “I used to have a family and a home. Thank you, thank you for doing this. It gives me hope.” Another shared his story of recovery from addiction to drugs and alcohol, saying “habits are tough to break so be careful and take care of yourself.” One gentleman made sure to install Supreme Master Ching Hai’s spiritual aphorism app on his phone to get inspirations and always recommended it to his friends as well. All the team members appreciate the opportunity to serve God’s beloved children and feel blessed being guided by Supreme Master Ching Hai. 🌸

Expenditures by The Supreme Master Ching Hai International Association for Vegan Food Distribution to Homeless Individuals in Los Angeles, California, USA

Description	Amount (USD)	Receipt
Vegan food and beverages	1,346.05	A
Total	US\$1,346.05	



Wildfire Relief in Colorado, USA

By Colorado and Houston, Texas, USA Relief Team (Originally in English)

Reported as the most destructive fire in Colorado’s history, the Black Forest Fire, north of Colorado Springs, Colorado, began June 11, 2013, destroyed 486 homes, claimed the lives of two people, and scorched over 14,000 acres. Other wildfires in June and July also damaged and threatened more areas in the state.

Upon hearing of the disaster, with heartfelt concern for those affected, Supreme Master Ching Hai



contributed US\$20,000 in relief funds and asked our local Association members to visit the afflicted areas and help those in need.

On June 26, a team from the Houston, Texas and Colorado Centers joined together to carry out the relief work. Our team first drove to the southwestern Colorado town of South Fork, where the risk of destruction from the West Fork Fire was high so the police had quarantined the area and prohibited visitors from entering. Fortunately, our team members met local resident Ms. Beverly Darrow, who volunteered to visit each house in the area and list the supplies most needed by the residents. In the meantime, our team visited the Upper Rio Grande Animal Society's Conour Animal Shelter in the town of Monte Vista. During a tour of the facility, we saw many animals that had been lost or abandoned as a result of the fire. Our team members contributed US\$2,500 from the relief fund to the shelter and also paid for US\$1,144.61 for dog and cat food purchased by the shelter personnel.



Next, we purchased the supplies on Ms. Darrow's list and packed them in individual gift bags. Ms. Darrow later met with the mayor of South Fork, who lifted the quarantine for members of the relief team. The mayor, Ms. Darrow, and her husband were happy to help in distributing the gift bags, which included gift cards to help purchase necessities, *The Key of Immediate Enlightenment Sample Booklets*, and SOS climate-change flyers. The recipients were delighted to receive the gifts, and expressed their deep gratitude to Supreme Master Ching Hai and our team members.



Toward the end of the day, our team was informed that many more people needed help, so we decided to stay in the area one more day to conduct additional relief work. Some members went to fire stations in South Fork and Del Norte to deliver vegan food and drinks, as well as supplies to the dedicated and courageous firefighters. Other members purchased more supplies for affected residents of South Fork who had just returned home.



Before saying good-bye, we prepared a vegan dinner and invited Ms. Darrow, her husband, and local residents to thank them for their help. The guests thoroughly enjoyed the meal and were surprised at how delicious the vegan food tasted. Our Association members also presented Ms. Darrow and Mr. Paul, a volunteer who provided our team with a place to stay, with gift cards as tokens of appreciation for their selfless assistance.



Ms. Darrow sent a thoughtful thank-you letter to Supreme Master Ching Hai expressing her gratitude for

Master's kindness and for the relief effort.

On June 28, our team traveled to heavily damaged Black Forest in east central Colorado and visited the Black Forest Animal Sanctuary, which was in need of much help. We took the staff to a supermarket to buy food and supplies for the animals. Furthermore, a contribution of US\$1,000 from the relief fund was given.

Finally, the team distributed the remaining funds to the National Mill Dog Rescue (US\$1,000) and the Ellicott Wildlife Rehabilitation Center (US\$2,331) in Colorado Springs, which is near Black Forest.

Our deep gratitude, Supreme Master Ching Hai, for Your generosity, and for Your love and blessing during this relief work.

Also, special thanks, people of Colorado, for your thoughtfulness and assistance. May Heaven bless all the wonderful humans and animal co-inhabitants of this beautiful state. 🌸

Expenditures by Supreme Master Ching Hai for Wildfire Relief Work in Colorado, USA

Description	Amount (USD)	Receipt
Groceries, gift cards and supplies for those affected by the fire; food and supplies for firefighters; and food for Upper Rio Grande Animal Society's Conour Animal Shelter	10,256.08	A
Cash contributions to Upper Rio Grande Animal Society's Conour Animal Shelter, Black Forest Animal Sanctuary, National Mill Dog Rescue and Ellicott Wildlife Rehabilitation	9,743.92	B
Total	US\$20,000.00	

Throughout the relief operation, the team members paid for their own transportation, accommodations and food.



Extending Helping Hands for Flood Relief in Alberta, Canada

By Canada Relief Team (Originally in English)

Due to heavy rainfall during June 2013, the Canadian province of Alberta experienced the worst flooding in its history. More than 100,000 people were displaced and four lost their lives. Upon receiving evacuation orders, the local people of the affected communities worked together to help each other. Supreme Master Ching Hai requested our Canadian Association members to provide relief, and sent CAD 11,228.17 (US\$10,975.33) for reimbursement of expenditures for the relief work, which took place from July 2 through July 8.

Our Association member relief team from Vancouver, Calgary and Edmonton visited an evacuation center run by the indigenous people, Îyãhé Nakoda, in Morley, Alberta. The center, which was using an elementary school building, was serving 300 displaced people at the time. In addition to delivering non-perishable food and needed items such as cleaning supplies and baby diapers, our



team displayed Master’s books, and shared vegan recipes and Alternative Living flyers. We were delighted to hear that when school resumed, some of the publications would be made available to the students. In the course of our three-day stay there, we also served three meals to the staff, the evacuees and the volunteers who appeared to enjoy the vegan food immensely. The center’s chef expressed a keen interest in the recipes, and the center’s food coordinator and manager were very grateful for the help.

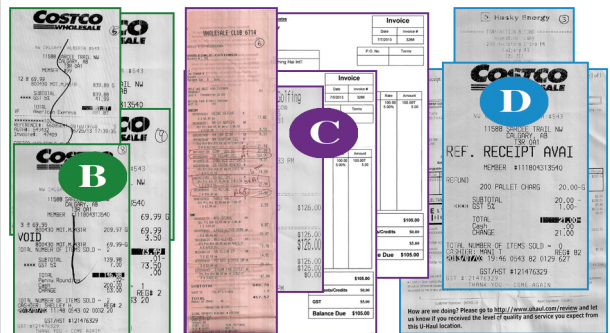
At an evacuation center operated by another indigenous group, the Siksika Nation, we distributed walkie talkies after learning that the staff and volunteers were in need of a better communication system. Next our team headed to the town of High River, where 13,000 people were ordered to evacuate. Renting a space in a commercial kitchen at preferred rates, our team prepared double-sized sandwiches and went door by door to deliver the vegan meal -- along with recipe books and flyers -- to the local people, including police officers and firefighters.

Heaven’s blessings and prayers for all those affected by the flooding in Alberta, Canada and all who are coping with severe weather events. May more and more people adopt the compassionate, vegan diet for a calmer and more peaceful world. 🌸

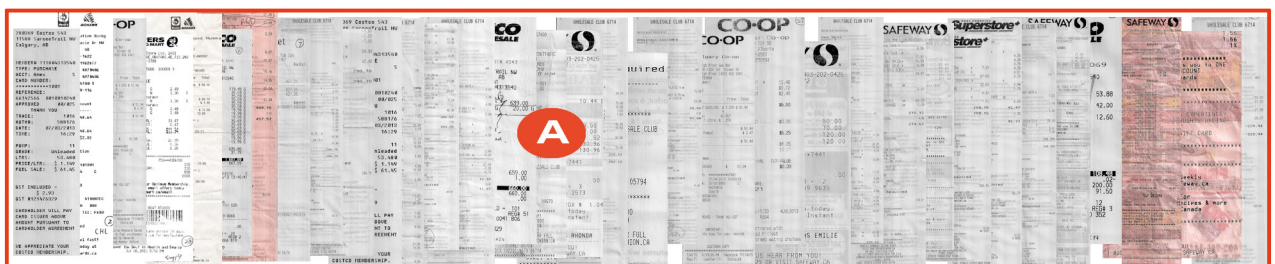


Expenditures by Supreme Master Ching Hai for Flood Relief Work in Alberta, Canada

Description	Amount (CAD)	Receipt
Vegan food and water for the affected people	9,198.14	A
Walkie talkies and batteries	1,115.98	B
Kitchen rental and supplies	793.57	C
Transportation and other expenses	120.48	D
Total	CAD 11,228.17 (US\$10,975.33)	



Throughout the relief work, the relief team members paid a total of CAD 2,834.66 for their transportation, accommodations and food.



The Spirit of Humanity Shines in a Time of Need in New York and New Jersey, USA

By USA and Canada Relief Team (Originally in English)

After inflicting severe damage throughout the Caribbean, Hurricane Sandy slammed the East Coast of the United States, leading to major flooding and destroying many communities in coastal New York and New Jersey. Striking in late October 2012, Sandy was the largest Atlantic hurricane on record, causing the loss of more than 100 lives in the US alone. Sandy's damage toll is estimated to be more than US\$63 billion. Upon hearing of the devastation, Supreme Master Ching Hai provided a relief fund to our New York and New Jersey Centers, along with Her love and prayers, and instructions to render aid to those in need as soon as possible. Assisted by our Association members from Virginia, Kentucky, Pennsylvania, California and Canada, the two Centers organized relief teams to provide comfort, assistance and supplies to those affected. A total of US\$28,000 from Master's generous fund in addition to US\$16,287.67 from our Association members was used for relief expenditures.

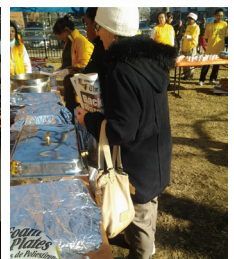
New York Team Aids Grassroots Groups

Our New York team set to work in the hardest hit communities of Staten Island, Coney Island, Rockaway and Breezy Point. In the latter two areas, our team found that most of the waterfront houses had been either partly or completely destroyed, while those that were still intact were severely flooded on the first floor. Several inches of beach sand had also been flushed into the streets, and entire blocks of houses had been consumed by fires.

At first it was challenging to locate the people most in need. However, our effort gained momentum when we met with Occupy Sandy Relief NYC, a grassroots organization that had set up distribution hubs in local churches and public buildings. Based on information from this caring group, our team shipped lighting equipment, winter gear, personal hygiene items, snacks, baby food, diapers and cleaning supplies to those affected, as well as vegan food for animals at shelters.

On November 22, 2012 our team served a Thanksgiving meal to approximately 350 people at Gravesend Houses, a community and distribution center in Coney Island, New York City. While enjoying the delicious, vegan dishes and snacks, the guests were entertained with songs from the musical, *Loving the Silent Tears*. During the meal a group of Occupy Sandy reporters visited the site, took pictures, and commented on how delicious the food was.

On December 5, 2012 we were notified by ecoVegan, a California-based company offering delicious, affordable vegan meat alternatives, that Supreme Master Ching Hai had made a generous contribution of vegan protein products worth US\$9,952.20. With this gift, ecoVegan was able to ship us





enough frozen vegan food to feed over 4,000 people.

Fortunately, we found the Occupy Sandy Kitchen, a cooking and serving facility operating in a Brooklyn church. In early 2013, we provided the Kitchen with some ecoVegan supplies along with vegan recipe books, the Supreme Master Ching Hai Press Kit and climate change information. The staff were impressed by the delicious foods, happily accepted the contribution and promised to serve the dishes in a vegan way. They were also delighted that they could provide plant-based alternatives for people with special needs. After learning about the connection between diet and extreme weather, the Kitchen's coordinator considered changing to a vegan diet, and other staff members supported the plant-based approach to combating climate change.

The Occupy Sandy Kitchen staff came to our warehouse to pick up vegan food items whenever they needed, as they did not have freezers to keep the donated supplies. However, after two months they were asked to return the kitchen to the church for the upcoming Easter holiday, so we began distributing the remaining vegan items directly to the following organizations in New York: Far Rockaway Outreach Center and Coney Island Lighthouse Mission each received 14 cases of vegan protein, while Gravesend Houses was the recipient of 10 cases of vegan protein.

All of these facilities are religiously affiliated and we were grateful to receive their help in distributing the food to those in need. More than 100 people benefited from the effort, with many receiving up to a two-week supply of food. The Coney Island Lighthouse Mission also helped our team organize a presentation on the link between diet and extreme weather.

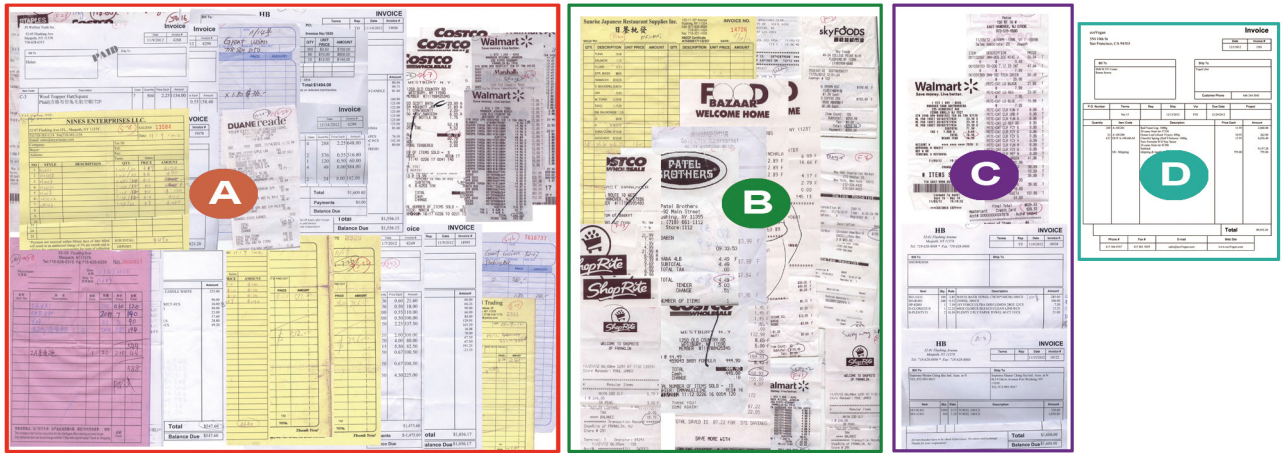
Our New York relief team members were touched to see people helping one another without regard for religion or race, and members of different faiths uniting for the cause including a Sikh group that provided veg meals at the Roman Catholic St. Francis de Sales Parish in Rockaway. Team members were also grateful to have had the opportunity to learn and practice love and service to others.



Expenditures by Supreme Master Ching Hai and Her International Association for Hurricane Sandy Relief Work in New York City, USA

Description	Amount (USD)	Receipts
Winter clothing for adults and infants (thermal underwear, hats, gloves, socks and blankets), personal supplies (utensils, toilet paper and diapers), cleaning supplies (mops, brooms, detergent, bleach, work gloves, rubber boots and garbage bags), plastic bags and lighting supplies (flashlights, headlamps, batteries, candles and matches), etc.	20,254.89	A
Food (baby formula, baby food, vegetables, bread, peanut butter, vegan protein, cooking oil, water, drinks, nuts, cookies and chips, etc.)	2,536.32	B
Supplies for animal friends (cloth towels, sheets, paper towels, detergent, bleach, padding material, collars, harnesses, snacks and vegan food, etc.)	2,738.26	C
Vegan protein products and shipping costs	9,952.20	D
Total	US\$35,481.67	

The relief team members contributed about US\$2,000 for their own expenses including transportation, food and accommodations.



New Jersey Center Serves up Hot Meals and Comfort

On October 31, 2012 our New Jersey relief team delivered bottled water and paper towels to an emergency shelter in the Atlantic City area. The next day we formed two teams, one to continue assisting in southern New Jersey, and the other to work in the northern region, where several townships had been heavily flooded by an unexpected high surge. At an emergency shelter our team provided urgently needed supplies, and at two mobile home parks we delivered supplies and portable heaters to residents. Our team members also shared Supreme Master Ching Hai's books and Supreme Master Ching Hai Press Kits.

On the third day we again formed into two groups: one continued aiding affected people in mobile home parks while another went to heavily flooded Hoboken, New Jersey, where most of the city was still without electricity. Many residents lacked food, and some were trapped in high-rise buildings. When our team arrived, they saw that water was still flowing from building basements, and furniture and garbage bags were piling up along the sidewalks. A kind woman at the Hoboken City Hall connected us with the Hoboken Shelter, where the staff graciously allowed our team to use the kitchen to cook meals for the public.

The next day in front of City Hall we served a vegan lunch of fried rice, salad, stir-fried veggies and cupcakes, which were enjoyed by many. Some said it was very special to have such nutritious food in that difficult time. Our team was delighted to see that right after lunch electrical power was restored to the city! The shops again had light and people became cheerful. With hearts full of love and gratitude, our team then left Hoboken.

On that day and the next, another team of our Association members delivered supplies to a homeless shelter in nearby Jersey City and daily necessities such as oatmeal, sugar and coffee to a seniors' shelter, where the residents were delighted to receive the aid.

Also, due to falling temperatures and another approaching storm, our team brought more blankets, socks and portable heaters to the mobile home parks we had visited earlier, along with about 200 boxes of vegan food. The people were again extremely happy to receive the items.



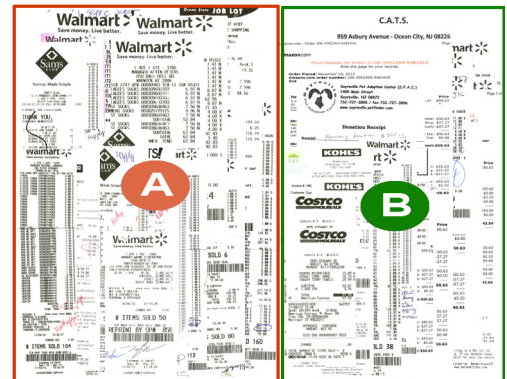


On the sixth day several team members brought requested items such as cloth towels, blankets and paper towels to an animal shelter in Atlantic City. Our team also spent time with the animals and delivered supplies to the following “no-kill” shelters: Jersey Animal Coalition, Monmouth County Society for the Prevention of Cruelty to Animals (SPCA), Humane Society Atlantic City, Liberty Humane Society, Almost Home Animal Rescue, Citizens Altering the Strays (C.A.T.S.), Sayreville Pet Adoption Center, and All About Animals New Jersey. In addition, animal-friendly, biodegradable laundry detergent was sent to the Humane Society of Ocean City, Mt. Pleasant Animal Shelter, the Animal Alliance, the Humane Society of Atlantic City, and the Liberty Humane Society.

During the Hurricane Sandy relief effort our New Jersey team used US\$8,000 from Master’s relief fund and US\$806 from the Centers’ contributions. We were grateful to help in providing comfort and care wherever we went, for the chance to work and grow with our Association members from other Centers, to serve others, and to expand our love. We pray that with more people adopting the compassionate, vegan lifestyle the frequency of such calamities will soon be reduced. 🌸

Expenditures by Supreme Master Ching Hai and Her International Association for Hurricane Sandy Relief Work in New Jersey

Description	Amount (USD)	Receipt
For humans: vegan food, blankets, sleeping bags, portable heaters, towels, bottled water, paper towels, personal hygiene items and cleaning supplies, etc.	6,200	A
For animal friends: blankets, towels, paper towels, laundry detergent, etc. and cash contributions	2,606	B
Total	US\$8,806	



Footprints of Love and Joy in Haiti in the Aftermath of a Hurricane

By Costa Rica Relief Team (Originally in Spanish)

In late October 2012, Super Hurricane Sandy brought floods to Port-au-Prince, the capital of Haiti, as the island continued to be impacted by the 2010 cataclysmic earthquake. Following the devastation caused by Sandy, Supreme Master Ching Hai expressed Her care and concern for the welfare of those affected, contributing US\$20,000 to respond to the most urgent needs. She also lovingly instructed our nearby Association members to personally render aid.

Accordingly, in the second week of November, a relief team of The Supreme Master Ching Hai International Association members from Costa Rica reached Port-au-Prince.

After landing on the island, our team first sought a reliable supplier of food and essential items.



The emphasis was on finding the best prices possible to serve the greatest number of families in need.

In Haiti, even everyday staples were extremely costly due to the disaster. It was thus a miracle that a store owner the 2010 Haiti relief team had contacted offered the supplies at the same cost he had charged during previous relief missions.

With the assistance of many local volunteers, we were able to set up distribution stations and provide relief kits to more than 1,400 families in the areas of Carrefour, Delmas and Canape Vert.

In addition, we visited two orphanages. In one orphanage, 18 children were in dire need of food, as the couple who cared for them had traveled out of the country due to an emergency. Without means and having exhausted all reserves, these children were caring for one another and had already gone days without eating. Our team delivered provisions, only to discover that there was no propane to cook with, and proceeded to purchase and deliver a tank of gas. What a joy it was

to see happiness and smiles restored to the children's faces!

We also felt privileged to help a blind pastor and his 12 children who were experiencing severe hardship. With unwavering faith and prayers, the pastor had made a plea to God in the certainty that his dire situation would be resolved. Thus, when our team appeared at his door with food supplies, he and his family knew his prayers had been answered.

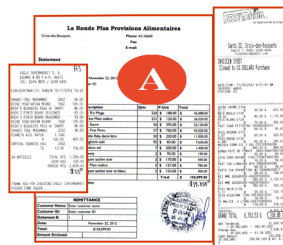
In another family of nine orphans, we met a very special nine-year-old boy. He confided that he communicates with God through prayer and that God had asked him to preach to his people. He has since been attending several churches on Sunday in various regions to speak to their congregations. All the families we met and these nine children sent their love and thanks to Supreme Master Ching Hai.

Our relief team felt truly blessed for the opportunity to be of service to the people of Haiti, whose strong faith in God is both remarkable and inspirational. 🌸



Expenditures by Supreme Master Ching Hai for Relief Work in Haiti

Description	Amount (USD)	Receipt
Food (rice, beans, sugar, cooking oil, spaghetti and corn flour)	20,000	A
Total	US\$20,000	



Approximately US\$3,000 in traveling expenses for the relief work was provided by our Association members in the USA.



“Gifts of God” Help Cuban Hurricane Victims

By Cuba Relief Team (Originally in English)

With great concern for the Cuban families in the aftermath of Hurricane Sandy, Supreme Master Ching Hai sent a generous gift of US\$10,000 and loving instructions to our Association members nearby to do what we can to help. In December 2012, a joint relief team of our Association members traveled to Havana to assist those affected.

Upon arrival in the city, our team met to determine the best way to render aid in the affected areas. We then purchased sufficient supplies to provide food parcels for approximately 1,600 families in nine communities. While it was not easy to decide which communities to help, the goal was to ensure that as many families as possible received Supreme Master Ching Hai’s love and aid.

The journey through Cuba involved long hours of bus travel and many more hours by car over challenging roads. However, the food arrived just in time for Christmas!



When the people received Supreme Master Ching Hai’s “Gifts of God,” as they called them, they felt the divine love. They sent all their love and prayers to Supreme Master Ching Hai, hoping that God would bless Her forever for Her generosity and care.

Our relief team also expressed gratitude to Supreme Master Ching Hai for Her beautiful heart, which is always full of love and compassion for all beings on the planet. 🌸



Expenditures by Supreme Master Ching Hai and Her International Association for Hurricane Sandy Relief Work in Cuba

Description	Amount	Receipt
Food (rice, oil and spaghetti)	5,950	A
Detergent and bath soap	2,305	B
Food transportation and miscellaneous	1,750	C
Total	US\$10,005	

The amount of US\$2,600 was provided by our Association members in the United States to cover traveling and accommodation costs.



Contributions Provide Second Chances for Animal Friends in the United States after Hurricane Sandy

By USA News Group (Originally in English)

Supreme Master Ching Hai contributed a total of US\$50,000 to six no-kill animal shelters in honor of the compassion demonstrated by United States President His Excellency Barack Obama for animals. On November 21, 2012, President Obama expanded the annual, presidential turkey-pardoning tradition before the Thanksgiving Holiday by saving two turkeys instead of one, as had previously been the practice. The lucky birds will be able to spend the rest of their natural lives in peace and harmony.

Supreme Master Ching Hai was deeply touched by President Obama’s action, stating in a letter to him, “I thank you for your compassion, and for setting a shining, noble example for the nation and the world.” She also noted that during the pardoning ceremony, Cobbler, one of the turkeys spared, sang songs of praise for His Excellency and thanked God.

To honor this merciful act, Supreme Master Ching Hai’s contribution was given to assist the animals affected by Hurricane Sandy, which struck the US in late October 2012.

The hurricane separated many beloved animal companions from their human caregivers, and in many cases the animals needed to be cared for in foster homes when their human caregivers had to take shelter in places that were unable to accommodate animal friends.

Supreme Master Ching Hai’s contribution was presented to the following shelters in New York, USA: Adopt NY (US\$10,000), Dog Habitat Rescue (US\$5,000), Pet Safe Coalition (US\$10,000), Bobbi and the Strays (US\$10,000), Sean Casey Animal Rescue (US\$10,000), and Feline Rescue of Staten Island (US\$5,000).

Adopt NY

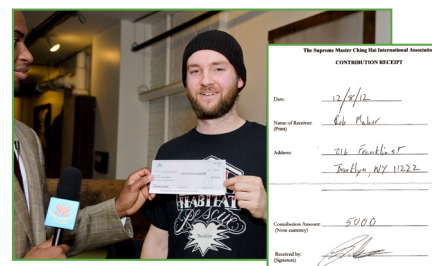
Adopt NY is an organization dedicated to making New York a “No-Kill” city by using Adopt NY’s extensive online network for 50 rescue groups (and counting) through Facebook and its website. Currently over 2,000 dogs and cats are up for adoption.

On behalf of Supreme Master Ching Hai, our Association members presented Her contribution to Adopt NY at the group’s facility in Brooklyn on December 8. Conveying his heartfelt thanks, co-founder and Fundraising and Corporate Outreach Director Mr. Rob Maher noted that the number of animal friends for adoption, fostering and daycare increased substantially during Hurricane Sandy.



Dog Habitat Rescue

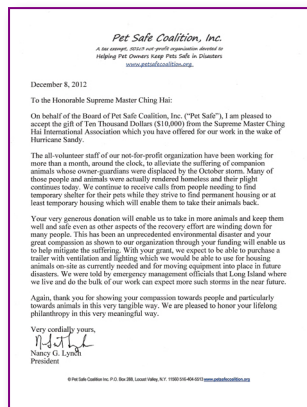
Located in the same facility as Adopt NY, Dog Habitat Rescue provides adoption, daycare and veterinary services (through affiliated veterinarians), along with animal food supplies. Supreme Master Ching Hai’s contribution was presented to Mr. Colby Riggle, who shows his lifelong love for animals by volunteering with the organization.





Pet Safe Coalition

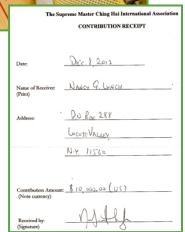
Also that day, Supreme Master Ching Hai's contribution was presented to Pet Safe Coalition. Recognized as the first County Animal Response Team (CART) in New York State, the group aids animal friends who are in need following disasters. Working with other not-for-profit organizations, Pet Safe has cared for approximately 500 animals affected by Hurricane Sandy free of charge. In addition, Pet Safe maintained a second safe haven for animals during the initial days of the super storm.



Thank-you letter to Supreme Master Ching Hai from Pet Safe Coalition, Inc.

The check was received by President and Founder Ms. Nancy Lynch, Director of Disaster Response Ms. Jo Ellen Cimmino, and Public Affairs Officer Ms. Beverly Poppell. Pet Safe plans to use the funds to help purchase a trailer with ventilation and lighting that will house animal friends on site if needed.

Expressing her gratitude on behalf of the coalition, Ms. Cimmino also presented a Pet Safe Coalition disaster response badge to Supreme Master Ching Hai, as well as a gift with a symbol of peace that was handcrafted by her daughter.



Bobbi and the Strays

On December 9, our Association members presented Supreme Master Ching Hai's contribution to Ms. Roberta "Bobbi" Giordano, who established Bobbi and the Strays in 1998 to help orphaned, stray, abused and special-needs dogs and cats.

With deepest appreciation, Ms. Giordano and her staff said the contribution would be used primarily to rebuild their damaged facility in the wake of Hurricane Sandy.



Sean Casey Animal Rescue

Supreme Master Ching Hai's contribution was also given to further the compassionate work of Sean Casey Animal Rescue, which cares for and rehabilitates underprivileged animals acquired from private caregivers, zoos, shelters and other public organizations until they can find happy, loving homes for them. The not-for-profit group helped more than 100 animals who had been adversely affected by



the hurricane, all of whom have now been placed in caring homes. Mr. Sean Casey, founder of the rescue, was grateful for the generous gift.

Feline Rescue of Staten Island

On December 11, Senior Vice President Ms. Patricia Lenza and Director Ms. Ivette (Dorothy) D'Alessandro accepted Supreme Master Ching Hai's contribution to Feline Rescue of Staten Island.

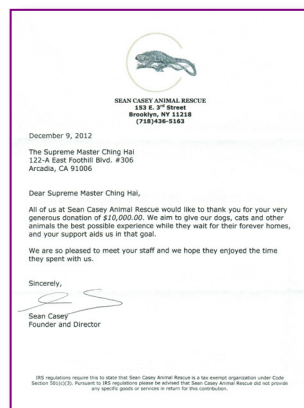
The rescue organization is a home-based group of volunteers who selflessly donate their time and love in assisting, fostering and providing care for abandoned, feral, stray and surrendered felines from animal shelters and the streets.

Following Hurricane Sandy, the organization has visited the affected areas many times taking in cats and kittens, trying to find their caregivers, and helping people who need to rebuild their homes by fostering or boarding their beloved animal companions until they can take them back. Feline Rescue of Staten Island also cares for cats whose caregivers have relocated and are unable to take their cherished animal companions with them.

The Feline Rescue of Staten Island staff said they will use the contribution to care for their animal friends and establish a permanent facility for their organization.

With gratefulness to Supreme Master Ching Hai for Her generous contributions, we also sincerely thank Adopt NY, Dog Habitat Rescue, Pet Safe Coalition, Bobbi and the Strays, Sean Casey Animal Rescue, and Feline Rescue of Staten Island for all their selfless endeavors. These noble exemplars, reaching out to those in need, inspire greater kindness towards animals and humans alike.

We pray that all those affected by Hurricane Sandy have had a speedy return to comfortable living. 🌸



Thank-you letter to Supreme Master Ching Hai from Sean Casey Animal Rescue



For more information on the no-kill animal shelters discussed in this article, please visit:

Adopt NY
<http://www.adoptny.org>

Bobbi and the Strays
<http://www.bobbiantthestrays.org>

Dog Habitat Rescue
<http://www.doghabitat.org>

Sean Casey Animal Rescue
<http://www.nyanimalrescue.org>

Pet Safe Coalition
<http://www.petsafecoalition.org>

Feline Rescue of Staten Island
<http://feline rescue of staten island.webs.com>



EUROPE

Extending a Helping Hand for Flood Restoration in the United Kingdom

By Surrey Center, United Kingdom Relief Team (Originally in English)

From mid-December 2013 to mid-February 2014, the United Kingdom experienced a period of extreme weather during which at least 12 major storms occurred, leading to severe flooding, transport disruptions and damage in many parts of the country. The most severely affected areas were Southern and Eastern England, including Weybridge and Guilford in Surrey, low-lying parts of Oxford, and parts of Dorset, Hampshire, Wiltshire, and the Somerset Levels. Residents were evacuated from their homes for weeks and moved to local community centers where they received urgent necessities. On the Somerset Levels, residents of the village of Muchelney were trapped by flooding, with the only way in or out being by boat. The army was also called on to fill sandbags in Kent, where everyone pulled together to help. Concerned about the people's plight, Supreme Master Ching Hai contributed GBP 6,070 and asked our local Association members to provide relief. With Master's contribution and GBP 1,795 from our Association members, a team from the Surrey Center traveled to the affected areas.

Pitstop Homeless Day Centre

Upon hearing that the volunteer-run Pitstop Day Centre for homeless and less fortunate individuals was in need of aid, our team visited the facility and learned that it had been badly damaged by flooding. The kitchen appliances, furniture and computers were all ruined. Our team provided a cash contribution of GBP 1,000 for urgent relief and recovery of the facility along with eight sets of tents and sleeping bags, two cordless phones and a supply of canned and dry foods. Mr. Peddie thanked Supreme Master Ching Hai, our Association and all those who had come together in the Day Centre's moment of need, for their kindness and compassion.



Helping Flood-Affected Families

On January 8, 2014, in response to an appeal for help from flood-affected individuals, we visited two families in Yalding, Kent. The floor, furniture and kitchen equipment in their homes had been ruined by the flooding, and the damaged items were not covered by insurance. The families consisted of an elderly retired couple and a single mother with two school-aged children. We contributed GBP 500 cash to each family, conveyed Supreme Master Ching Hai's love and concern, and presented them with copies of Master's publications, *The Key of*



Immediate Enlightenment and *From Crisis to Peace – The Organic Vegan Way is the Answer*. The mother and children also received some vegan chocolates and copies of Master's books, *The Birds in My Life* and *The Noble Wilds*. The families were deeply grateful and touched by Master's love and generosity, and asked us to convey their sincere thanks and love to Her.

Flood Recovery and Stables for Animals

After learning the Tower Hill Stables Animal Sanctuary, which had been affected by a winter storm on January 1, 2014, was in need of help, we sent them a gift of GBP 500. These funds would be used for repairing the roofs of the sanctuary's shelters, which were damaged in the storm. The facility is home to more than 400 animals. In support of the staff's plea to build new stables for older horses that needed night accommodations, our Association members contributed GBP 2,765 from the relief fund to the stable-building project.



Burnham Area Rescue Boat (BARB) Team

On February 8, 2014, our representative presented a contribution of GBP 1,500 to the Burnham Area Rescue Boat (BARB) team, along with a selection of Supreme Master Ching Hai's books and DVDs, as well as vegan cakes and cookies.

Since January 2014, BARB has been at the forefront of a huge rescue operation in the area of the Somerset Levels. Heavy rainfall in the area caused flooding, and many homes were cut off from the world, leaving families dependent on outside help to bring them food and necessities, and to ferry them in and out of their villages. When in the week of February 3 the situation became worse and water levels rose even higher, more than 100 residents had to be evacuated. Our team assisted the police in taking people to places of safety.



The BARB Chairman Mr. Mark Newman, who was deeply thankful to Supreme Master Ching Hai for Her generous donation, explained that the group needed to replace one of its rescue boats and that Her contribution would help them buy a new boat. BARB is run solely by volunteers, and relies on gifts from the public to remain in operation.

Somerset Community Foundation

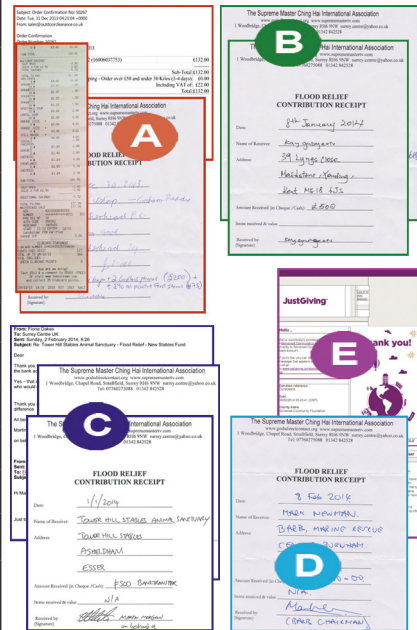
As Somerset Community Foundation was the main community group in the most flood-prone region providing urgent relief to individuals affected by flooding, we contributed GBP 500 in support of its work.

Recipients were very touched by Master's contributions and sincerely expressed their gratitude and love to Master. They said how people in times of disasters had come together and shown great love for each other. 🌸



Expenditures by Supreme Master Ching Hai and Her International Association for Flood Relief Work in the United Kingdom

Description	Amount (GBP)	Receipt
Contributions to the Pitstop Day Centre, Surrey		
Cash given as a relief fund	1,000	A
Eight sleeping bags and two cordless phones	200	
Red packets for homeless people	90	
Food items	178	
Eight tents	132	
Contributions to residents of Yalding, Kent		
Contribution to Tower Hill Stables Animal Sanctuary		B
Funds for roof repairs	500	C
Funds for construction of new horse stables	2,765	
Contribution to Burnham Area Rescue Boat team in Somerset		D
Contribution to Somerset Community Foundation		E
TOTAL		
	GBP 7,865 (US\$12,824)	



Bringing Love and Warm Meals to Hungarian Relief Workers

By Hungary Relief Team (Originally in Hungarian)

In early June 2013, thousands of soldiers, Red Cross workers and professional and volunteer firefighters from across Hungary worked together day and night to protect the country from the devastating floods that had swept through central Europe days earlier.

Seeing the catastrophic flooding in Germany, Austria and the Czech Republic, Hungarian officials immediately mobilized an army of 20,000 military personnel, reservists and citizens to shore up levees along the Danube so that the expected river surges would be stemmed, thus preventing a major crisis.

Hungarians of all ages, including high school students and well-known celebrities and athletes joined in the effort, reinforcing earth and sandbag barriers in an area stretching more than 700 kilometers along the rapidly rising Danube.

Upon learning of the situation, Supreme Master Ching Hai contributed EUR 5,000 and compassionately urged our local Association members to purchase supplies and conduct a relief effort. To determine the area of greatest need, a team from the Hungary Center contacted the Red Cross Country Coordinator and learned of the desperate need for food to support the vast number of relief workers, particularly during night shifts.

With Master's generous fund and some of an additional EUR 500 contributed by our Association members, our team purchased vegan food and snacks, and other supplies to help the workers. On June 5,



we provided 180 warm vegan meals along with energy bars, waterproof boots and raincoats to the Red Cross for distribution to soldiers and firefighters on Margaret Island in Budapest.

The following day we delivered vegan food for 400 firefighters in Budakalász, north of Budapest, who had been without food and water since beginning their shift.

On June 7, we brought a supply of veggie ham, coffee, chocolate, bananas and energy bars to the Red Cross in Tatabánya, east of Budapest, which then distributed the items to workers in the field.

On the morning of Saturday, June 8, we transported waterproof rubber boots, raincoats and work gloves to the Red Cross's main storage room, the distribution hub for the various work sites along the Danube and its tributaries. We also prepared 400 vegan sandwiches for delivery that day.

On Monday, June 10, the River Danube reached record-high levels in Budapest before receding. However, the city escaped damage and no lives were lost. Thus, Hungary's well-orchestrated emergency-response initiative was a success, and both the Hungarian Prime Minister, His Excellency Viktor Orbán and the Mayor of Budapest, the Honorable István Tarlós, expressed relief and gratitude. That Monday and the following day, we prepared more plant-based meals for the tired workers. A total of 200 portions of warm food and 200 sandwiches were delivered to Érd and Kisapostag on Monday and 200 servings of goulash and bread were distributed in Budapest on Tuesday.

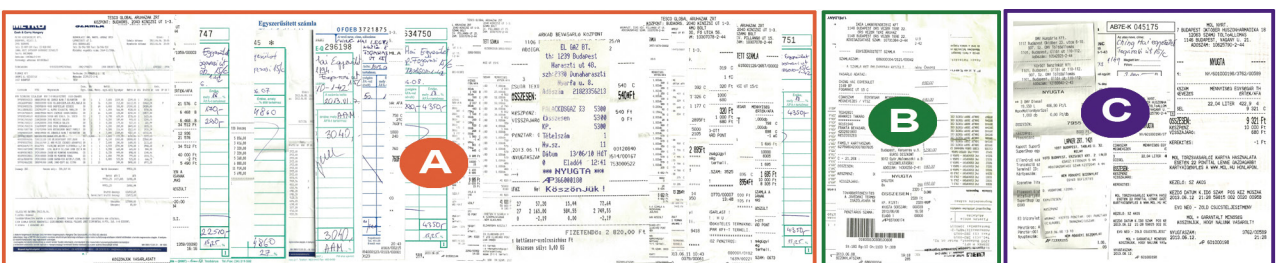
Our relief team was grateful for the efficient system established by Hungary's flood-relief taskforce. The National Directorate for Disaster Management and the Red Cross were the main organizations coordinating the relief effort. Throughout the effort, we maintained contact with the Red Cross. Where it was possible, we delivered the supplies directly; otherwise, we gave them to the Red Cross, which distributed them on our behalf. And although we had limited volunteers, this well-managed system allowed us to reach many people.



Supreme Master Ching Hai has always been deeply concerned about the well-being of vulnerable individuals around the globe. We are grateful to be able to assist Her in this effort. We pray that more people worldwide will soon adopt the compassionate, vegan lifestyle so that such events as this will be averted in the future. 🌸

Expenditures by Supreme Master Ching Hai and Her International Association for Flood Relief Work in Hungary

Description	Amount (EUR)	Receipt
Vegan food, snacks and warm meals for the workers	2,400	A
Supplies (rubber boots, raincoats, work gloves and blankets) for the workers	2,450	B
Travel expenses for our relief team	195	C
Total	EUR 5,045 (US\$6,557)	





Loving Support for the Flood-Affected Individuals in Austria

By Austria News Group (Originally in German)

In late May and early June 2013, torrential rainfall struck Austria, where flood warnings had been broadcast in advance. Thus, immediate aid was provided to those in need. Austrian Radio and TV stations aired nonstop calls for contributions under the title, “Instant help for Austria.” The government provided relief funds and supplies, which initially came in the form of “first relief packages” for all those affected by the flood. The Red Cross, in cooperation with relief organizations; the Team for Austria (volunteers trained on the spot); and the military and fire brigades distributed the packages. These groups also helped push back the floodwaters and clean up after the flooding had receded.



Upon learning of the flooding, Supreme Master Ching Hai lovingly contributed a relief fund of EUR 10,000 and requested our local Association members to help those affected. After receiving the funds, a team of our Association members from the Vienna Center gathered information on the situation and contacted local relief organizations.



Fortunately, thanks to help from the relief organizations and people in rural communes and parishes, we were able to assist families who needed help, particularly in the most severely affected areas.

In the region called Kössen in Tyrolia, 300 families had been hit very hard. In this area, the municipality, fire brigades, social groups and the local church cooperated in distributing relief funds. Thus, we provided these local relief groups with 53 vouchers worth approximately EUR 50 each for the purchase of daily necessities. We also distributed brochures on the benefits of the vegan diet.



In the area known as Eferdinger Becken, the villages of Alkoven, Goldwörth and Puppung were seriously damaged by the flooding. The citizens of Alkoven and Goldwörth had established a special committee to distribute relief funds received from the government, but in Goldwörth, 90 families were still in need. We thus provided 90 vouchers worth EUR 20 each to help purchase living essentials, and also offered materials on the vegan diet.

In the village of Alkoven we distributed 150 vouchers worth EUR 10 each for necessary supplies at the request of local officials. In addition, we found more people in the village in need of financial help, including an elderly woman who was distressed because she had lost all her belongings. We gave her EUR 300. Altogether we came across eight villagers who needed help and offered them a total of EUR 800 and information on the benefits of the vegan diet.

In the village of Puppung we gave a total of EUR 1,250 to 13 people whose homes had suffered serious damage and who were in need of help.

One of our Austrian Association members went to Wachau. Most of the villages there already had good flood protection, but some were severely affected by the floodwaters. Together with his



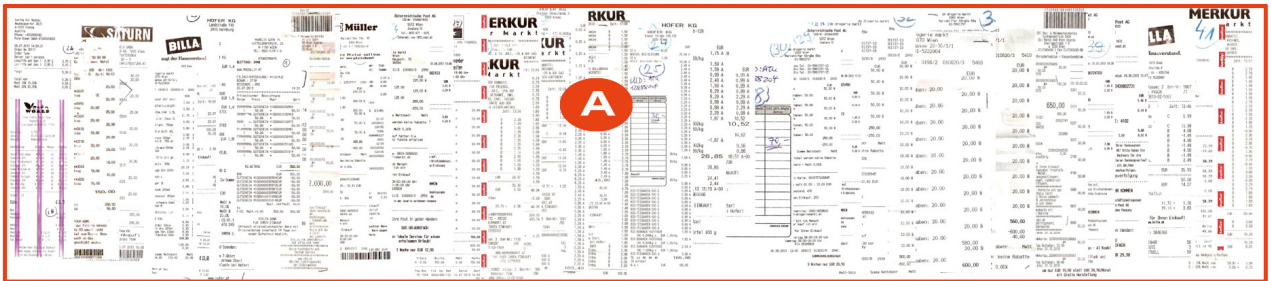
family, our Association member distributed organic vegan food and eco-friendly cleaning and washing products worth EUR 700 to 14 residents in the area. In addition, information about Supreme Master Ching Hai’s charity work and the positive effects of the vegan lifestyle was distributed. The recipients were receptive and deeply grateful for the help.

The lower Austrian town of Hainburg was also severely affected by the flooding. People there were distraught as they had just experienced severe flooding only a few years earlier. Based on the people’s needs, we supplied vegan food, cleaning utensils, daily necessities, and money vouchers worth EUR 1,400 to 12 residents.

We tried our best to spend the funds Master provided as efficiently and effectively as possible, taking care to reach those families who were truly in need and as many people as possible. In promoting Master’s message we discussed the connection between meat production, meat consumption and climate change, and presented information on the benefits of the vegan diet with those we encountered. 🌸

Expenditures by Supreme Master Ching Hai for Flood Relief Work in Austria

Description	Amount (EUR)	Receipt
Vouchers for food and supplies	8,810.00	A
Vegan food and cleaning and repair supplies for those affected and postal expenses	1,286.60	
Total	EUR 10,096.60 (US\$13,135.33)	



Humanity Shines in Serbian Flood Relief

By Hungarian Relief Team (Originally in Hungarian)

In mid-May 2014, the heaviest rainfall in 120 years inundated Serbia and Bosnia and Herzegovina, leading to severe flooding and landslides, isolating communities and burying houses. In Serbia, there were 51 lives lost and 32,000 people had to be evacuated. Several major cities in the country were completely flooded, leaving over 300,000 households without power and thousands of infrastructure facilities and roads destroyed. Serbian Prime Minister, His Excellency Aleksandar Vučić, described the flooding as “the worst natural catastrophe that has ever hit Serbia.”

Soon after receiving Supreme Master Ching Hai’s US\$10,000 relief fund and Her loving instruction to help the affected people, our Association members in Hungary contributed EUR 1,945 (US\$2,656)



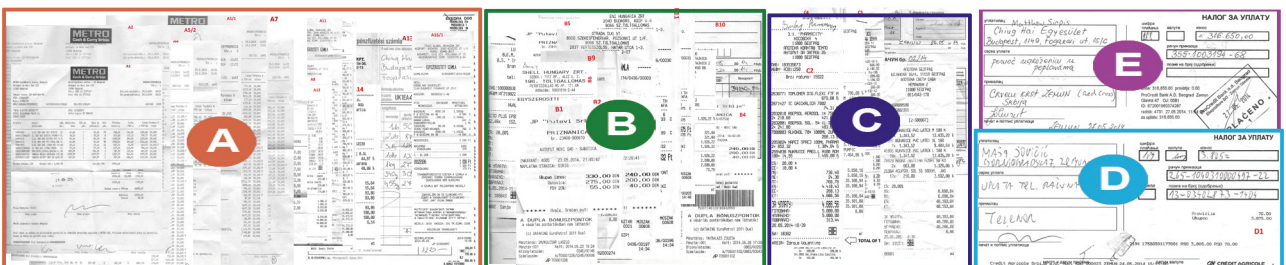
more to the fund and formed a relief team. From May 23 to 27, our team traveled to Serbia and visited several sports stadiums and arenas where the evacuated individuals were staying. At the largest arena in Belgrade that was sheltering 800 people, we made vegan sandwiches and delivered required items including drinks, fruits, vegetables, veggie protein, polenta and snacks. Urgently needed supplies such as dust masks, latex hygienic gloves, slippers, undergarments, socks, plates, towels, snacks and drinks were also delivered to four more stadiums in the city. Furthermore, baby clothes and supplies were given to several families and the remaining US\$3,726 was contributed to the Red Cross.



Witnessing countless volunteers dedicatedly working at the stadiums for days with positive and happy spirits, our relief team members were touched by the saintly quality that Serbians demonstrated in the time of calamity. A Red Cross volunteer commented that the disaster brought out goodness from the people.

Expenditures by Supreme Master Ching Hai and Her International Association for Flood Relief Work in Serbia

Description	Amount (RSD)	Receipt
Emergency items (dust masks, latex gloves, slippers, underwear, socks, plates, towels, hand sanitizer, and baby clothes and supplies) and food (juice, fruits, vegetables, veggie protein, polenta and snacks)	615,053	A, C
Monetary contribution to the Red Cross	316,650	E
Travel and other miscellaneous expenses	143,927	B, D
Total	RSD 1,075,630 (US\$12,656)	



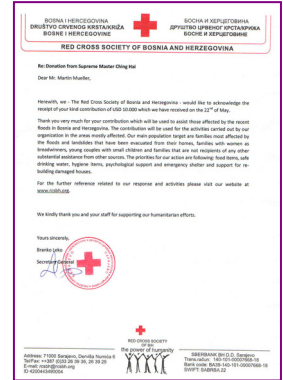
Loving Support for Red Cross Society of Bosnia and Herzegovina for Flood Relief Efforts

By News Team (Originally in English)

In May 2014, torrential rains swept through Serbia and Bosnia and Herzegovina, leading to historic flooding that claimed at least 76 lives by July. In Bosnia and Herzegovina, approximately 1.5 million people were affected, with over a million left with no access to water as floods and landslides severely damaged or destroyed 25,000 homes.

Upon hearing of the calamity, Supreme Master Ching Hai immediately contributed US\$10,000, which was given to the Red Cross Society of Bosnia and Herzegovina. After receiving the funds, the Red Cross sent a thank-you letter, explaining that the contribution was going toward their efforts to assist the most-affected people, including families who were evacuated from their homes or were supported by women, young couples with small children, and those who had not yet received substantial aid. The aid would help provide these families with food, safe drinking water, hygiene supplies, psychological support, emergency shelter, and support for the reconstruction of damaged homes.

Our appreciation, Red Cross Society of Bosnia and Herzegovina, for your noble relief efforts, as we also send our gratitude to Supreme Master Ching Hai for Her loving care of our brethren in times of need. We pray for the resilience and smooth recuperation of all disaster-afflicted people in Serbia and Bosnia and Herzegovina. 🌸



Letter of appreciation and receipt from the Red Cross Society of Bosnia and Herzegovina for Supreme Master Ching Hai's contribution of US\$10,000

Providing Relief After Flash Flooding In Italy

By France Relief Team (Originally in Italian)

On October 10, 2014, Genoa, Italy experienced severe flash flooding due to continuous torrential rain that lasted for two days, which took at least one life and left thick layers of mud and silt in the streets. Later in the evening, as soon as receiving Master's loving message to aid the affected people, a team of our Association members from France traveled to Genoa. We brought money envelopes to distribute to those in need and loaded the van we drove with food, drinks and cleaning supplies. The financial assistance and all relief items were purchased with EUR 3,279 of Master's relief fund.

We arrived at Genoa the next morning despite the storm. After learning of the situation from local people, we immediately headed to the most severely hit areas such as the city center and near the main train station, Brignole. All day, we went street by street, visiting house by house to offer supplies and monetary assistance. The next two days, we continued our search for people in need. Overall we distributed food

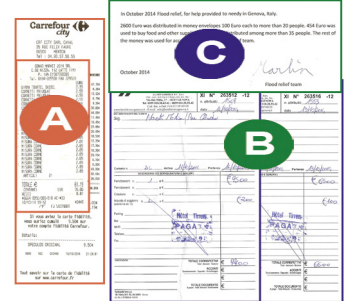


and supplies worth approximately EUR 500 and 26 money envelopes with EUR 100 in each.

Our deep gratitude for Master’s loving care and generosity. We send our heartfelt prayers to those who lost a loved one, and all those recovering from the flooding. 🌸

Expenditures by Supreme Master Ching Hai for the Flood Relief Work in Genoa, Italy

Description	Amount (EUR)	Receipt
Food (bread, jam, juice and biscuits) and supplies (household cleaners, sponges and soap, etc.)	516	A
Cash contributions	2,600	B
Lodging for the relief team	163	C
Total	EUR 3,279 (US\$4,143)	



Loving Assistance to Those Affected by Flooding in Deggendorf, Germany

By Munich, Germany Relief Team (Originally in German)

Heavy rains caused extreme flooding across much of Central Europe in early June 2013, with the greatest damage occurring in the southern and eastern German states, the Czech Republic and Austria. In Germany, eight people lost their lives and tens of thousands were evacuated.

Along the Danube and Elbe Rivers in Bavaria and eastern Germany, the flood waters reached levels higher than those experienced during the Central European floods of 2002, which were described as once in a century type of flooding. At the confluence of the Danube, Inn and Ilz Rivers in Passau, the highest water levels since 1501 were recorded.

A dike burst on the Danube River, completely submerging the Bavarian town of Deggendorf. Water levels rose as high as eight meters, reaching the second floors of many buildings.

To help relieve the devastating situation, Supreme Master Ching Hai quickly provided EUR 10,000 and asked our local Association members to assist those affected by the flooding. Contributing another

EUR 8,600, our Association members in Munich

formed a relief team and traveled to Deggendorf on June 9 and June 23. Our Munich relief team visited 10 families who did not have insurance for their heavily damaged homes.

All the families welcomed our team members with open arms and some people shed tears as they were deeply touched by Master’s compassion and generosity.

The families were each given EUR 1,000, as well as vegan food, various

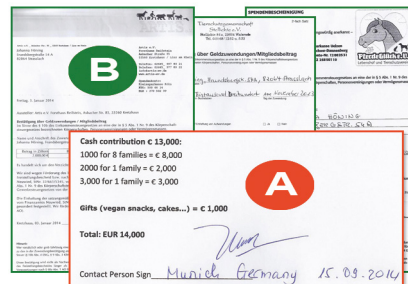


vegan brochures and information about Master’s teachings. A gardener who lost his business to the flood was given EUR 2,000, and an elderly woman whose husband is confined to a wheelchair was given EUR 3,000. The remaining EUR 4,600 was contributed to three shelters in Berlin assisting those affected by the floods.

Our team expressed deep gratitude Master for Her guidance and support during the relief effort to help the kind families affected by the flooding in Deggendorf. 🌸

Expenditures by Supreme Master Ching Hai and Her International Association for Flood Relief Work in Deggendorf, Germany

Description	Amount (EUR)	Receipt
Cash assistance to the affected families in Deggendorf	13,000	A
Cash assistance to three shelters in Berlin (EUR 2,000 to Artis, EUR 1,300 to Pferdeglück e.V. and EUR 1,300 to Tierschutzgemeinschaft Stellichte e.V.)	4,600	B
Other expenses (vegan snacks and books)	1,000	A
Total	EUR 18,600 (US\$24,198)	



Master’s Love Shared with Animal Friends Flooded in Poland

By Poland News Team (Originally in Polish)



Friends of Animals statuette in gratitude to Supreme Master Ching Hai from Viva!



Presentation of Friends of Animals statuette for Supreme Master Ching Hai



Gala for Korabiewice Shelter

In June 2013 as a result of heavy rains and rivers overflowing, vast areas of Poland were flooded. Fortunately, firefighters were quickly called into action to help prevent inhabited areas from being inundated and to assist the affected communities.

As soon as learning that two no-kill animal shelters, Przystań Ocalenie in Tychy and Korabiewice Shelter, located 70 kilometers south of Warsaw, suffered severe damages, Supreme Master Ching Hai graciously contributed EUR 5,000 to each.

Przystań Ocalenie shelter, a safe haven for many horses, cows, donkeys, sheep, goats, cats and dogs, used the funds for renovation. The staff wrote in the thank-you letter to Master, “There are no words that can express our gratitude for your great generosity shown to the beautiful animals.”

The Korabiewice Shelter used the funds



Chairman of Przystań Ocalenie and our Association member



Przystań Ocalenie



Thank-you letter to Supreme Master Ching Hai from Przystań Ocalenie

to buy a tractor for help with work at their facility. At a gala for Korabiewice Shelter, Master was honored with a Friends of Animals statuette given by Vegetarians' International Voice for Animals (Viva!), a United Kingdom-based animal rights group. The award was given in gratitude for Master's loving concern for animals and Her generous contribution to the Korabiewice Shelter.

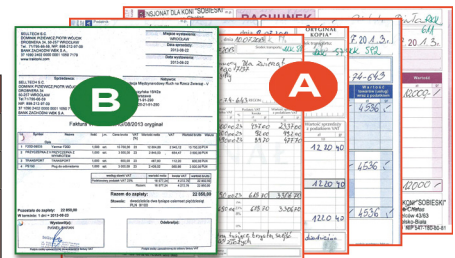
May Heaven bless all of our animal co-inhabitants with safe, happy and peaceful lives. 🌸



Korabiewice Shelter inundated by floodwaters

Expenditures by Supreme Master Ching Hai for Flood Relief Work in Poland

Description	Amount (EUR)	Receipt
Cash contribution to Przystań Ocalenie shelter	5,000	A
Cash contribution to Korabiewice Shelter	5,000	B
Total	EUR 10,000 (US\$13,010)	



Sharing Gifts of Love in Southern France Following Severe Flooding

By France Relief Team (Originally in French)

At the end of September 2014, torrential rains caused severe flooding in the south of France, forcing more than 4,000 people to seek emergency shelters. The coastal city of Montpellier was affected by the overflow of the Lez River. About 60 towns in the region were declared natural disaster sites.

Heeding Supreme Master Ching Hai's loving advice to help those in need, our Association members from southern France formed two teams and visited the most affected areas from October 3 to 6. Relief supplies were purchased and cash assistance was distributed for a total of EUR 2,906 from Master's relief fund.

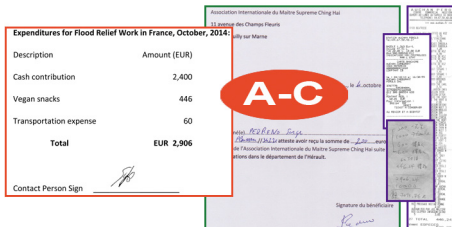
Members of one of our teams stayed in Montpellier and the nearby towns. We met the local citizens, inquired about their situation and shared with them gift packages containing vegan snacks such as chocolate, cookies and tea as well as Master's publications. Fortunately no one suffered heavy material loss.

Our second team drove to the west of Montpellier, where a dozen of towns and villages were severely damaged by the rains. In Puilacher, we gave a man who has worked 40 years as a volunteer in Lourdes EUR 200 along with a bag of gifts. In Saint-Pargoire, one of the most affected villages, we gave a total of EUR 2,200 to four needy families through the assistance of a municipal official. We also shared a gift bag with the municipal staff and the mayor.

Our team members were extremely grateful for Master's guidance and the relief fund She graciously provided to help our brethren in southern France during this urgent time. 🌸

Expenditures by Supreme Master Ching Hai for Flood Relief Work in France

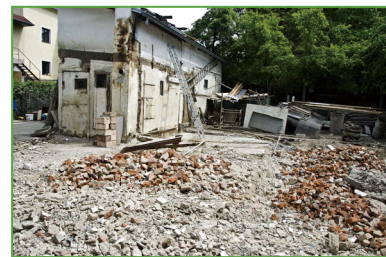
Description	Amount (EUR)	Receipt
Cash contributions	2,400	A-C
Vegan snacks	446	
Transportation expenses	60	
Total	EUR 2,906 (US\$3,637)	



Sending Humanitarian Help to Flood-Affected Individuals in the Czech Republic

By Czech Republic Relief Team (Originally in Czech)

Historic Central European flooding in June 2013 from intensive rainfall caused extreme damage to many countries including the Czech Republic. It was reported that over 430,000 homes were affected, more than 26,000 people were evacuated, and 15 lives were lost. A state of emergency was declared by the Czech government in seven regions of the country, including the capital city Prague where parts of the city's metro lines were closed. Czech Army and firefighters were deployed in the national relief efforts.



Some of the structures were leveled to the ground.

Concerned about the well-being of the affected people, Supreme Master Ching instructed our nearby Association members to carry out relief work while offering US\$11,200 in relief funds. On June 11 our Association members from the Czech Republic visited the citizens in the area of the Labe River, in the towns of Ústí nad Labem, Děčín, Hřensko and Litoměřice. On June 13 we traveled to Prague. Both days we distributed vegan food, eco-cleansers and financial help to the most afflicted families.



Our Association members delivering relief aid



Giving relief assistance to a man whose home was affected by the flood



Our relief team was deeply moved by the families who had suffered calamities many times in the last few years, yet they held strong faith in God. Receiving cash assistance from Master, one man sang a heartwarming song in gratitude. We felt very blessed to have had the chance to help the needy on behalf of Master, and are grateful for Her guidance, inspiration and for Her unconditional love for all. 🌸

Expenditures by Supreme Master Ching Hai for Flood Relief Work in the Czech Republic

Description	Amount (CZK)	Receipt
Cash contributions, vegan food, tools and cleaning supplies	224,000	A
Total	CZK 224,000 (US\$11,200)	





Restoring Homes and Faith in the Pyrenees Mountains, Spain

By Spain Relief Team (Originally in Spanish)

In mid-June 2013, unusually warm weather in the Pyrenees Mountains in northern Spain caused rapidly melting snow and severe flooding. Hearing of the devastation, Supreme Master Ching Hai asked our Association members to provide assistance to those most affected, with relief funding available.

After roads were cleared for safe travel, on Saturday July 27 our relief team from Madrid and Malaga Centers drove to the Benasque and Aran Valleys, which are around 500 kilometers away from Madrid, to learn what could be done to help the affected people. A local official provided us with the names of seven families in Benasque Valley who had needed to relocate due to the destruction of their homes.

At the time of the flooding, the families had been living in mobile homes at a camping site. We learned that the flooding occurred so quickly that some lost most or all of their belongings.

Our relief team returned to the Benasque Valley the following weekend to bring comfort and love to the seven families who had lost their homes. We were able to locate five of the families. Our team distributed a total of EUR 3,400 in cash contributions from Master’s relief fund, with two families receiving EUR 1,200 each, and one family receiving EUR 1,000. The other two families declined help and graciously asked us to use the money to help others.

We distributed several of Master’s publications to the families, including *From Crisis to Peace – The Organic Vegan Way is the Answer*, and information on climate change. Everyone was deeply touched and wanted to know where to write to Master to send their appreciation for Her generosity. All the five families were in disbelief that Master would send help to them and were very interested learning who was helping them. A member of one of the families commented “You really came here to give us money just for nothing? I have to find out who this lady is.” Another man, whose wife was expecting a baby, was speechless. He was so impressed that he took all the literature, but could not say anything. From the other recipients, we continually heard “It’s unbelievable. Who is this lady? We have to know.”

May God bless all those who lost their homes during the flooding in northern Spain. May disasters such as these diminish as more and more choose the vegan way of life. 🌸



Expenditures by Supreme Master Ching Hai for Flood Relief in Spain

Description	Amount (EUR)	Receipts
Cash contributions to those affected by the floods	3,400	A, B, C
Total	EUR 3,400 (US\$4,513)	



Throughout the relief operation, the team members paid EUR 600 for their own transportation, food and accommodations.

Red Cross Aid Brings Relief to Bosnia and Herzegovina

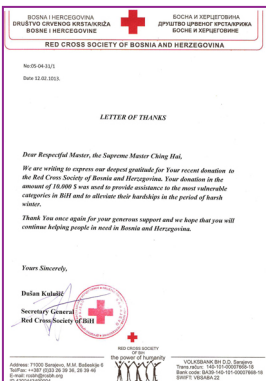
By USA News Group (Originally in English)

In January 2013, heavy snowfall and plummeting temperatures of minus 23 degrees Celsius left residents of 10 mountainous municipalities in Bosnia and Herzegovina without basic necessities. Most severely affected were the municipalities of Han Pijesak, Sokolac, Srebrenica and Kupres, as well as villages on Bjelašnica Mountain and in the Brčko District. Upon hearing of the people's plight, Supreme Master Ching Hai lovingly contributed US\$10,000 to the Red Cross of Bosnia and Herzegovina in support of relief efforts.

The funds were directed to the Red Cross to buy food and personal hygiene supplies. The Red Cross, which conducts relief efforts in the area each winter, also worked with various media to raise public awareness about the dire situation of villages that were isolated due to the extreme weather. Even though snowdrifts and rocks had cut off a number of roads, Red Cross teams braved the conditions to deliver aid packages directly to these areas or to the nearest possible locations.



The relief items traveled from regional Red Cross branches to distribute to those most in need, including elderly and bedridden individuals living alone, people with disabilities, underprivileged families with young children, single mothers, refugees and displaced persons. A total of 326 parcels were delivered: 150 food and personal hygiene packages by the Red Cross Society of the Federation of Bosnia and Herzegovina, 150 by the Red Cross of Republic of Srpska, and 26 by the Red Cross Brčko District of Bosnia and Herzegovina. The recipients were deeply grateful for the items. The despair of many changed to confidence in their recovered stability through this timely help. 🌸



Thank-you letter to Master from Red Cross Society of Bosnia and Herzegovina

Making a Difference with the Red Cross of Montenegro and the Red Cross of Serbia

By USA News Group (Originally in English)

In November 2012, upon hearing that the Red Cross of Montenegro and the Red Cross of Serbia were in need of financial support, Supreme Master Ching Hai immediately offered US\$10,000 to each charitable organization to help them meet humanitarian necessities in the region.

In a letter of appreciation, the International Relations Officer of the Red Cross of Montenegro, Ms. Natasa Uskokovic, warmly acknowledged and thanked Supreme



Receipt of contribution from Master of US\$10,000 for Red Cross of Serbia



Master Ching Hai for Her generosity, stating that the gift will make a difference in the everyday lives of those in need.

Mr. Ljubomir Miladinovic, Head of International Relations Department of the Red Cross of Serbia also communicated in writing and expressed his organization's thankfulness for the timely financial aid. In his letter, he assured that the donation will be used for the benefit of underprivileged children from needy families in the Recovery Center of the Red Cross of Serbia during the summer months from June to September. The contribution will enable the Center, which is located in the coastal town of Baošići by the Adriatic Sea, to provide medical care and more for the youths. Programs include a summer school where the children will learn First Aid and how to use a personal computer, as well as have lessons in humanity and tolerance towards one another. The young people will also get to spend time by the sea, learn how to swim, and participate in fun evening events. 🌸



Receipt of contribution from Master of US\$10,000 for Red Cross of Montenegro

OCEANIA

Offering Love and Assistance in Tasmania Following Bushfires

By Melbourne, Australia Relief Team (Originally in English)

In January and February 2013, the worst bushfires in more than 40 years struck southeastern Tasmania, severely affecting both humans and wildlife in the area and destroying more than 200 homes. To help fire-affected individuals, Supreme Master Ching Hai sent AUD 20,000 and asked our Association members in Melbourne to provide assistance to those in need. Melbourne Center contributed AUD 1,970 and our team conducted the relief effort from February to May 2013.

Upon learning in February that the Australian government had already been giving care and financial assistance to the people, our Association members contributed a total of AUD 10,000 from Master's fund to Southern Wildlife Rescue and Care, and to Bonorong Wildlife Sanctuary. Both were providing daily supplies of food and water to local wildlife. Upon receiving the much-needed funds, the staff members of both organizations were deeply touched.



Southern Wildlife Rescue and Care



Mr. Wayne White (left) of Southern Wildlife Rescue and Care receiving Master's AUD 8,000 contribution



Bonorong Wildlife Sanctuary staff receiving Master's AUD 2,000 contribution

After finding out that many people still needed drinking water due to contamination of local dams, we had bottled water delivered to the village of Dunalley, where over half of the buildings had been destroyed. We also contributed AUD 3,500 from Master's fund to the Dunalley Tasman Neighborhood House and AUD 4,000 to the Holts Mitre 10 hardware store in Sorell to help the local community acquire tools, supplies and gardening equipment.

Another AUD 1,000 was given to an Association member from Tasmania to purchase warm clothes for those in need. In addition, our Melbourne Center contributed a laptop computer to the Volunteer Fire Brigade in Tasmania along with a selection of Supreme Master Ching Hai's publications, with the hope that more people would transition to the compassionate, vegan lifestyle to reduce the number of such calamities in the future. 🌸



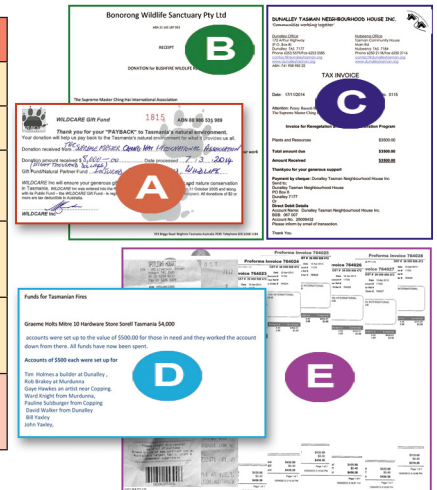
Fiona Jennings (right) receives one of Supreme Master Ching Hai's publications in recognition of her dedication to the people of Dunalley during the bushfires



Volunteer Fire Brigade in Tasmania receives a laptop and some of Supreme Master Ching Hai's publications.

Expenditures by Supreme Master Ching and Her International Association for the Fire Relief Work in Tasmania

Description	Amount (AUD)	Receipt
Cash contribution to Southern Wildlife Rescue and Care	8,000	A
Cash contribution to Bonorong Wildlife Sanctuary	2,000	B
Cash contribution to Dunalley Tasman Neighborhood House for tools, supplies and gardening equipment	3,500	C
Cash contribution to Holts Mitre 10 hardware store in Sorell for tools, supplies and gardening equipment	4,000	D
Bottled drinking water, warm clothes, petrol and miscellaneous	4,470	E
Total	AUD 21,970 (US\$21,094)	



Cyclone Ita Relief in Australia

By Brisbane, Australia Relief Team (Originally in English)

On the weekend of May 10, 2014, three of our Brisbane Association members traveled to northern Queensland to assist the local people who were still recovering from the impact of the previous month's tropical cyclone Ita. Following Master's loving instructions, our team helped to provide relief and comfort to those in need. Our Association members in Australia contributed AUD 7,290 for the relief effort with reimbursement available from Master as always.



Our Association members in Australia contributed AUD 7,290 for the relief effort with reimbursement available from Master as always.

In Cooktown, where 200 buildings were affected and 16 severely damaged or destroyed by the strong winds, we contributed AUD 3,500 from the relief fund to the community. According to the follow-up thank-you letter

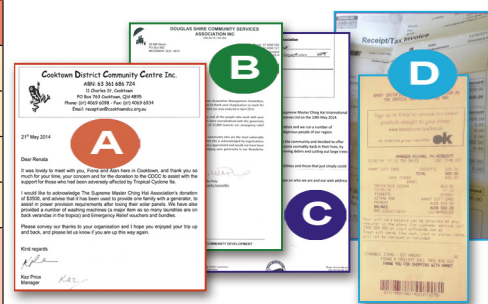


from the manager of the Cooktown Community Centre, the check was used to purchase a generator, a number of washing machines and Emergency Relief vouchers and bundles for families in need.

Financial assistance, along with Master’s publications and vegan food, was also given to various organizations and individuals. From the relief fund, we contributed AUD 750 to Yuku Baja Muliku, a local aboriginal environmental group, AUD 2,000 to the Mossman Community Centre, and an AUD 500 store voucher each to two individuals in Cairns who lost their possessions to Ita. Our relief team members were thankful to Master for Her compassionate inspiration and for the caring support from fellow Association members across Australia. 🌸

Expenditures by The Supreme Master Ching Hai International Association for Cyclone Ita Relief Work in Australia

Description	Amount (AUD)	Receipt
Cash contribution to Cooktown Community Centre	3,500	A
Cash contribution to Mossman Community Centre	2,000	B
Cash contribution to Yuku Baja Muliku	750	C
Store vouchers for individuals in need	1,000	D
Total	AUD 7,250 (US\$6,785)	



Throughout the relief operation, the team members paid AUD 750 for their own travel expenses and food.

Strong Community Support in Perth, Australia Following Bushfire

By Perth, Australia News Group (Originally in English)

On the morning of January 12, 2014, a devastating bushfire broke out in Parkerville, Perth Hills, Australia, sparked by a fallen power pole. Exacerbated by an intense heatwave, the fire quickly spread to the surrounding neighborhoods such as Stoneville and Mount Helena, claiming one life, over 50 homes, and approximately 650 hectares of bush. More than a hundred firefighters from 17 brigades were needed to bring the blaze under control.

The Perth community rallied strongly to support the Hills people in need, and by January 26 over AUD 317,000 in contributions was raised. The West Australian Government also contributed AUD 1,000,000. Many items such as clothing and food were also given.



Supreme Master Ching Hai asked our local Association members to provide assistance, adding that funds were available for reimbursement. After speaking with a park ranger working in the area, our Association members from Perth and Sydney contributed AUD 5,700 (US\$5,014), along with additional clothing, to help those in need. 🌸



Photos Courtesy of the Community Newspaper Group



Expenditures by The Supreme Master Ching Hai International Association for Bushfire Relief in Perth, Australia

Description	Amount (AUD)	Receipt
Cash contribution to the Lord Mayor's Distress Relief Fund for Parkerville Fire Appeal	5,200	A,C
Cash contribution to The Salvation Army (Western Australia) Social Services	500	B
Total	AUD 5,700 (US\$5,014)	



ASIA

Bringing Comfort to Earthquake-Affected People in Indonesia

By Indonesia Relief Team (Originally in Indonesian)

On July 2, 2013, a 6.2 magnitude earthquake struck Nanggroe Aceh Darussalam Province of Sumatra Island, North West Sumatra, Indonesia. Bener Meriah and Central Aceh districts were the areas most affected by this earthquake. At least 35 people lost their lives and hundreds more sustained injuries. Three strong aftershocks triggered landslides along the Bireun-Takengon mountain range, isolating several villages. The earthquake damaged or destroyed over 15,900 houses and 600 other buildings.



Supreme Master Ching Hai, much concerned about the situation, contributed US\$10,000 for relief efforts and requested our local Association members from Indonesia to organize and send a relief team to the affected areas.

Our Association members from Indonesia organized a relief team of seven people and started to purchase the necessary items to deliver to Bener Meriah and Central Aceh. We bought tents, floor mats, medicine and sarongs. We also purchased food items such as instant noodles, rice, instant green bean drinks, instant soybean drinks, biscuits, baby food and cooking oil, all of which were vegan.

Our relief team arrived at the affected areas on July 4, 2013 and was welcomed by rescue volunteers from the Homeland Defense Volunteer Army known as Patriots; Mr. Amin, manager of the Honda motorcycle company of Bener Meriah Regency; and the team of former Bener Meriah Regent, Mr. Tagore Abu Bakar. The volunteers organized their own relief teams and provided four jeeps for



our Association members to deliver the relief aid to those in need in remote places which, due to the hilly terrain, were inaccessible by small cars.



That same day, our relief team, assisted by the search and rescue teams, went to the places that had not yet been reached by the aid teams. We started from Pante Raya, the relief center, and traveled about 1.5 hours to reach the Sere Pingen Village. There we found 40 householders whose homes were damaged or destroyed. Our team distributed the relief material that had already been packaged to each of the households, as well as Supreme Master Ching Hai's book *From Crisis to Peace - The Organic Vegan Way is the Answer*. Also distributed to the householders were vegan guideline booklets printed by our Association members in Indonesia.

Next, our team moved to the villages of Serempah and Bah, which had been devastated by landslides and were thought to be the most severely hit areas. It was reported that about 200 families in Bah and 150 more in Serempah had lost their homes, 14 people perished and six were missing.

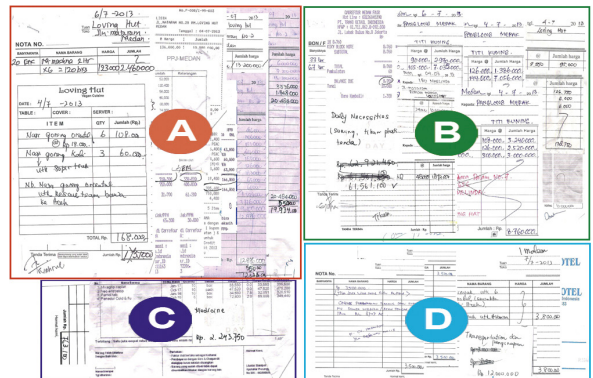
When our Association members reached the areas affected, the residents were very touched. They could not believe that aid could arrive so quickly, for their villages were very hard to reach using normal vehicles. They informed us that they were in need of more tents and food. As temperatures in these villages dropped as low as 4 degrees Celsius at night, those afflicted by the disaster were very grateful for the warm tents, sarongs and rice we brought for them. Our team also visited Kute Makmur Village, where we brought aid and Master's love to 100 more households.



We thank Master for Her love and blessings, enabling the relief work to go smoothly and efficiently, and for the opportunity to serve our brethren in their time of need. 🌸

Expenditures by Supreme Master Ching Hai and Her International Association for Earthquake Relief Efforts in Central Aceh, Indonesia.

Description	Amount (IDR)	Receipt
Food (rice, noodles, cooking oil, biscuits, instant soybean drinks and baby food)	62,994,900	A
Daily necessities (sarongs, floor mats and tents)	61,561,100	B
Medicine	2,243,750	C
Transportation and accommodations	12,000,000	D
Total	IDR 138,799,750 (US\$14,016)	



Helping Residents Displaced Due to Active Volcano in Indonesia

By Medan, Indonesia Relief Team (Originally in Indonesian)

Since September 2013, the Mount Sinabung volcano, located in Karo Regency, North Sumatra, Indonesia, has been active, at times spewing ash and searing hot gas, and sending lava and rocks down its southern slopes. The local authorities evacuated more than 30,000 people, providing shelter for them in tents, schools and public buildings. Following Master's compassionate instructions to always help those in need, with funds available upon request, our Association members from the North Sumatra capital, Medan, quickly made a plan to provide assistance and contributed IDR 29,871,295 (US\$2,500) for relief aid.



in tents, schools and public buildings. Following Master's compassionate instructions to always help those in need, with funds available upon request, our Association members from the North Sumatra capital, Medan, quickly made a plan to provide assistance and contributed IDR 29,871,295 (US\$2,500) for relief aid.

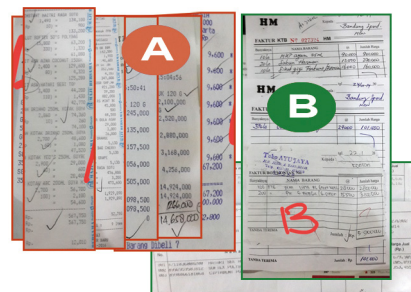
On January 26, 2014, we visited four shelters in Berastagi city where over 3,700 displaced persons were living. We delivered vegan food, drinks, blankets, sarongs, medical ointments and daily necessities.



Our heartfelt prayers and love to the many individuals and families in need following the volcanic eruptions. May Heaven bless all those affected with much comfort. 🌸

Expenditures by The Supreme Master Ching Hai International Association for Volcano Eruption Relief Work in Berastagi, North Sumatra, Indonesia

Description	Amount (IDR)	Receipt
Vegan food (instant noodles, bread, biscuits, baby porridge and candy), soybean drinks and green bean drinks	21,919,369	A
Daily necessities (sarongs, blankets, hygiene items, toothpaste, toothbrushes and medical ointment)	7,951,926	B
Total	IDR 29,871,295 (US\$2,500)	



Throughout the relief operation, the team members paid for their own transportation.

Delivering Love in Indonesia Following Jakarta Floods

By Indonesia Relief Team (Originally in Indonesian)

During January 2014, floods inundated 17.7 percent of Jakarta Province in Indonesia, with water levels in some places reaching up to five meters. Some 10,000 homes were flooded with 64,000 individuals displaced, an estimated 134,662 people in 100 urban villages directly affected, and at



least 12 lives lost. Following Supreme Master Ching Hai's loving request to help those affected by the disaster, with funding available, our Association members from Jakarta Center contributed US\$4,640 (IDR 56,355,850), which included 728 packages of cooked vegan food.



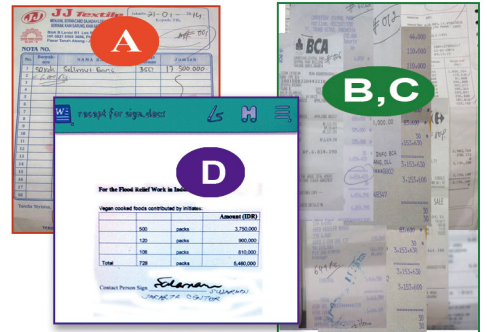
Our Jakarta Center relief team quickly coordinated with local chapters of Red Cross Indonesia to determine which areas were in the greatest need of help. On January 22, our team purchased two truckloads of relief items including 1,000 blankets, vegan baby food, snacks and prepared meals.

With assistance from the Red Cross, we distributed supplies to approximately 500 families at two displacement centers in the East Jakarta area. In the days afterward, we distributed more supplies, with the help of the Red Cross, to five displacement centers and 2,500 families in the West Jakarta area.

We pray that the people of Jakarta have recovered fully and are able to resume normal activities. Our deep gratitude to Master for Her infinite love and compassion. 

Expenditures by The Supreme Master Ching Hai International Association for the Flood Relief Work in Indonesia

Description	Amount (IDR)	Receipt
1,000 blankets	17,500,000	A
1,647 packages of vegan baby food	15,327,343	B
9,462 packages of vegan biscuits	18,068,507	B, C
728 packages of prepared vegan food	5,460,000	D
Total	IDR 56,355,850 (US\$4,640)	



Syrian Children in Crisis

By USA News Group (Originally in English)

Since Syria's civil war began in March 2011, humanitarian needs have reached critical levels, with reports of over 136,000 fatalities. More than five million children urgently require relief, with a million who have fled the country terrified and desperate for refuge. Both within and outside their homeland, the children are facing trauma, suffering and death as the vast majority lack basic humanitarian aid.

Feeling the pain and hearing the prayers of Syria's children, our beloved Supreme Master Ching Hai contributed an initial US\$200,000 to the United States-based Save the Children, an organization

working to help children in need around the world. The amount, sent in December of 2012, was designated for the group's Syrian Children in Crisis Fund. In September 2013, as the devastating emergency continued, Master contributed an additional US\$20,000 to further their noble efforts.

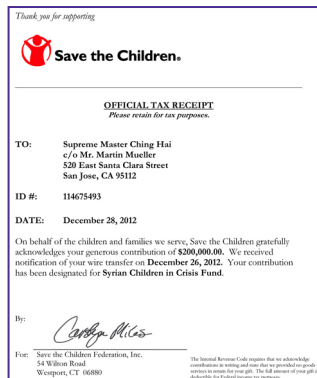
We are grateful for organizations such as Save the Children that are bringing direct assistance to Syria's young people. Their teams are on the ground helping to keep children safe, providing basic necessities such as food and blankets, and offering programs to help them cope with the tragedy and pain of war.

Following Master's first contribution, Renee Monroe, a senior director for Save the Children, visited our Association members to express her sincere thanks and appreciation to Supreme Master Ching Hai for Her contribution. In addition to the tremendous work that Save the Children is doing around the world, Ms. Monroe also expressed that she had decided to become vegan so as to avoid inflicting any more harm or suffering.

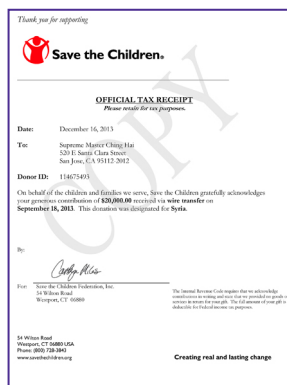
We, too, join in deep gratefulness to Supreme Master Ching Hai for Her guidance and caring example. Our heartfelt prayers for peace and understanding to our brethren in Syria, as well as to the world. 🌸



Thank-you letter from Save the Children



Receipt from Save the Children for the US\$200,000 contribution from Master



Receipt from Save the Children for the US\$20,000 contribution from Master

Master's Love Helps Bring Warmth to Syrian Refugees in East Lebanon

By Singapore News Team (Originally in English)

The severe winter storm, Alexa, swept across the Middle East affecting countries including Syria and Lebanon beginning December 10, 2013. Over the next few days, it brought freezing temperatures to thousands of refugees living in informal tented settlements throughout the Bekaa Valley in east Lebanon.

Out of deep concern for all those having to endure such dangerously frigid weather, Supreme Master Ching Hai requested our Association members to help and graciously contributed US\$20,000 for the relief effort. Our Association members from Lebanon, Syria and Singapore quickly began a humanitarian aid operation that was completed on December 27, 2013.

Master's generous support enabled our relief team to distribute 2,505 winter blankets to a total of 852 families in need throughout the central Bekaa Valley.

On December 20, 2013, our relief team set off to Zahlé, the largest city in Bekaa Valley, to assess





the situation. Just as our team was about to reach Zahlé, our Syrian Association members stopped to ask for directions at a place which was in fact a Lebanese Red Cross office. Our relief team was immediately able to arrange a meeting with the head of the Lebanese Red Cross in the Bekaa District, Mr. Walid Kayal, to gather more information. It was one of many fortunate events that occurred throughout this relief work.

According to Mr. Kayal, many non-governmental organizations (NGOs) were already helping the refugees, who were urgently in need of blankets. However, there were many individuals and families who had not registered with any humanitarian agencies and were also in immediate need of assistance.

Mr. Kayal gave our relief team his full support, providing individuals to help and also arranging transportation during the distribution, as well as sharing information regarding the locations of refugee camps and blanket manufacturers/suppliers.

The following day, our relief team members met with Mr. Joseph, the Lebanese Red Cross team leader for Zahlé. Mr. Joseph took our team to visit many of the approximately 100 camps scattered throughout the central Bekaa Valley. The conditions at all the camps seemed similar: makeshift tents made of little more than plastic sheeting nailed to wooden frames that had been built by the refugees. Some had heating in their tents and others had none. Only by checking every tent in the camps could our team members understand what each family required.

The Lebanese Red Cross was of great help as they had been assisting these refugees since they arrived two years ago, while Mr. Joseph proved to be invaluable as he knew the exact requirements of each camp.

Our team focused our relief efforts on Zahlé, where about 90 percent of the refugees were located. We spent two days sourcing the finest possible blankets to give to the refugees and purchased 2,500 of them, which were swiftly delivered to Lebanese Red Cross's warehouse in Zahlé.

The Red Cross was very happy with the contribution and Mr. Joseph commented that it was the first time that the Lebanese Red Cross had received such a high-quality type of blanket. They could keep a person warm in weather as cold as minus 10 degrees Celsius. In addition, the supplier surprised everyone with a gift of five extra blankets, making it a final total of 2,505 blankets.

Next, Mr. Joseph and his team joined our relief team at a printing shop to get relief aid coupons printed and ready for distribution. These could later be exchanged by the families for blankets.

Distribution began on December 24. Almost all of the families in the first camp had children. The blanket coupons were given to the head of the camp who allocated them among the families.

In the midst of the blanket distribution, a young boy came over to one of our Association members who was holding a photo of Master. "This is our Master," our Association member said to this boy. "She's a Buddha," replied the boy after looking at the photo, and ran off, laughing very happily. It was an amazing experience for our Association member since he had not met any Syrian boys who spoke English during this trip, nor had he heard of Buddhism being taught in Syria. This melted the hearts of other relief team members after he shared this incident with us.

Distribution continued and 336 blankets were given to 112 families located in three camps.

Our relief team and Mr. Joseph decided that our team would visit smaller camps first, particularly





those with families in acute need, or those not already being taken care of by any humanitarian aid agencies. Mr. Joseph dedicated December 25 to identify these camps and distribution continued the following day.

On December 26, 2013, a total of 575 blankets were given to 193 families in five camps. At two of these camps, children personally came out to receive their blankets from our team. We were filled with happiness seeing the joyful smiles on the faces of these lovely young people.

Distribution of the blankets continued on December 27, 2013. At sunset, 4:30pm, the temperature dropped to 7 degrees Celsius. At one of the camps, blankets were also given to an elderly man as well as two other elderly women who lived alone. That day, 12 camps were visited and 1,594 blankets were given to 547 families.

For the entire week, while our relief team was carrying out our mission, we were blessed with fine, sunny weather. Even at night, the temperatures stayed above zero. Rain came on December 28, 2013 to Bekaa Valley and continued for the next few days, with temperatures dropping below zero. In total, 20 camps and nine tents by the roadside were assisted by our relief team over three days.

Before our team departed from Lebanon, Mr. Joseph informed us that Lebanese Red Cross would be sending a report to the media about their work with many NGOs throughout the week, including the joint effort with our Association relief team. He was very thankful for the timely delivery of blankets before the next winter storm approached.

Our team was grateful to Mr. Joseph for his help, his commitment, his love for his work, and for being a volunteer who has served selflessly for 22 years with the Red Cross. Also our team was very thankful to Mr. Walid Kayal, head of the Lebanese Red Cross in the Bekaa District, and to all individuals who helped during this relief effort. Our deepest gratitude to Supreme Master Ching Hai for allowing us to share in sending Her heartfelt concern and love to the Syrian refugees in east Lebanon. We continue to pray for all displaced people around the world. May Heaven bless them with much warmth during this cold season and with a quick return to their homes and normal lives. 🌸



Expenditures by Supreme Master Ching Hai for Winter Relief Aid to Refugees in Lebanon

Description	Amount (USD)	Receipt
Blankets	20,000	A
Total	US\$20,000	



The relief team paid for their own accommodations, food and transportation, which totaled approximately US\$2,100.



Food, Medicine and Love Shared with Syrian Refugees in Egypt

By Korea News Group (Originally in English)

Upon hearing of the plight of Syrian refugees, Supreme Master Ching Hai asked our Association members to please provide much needed relief aid, with funds available for reimbursement. In December 2012, our Association members from Tunisia and Korea brought food and medicine to 150 Syrian refugee families living in Egypt. A contribution of US\$2,650 from our Association members from Korea was used to purchase the emergency supplies.

We learned about what relief items were needed from an Egyptian government official who was caring for the Syrian refugees in the region. Acting on the official’s advice, we purchased oil and rice, which we then packed and delivered to the refugees’ camp. With the help of a local friend we also delivered medicine to 100 families with sick children in another camp.

On reaching the first camp, our team members witnessed families living in unfavorable conditions in mostly cold, unfurnished apartments. We were informed that residents were awaiting the delivery of household necessities such as mattresses, refrigerators and washing machines, for which government officials had already applied.

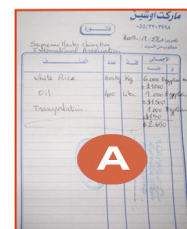
The team learned that most of the refugees had fled Syria to protect their children and nearly all wished to return. Some of the children were orphans living in the care of relatives.

On receiving the provisions, the families were extremely happy and touched, and some even wept as they invited our team members to drink tea with them. In turn, we showed them a picture of Supreme Master Ching Hai while explaining the work of our Association and the benefits of the vegan diet. The refugees then expressed their deepest gratitude and love to Supreme Master Ching Hai and said that knowing they had friends from around the world who cared for them helped ease their sadness and loneliness. The refugees also noted that Syrian food is almost always vegetarian and many said they would happily follow a vegan diet.

The Syrian families were uplifted and thankful and kept repeating, “Al Hamdullellah, Al Hamdullellah,” which in Arabic means, “Thank Allah. Thank Allah. We are really very grateful to Allah.” Our team members also felt elevated and were grateful for the chance to experience the beauty, nobility and touching humility of the Syrian refugees. 🌸

Expenditures by The Supreme Master Ching Hai International Association for Syrian Refugee Relief Work in Egypt

Description	Amount (USD)	Receipt
White rice, cooking oil and transportation	2,650	A
Total	US\$2,650	



Bringing Relief in India After Cyclone Phailin

By Taichung, Formosa News Team (Originally in Chinese)

On the evening of October 12, 2013, Cyclone Phailin, the strongest cyclone to hit India in over a decade, reached the states of Odisha and Andhra Pradesh. Over one million people were evacuated for safety.

The devastating cyclone caused hundreds of millions of dollars in damage to the infrastructure and took the lives of 44 people. Deeply concerned about all those affected, Supreme Master Ching Hai contributed US\$10,000 and requested our Association members provide assistance.

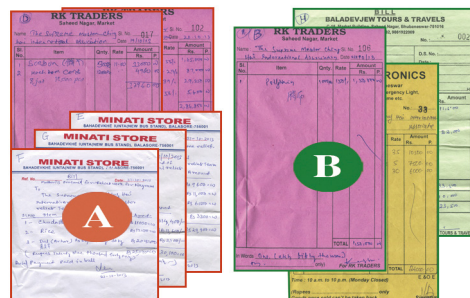
Our Association members from Taichung, Formosa arrived in the hardest hit state of Odisha within a few days, and divided into two teams. One team visited 12 affected villages and distributed relief supplies to 1,663 households. Another team went to four villages in a different area of the state and provided 1,610 servings of warm food to the displaced citizens. The team continued on to four more villages in Balasore District and distributed relief supplies and warm food to 550 affected households.

In total, about 3,000 food packs and 6,000 warm meals were distributed during the relief work due to the compassionate heart of Supreme Master Ching Hai. 🌸



Expenditures by Supreme Master Ching Hai and Her International Association for Cyclone Phailin Relief Work in India

Description	Amount (INR)	Receipt
Indian staple food (saltna, chuda, soya badi, Arha dal and rice), sugar, sunflower oil, sandwich cookies and candy	440,890	A
Supplies (plastic sheets, flashlights and batteries) and car rental	197,500	B
Total	INR 638,390 (US\$10,364)	



Throughout the relief operation, the team members paid for their own transportation, food and accommodations.



Master's Blessings Reach Earthquake-Affected Individuals in the Philippines

By the Philippines Relief Team (Originally in Chinese)

A powerful earthquake of 7.2 magnitude struck central Philippines on October 15, 2013, claiming 222 lives. The provinces of Bohol and Cebu were the most severely affected. Over 73,000 homes were damaged or destroyed, along with numerous historical landmarks, and nearly 72,000 families were forced to seek refuge in nearby shelters.

Upon hearing this sad news, Supreme Master Ching Hai contributed US\$10,000 to assist relief work and instructed our Association members from the Philippines to render immediate aid in the area.



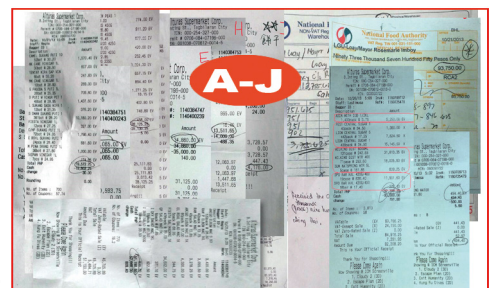
After arriving at Cebu Island on October 20, our Association members immediately took the ferryboat to the severely affected Bohol Island where Carmen and Loon, two of the worst hit cities, were located. Due to the destruction of roads and bridges, only boats and helicopters were able to deliver aid. Upon learning that approximately 700 households in the city of Loay on Bohol Island were also in need of supplies, especially food and drinking water, we purchased 700 portions of daily necessities with Master's fund.

With the assistance of the Loay Mayor, the Honorable Ms. Rosemarie Lim Imboy, our relief team managed to pack and deliver the supplies to the distribution center. Although it started to rain heavily on that day, each villager showed great joy and gratitude upon receiving Master's overflowing of blessings and love. 🌸

Expenditures by Supreme Master Ching Hai for Earthquake Relief Work in the Philippines

Description	Amount (PHP)	Receipt
Food (spaghetti, rice noodles, rice, cookies, canned peas and garbanzo beans, vinegar, soy sauce, cooking oil, sugar, salt and drinking water) and soap	429,240.20	A-J
Total	PHP 429,240.20 (US\$9,970.74)	

The relief team paid for their own travel and lodging expenses, totaling US\$689.



God's Love Shines on the Philippines: Relief Work After Super Typhoon Haiyan

By the Philippines, Formosa and Indonesia Relief Teams
(Originally in English and Chinese)

On November 8, 2013, Super Typhoon Haiyan swept across the Philippines at wind speeds of 295 kilometers per hour with wind gusts reaching 360 kilometer per hour. It raised waves five meters high, leveling coastal villages as far as one kilometer inland. According to government officials, more than 16 million people were affected, almost four million were displaced, and 6,300 lost their lives.

On receiving the news, Supreme Master Ching Hai immediately contributed US\$20,000 and conveyed Her deepest condolences and concerns. She requested that a relief team use the funds to help those affected. Our Association members from around the world also contributed over US\$100,000.

Relief teams of our Association members visited the afflicted areas four times.

First Relief Work: November 12 to 22, 2013

Our Formosan Association members flew to the disaster area via Manila where we met Association members from the Philippines and Indonesia. We traveled to Leyte Province to reach Ormoc City, which was left devastated, with no water and electricity. It lacked supplies and international aid had not yet arrived. With the help of local municipal employees and a local Chinese man, Mr. Lai, we used a portion of the money from Master as well as US\$6,000 from our Association members' contribution to purchase rice. We delivered three kilograms of rice to each of the 1,200 affected households on nearby Malapascua Island, and gave rice to 9,024 affected households in Ormoc City.

The work in Ormoc was one of the most daunting challenges ever faced by our relief teams. Thankfully, with Heaven's blessing, we were able to accomplish our tasks, helping to provide comfort to those affected. Approximately PHP 1,130,050 (US\$26,000) was spent on the relief work.



Villagers receiving rice



75 bags of rice were shipped to the nearby Malapascua Island

Second Relief Work: November 25 to December 3, 2013

On November 25, our Formosan Association members flew into Manila and formed a relief team with our Philippine and Aulacese Association members. We traveled to Carles City, which suffered



severe damage from the typhoon.

The Mayor of Carles, the Honorable Arnold A. Betita, advised us to go to the most severely damaged islands. We chartered a boat so that we could visit the area and understand the residents' needs. The islanders explained that their houses toppled over after the typhoon swept through. They also lacked food supplies and cooking utensils, and only had coconuts to eat.

Our relief team purchased rice, daily necessities and food in Iloilo City and transported these to the port in Carles City for distribution. With the help of the Carles City Hall staff, we distributed five kilograms of rice each to 3,000 affected households.



With the help of the villagers, rice was repacked into smaller bags.



On December 1, we went to Sara. There were 2,753 households in the city and surrounding areas affected by the typhoon. We purchased rice and also bought plastic sheets to be placed temporarily on homes that had lost their roofs. For the second relief effort a total of PHP 1,949,551 (US\$44,817) was spent, which benefited 9,372 typhoon victims.



Coconut trees stand bare after Typhoon Haiyan

Third Relief Work: December 10, 2013 - December 16, 2013

On the evening of December 10, another group of our Formosan Association members flew to Manila to meet with our local Association members for the third relief effort. Typhoon Haiyan had swept across and inflicted severe damage on several cities of Southern Masbate Province.



Our relief team went to the disaster relief centers in each of the four cities to understand the situation and needs of the people. We distributed 2,100 packs of relief supplies in each city. With the help of the Governor of Masbate, Her Excellency Rizalina "Dayan" L. Seachon-Lanete, we purchased rice from the National Food Authority (NFA), along with other necessities such as sugar, canned snow peas and soap. The typhoon victims enthusiastically helped to arrange the relief supplies into 8,400



What a brilliant smile!



packages. The total value of these supplies was about PHP 1,161,266 (US\$26,696).

On December 16, our relief team went to villages of the four affected cities to distribute the supplies, greeted by young islanders who sang Christmas carols to welcome us. We thank Heaven for Master’s abundant love and blessing, which gave the residents a comforting and heartwarming Christmas.

Fourth Relief Work: December 26, 2013 to January 10, 2014



The coastal areas of Manila were also affected by Typhoon Haiyan. On December 26, six of our Association members from Formosa and the Philippines went there to evaluate the situation. After the raging typhoon, life became extremely difficult for the residents. Our relief team purchased rice, soy sauce, oil, vinegar, soap, blankets and towels the next day and distributed them to 1,200 households in four villages along the Manila coast.



On January 4, 2014, we flew to Kalibo City in Aklan Province and distributed 5,000 packs of relief supplies to 16 typhoon-affected villages.

On January 6, our team visited the Mayor of Kalibo, the Honorable William S. Lachica. As we were the first group to arrive in the disaster area, Mayor Lachica actively assisted us in purchasing rice. We then distributed 5,000 packs of relief supplies to 16 villages. Each household received three kilograms of rice,

soy sauce, oil, vinegar, soap, a blanket and a towel. Approximately PHP 1,049,894 (US\$24,135) was spent for this relief work.

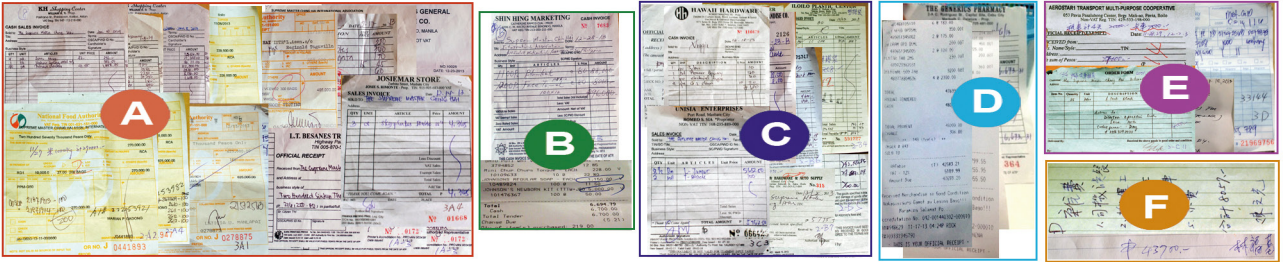
Many other relief organizations from other countries joined in during our work, and relief supplies from other groups also began arriving. People from around the world, irrespective of race and color, worked together comforting those affected by the typhoon and helping them to start a new life and rebuild their homes. 🌸



Expenditures by Supreme Master Ching Hai and Her International Association for Typhoon Haiyan Relief Work in the Philippines

Description	Amount (PHP)	Receipt
Food (rice, cooking oil, vinegar, soy sauce, fruits, cookies and sugar) and soap	4,638,588	A
Household items (blankets, towels and baby supplies)	102,695	B
Packaging materials (plastic bags, ropes and hardware), plastic sheets and tin sheets	312,155	C
Medicine	103,422	D
Transportation	82,144	E
Miscellaneous expenses (meal allowance, packing fee, transportation, taxi and tips)	51,757	F
Total	PHP 5,290,761 (US\$121,626)	

The relief teams paid for their own accommodations, food and transportation, which totaled US\$8,636.



Providing Relief and Comfort after Typhoon Utor in the Philippines

By Formosa Relief Team (Originally in Chinese)

On August 12, 2013, Typhoon Utor, the strongest of the season, made a catastrophic landfall over the northern Philippine island of Luzon, leaving extensive damage to homes, infrastructure and agriculture. It is reported that at least 11 people lost their lives and almost 400,000 were affected.

Supreme Master Ching Hai contributed US\$20,000 and asked our Association members to provide aid for the affected individuals and convey Her deepest condolences and love. Our Association members from Taipei, Formosa formed a relief team and contributed an additional US\$606 to further the relief efforts.

Upon our relief team's arrival in Manila on August 17, we learned that the damaged area was very large, including the provinces in northern Luzon Island. Based on the information we received, we chose to focus our relief efforts on Masinloc City in Zambales Province.

We left at 4am the next day and drove to Masinloc City, where we met with the City Social Welfare and Development Office (CSWD) to learn more about the situation. Representatives at the CSWD informed us that 13 villages with 4,200 households were in urgent need of supplies. According to CSWD, the people had sufficient rice, but they were in desperate need of warm items such as blankets. We then took a car to visit the inundated villages and saw that most of the fields were flooded. We decided to give each household two blankets, one mat and two bars of soap, and returned to Manila to purchase them. Because of the heavy rains and flooding in Manila from the newly formed Tropical Storm Trami, we were delayed for our return trip to Masinloc City until the afternoon of August 20.

On August 21, we visited three of the most severely damaged villages: Santa Rita, Tapuac, and Collat, in Masinloc City. We gave out relief packages to 2,403 households. Due to the heavy and frequent rainfall, we gave the rest of the supplies to CSWD who would distribute them when the rain became less intense.



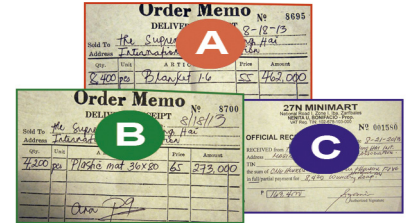


With the help from CSWD, we gave out a total 8,400 warm blankets, 4,200 mats and soap to 4,200 households in Masinloc City in the Province of Zambales.

The temperature at night was cold because of the rain, so the blankets brought warmth to the people. When they showed happiness and joy upon receiving the supplies, we felt God’s love comforted their hearts and that God cared about all the affected people. 🌸

Expenditures by Supreme Master Ching Hai and Her International Association for Typhoon Utor Relief Work in the Philippines

Description	Amount (PHP)	Receipt
8,400 blankets	462,000	A
4,200 mats	273,000	B
Soap	163,400	C
Total	PHP 898,400 (US\$ 20,606)	



Throughout the relief operation, team members paid for their own travel expenses.

Rays of Love Reach People in Russia Stricken by Flood

By Chinese News Team (Originally in Chinese)

From mid-August to September 2013, according to official reports, Russia’s Far East was hit by the worst flooding in 120 years as unusually heavy rainfall swept the Amur River. Over 20,000 people were evacuated as the river swelled to record highs, bursting its banks and inundating homes and roads. With Her heartfelt prayers, Supreme Master Ching Hai requested our nearby Association members to please go help, adding that funds would be available for reimbursement.



As the Amur River water levels continued to rise in some areas, our Association’s relief team from Heilongjiang Province in northeast China contributed RUB 199,111 (US\$6,058) for the relief work and quickly went to the severely affected city of Khabarovsk. The Russian government had already organized relief efforts and arranged for daily distribution of water and food, as well as providing meals for the displaced people taking refuge at a shelter.

On the second day after our arrival, carrying Master’s abundant love and with the assistance from the Khabarovsk Red Cross, we went to a local supermarket to purchase the most urgently needed items such as winter shoes, towels, buckets and other daily necessities. We then delivered them to a designated shelter. The purchased items were soon distributed to the people in need. On our third day, we purchased bed covers, bed sheets, pillowcases, laundry detergent and hygiene products. In addition, we also bought three television sets and DVDs for children to watch. By the order of the Russian government, all the relief items were transported free of charge.

In the shelter, we visited the dormitory and asked several senior citizens and those with disabilities



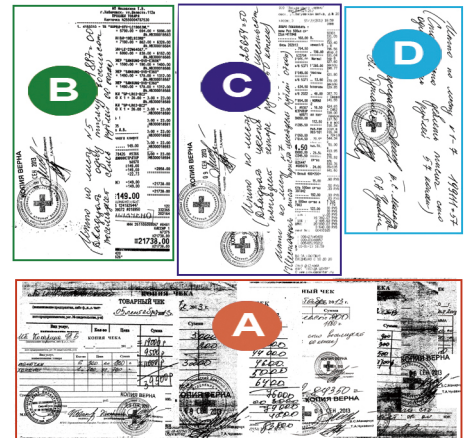
about their needs. An elderly woman told us that her clothes were worn out and she did not bring any other clothes, so we went to the market and bought a new outfit for her. Additionally, we purchased undergarments, thermal pants, trousers, shoes and winter hats that were requested by others at the shelter. The recipients were very appreciative of the items.

On the afternoon of September 8, we learned that the peak of the flood was over and that the water level in Khabarovsk was receding. However, the city of Komsomolsk-on-Amur requested relief aid because people were still in desperate need of rice, noodles and other food items. On the morning of September 9, the Vice Chairman of the Red Cross took us to the food wholesale warehouse, which was also part of the flooded area. We bought 200 packages of food, each containing rice, flour, sugar, salt, canned red beans and oatmeal. Together with other goods, they were transported to Komsomolsk-on-Amur by train.

In total, the relief work lasted seven days. We thank Master for giving us this opportunity to help others in their time of need. Although none of us had any previous experience in disaster relief, it all went so smoothly. We are very grateful to God for arranging everything while teaching us valuable lessons. We pray all those recovering from the flooding can feel the love and comfort of Heaven, and for their quick return to normal life. 🌸

Expenditures by The Supreme Master Ching Hai International Association for Flood Relief Work in Khabarovsk, Russia

Description	Amount (RUB)	Receipt
200 bags of food (each including 2 kilograms of rice, 2 kilograms of sugar, flour, tea, salt, canned red beans and oatmeal), shoes, hats, pants, pajamas, undergarments and clothes for children	134,210.00	A
3 TVs, 3 DVD players and 6 DVD animated movies	21,887.00	B
Kitchen supplies (water pots, tea sets, coffee sets, cooking pots, dish washing cloths and dish washing detergent) and daily necessities (irons, buckets, towels, bath towels, laundry detergent, hygiene items and bed sheets and covers)	43,014.57	C
Total	RUB 199,111.57 (US\$6,058)	D



The relief team members paid for their own expenses.

Bringing Love and Relief to Flood-Affected People in Cambodia

By Singapore Relief Team (Originally in English)

In September and October 2013, heavy rains caused flooding along the Mekong River. The flooding affected many of Cambodia’s provinces, and led to widespread damage and the loss of 188 lives.

Upon learning of the disaster, Supreme Master Ching Hai requested that our Association members in the region render aid to those affected and sent US\$10,000 for the efforts.

In response, a team of our Association members from Singapore flew to Cambodia in early October 2013. After arriving in the capital city of Phnom Penh, our relief team traveled to the eastern Cambodian province of Kampong Cham to assess the situation.

On a boat ride around the area, our team members observed approximately 1,200 families living in makeshift shelters where they were also protecting cows, chickens, dogs and other animal friends. Our team then interviewed villagers to determine their most urgent needs, and provided them with daily necessities including rice, cooking oil, canned and dry vegan food and canvas covers.

Our relief team then returned to Phnom Penh to conduct more research, and learned that the northwestern part of Cambodia was the country's most severely affected region. The next day, our team set off for Siem Reap, a province in northwestern Cambodia known as the gateway to Angkor Wat, the world's largest religious monument. The journey took 12 hours instead of the usual six due to constant rain and the many flooded areas along the way.

All our team members were grateful for Supreme Master Ching Hai's blessing when we met a local guide in Siem Reap who was familiar with the roads in northwestern Cambodia. He helped us search for people in urgent need of aid.

While driving through Battambang, the water level was so high on a road leading to the village of Pursat that water rushed quickly into our team's vehicle and the engine stalled, leaving us unable to move. Then one local resident helped pull the vehicle out of the water, and another towed it to an auto repair shop right in front of the United Nations Children's Fund (UNICEF) office whose members were engaged in disaster relief work.

Our relief team members next spoke with the local UNICEF leader, Mr. Khieng Sochivy, who helped narrow the search area, explaining that nine out of 13 districts in Battambang had been affected by the flooding. In one of these districts, our team found many villages with damaged crops, destroyed homes and temporary shelters along the roadsides. Many people had been left homeless and jobless.

Thus, our team members quickly purchased over 16 metric tons of rice and 1,635 bottles of soy sauce along with candy for the village children. Many people from the village helped repack the rice into smaller 10-kilogram packets.



In total, supplies were distributed to 7,625 people from 1,635 families in Battambang. The district head, village leaders and villagers were happy and grateful to receive the supplies, cheering and clapping loudly when our team shared that the gifts came from Supreme Master Ching Hai. The children were especially happy to receive the candy. Everyone present smiled, put their hands together and bowed when receiving the much-needed items.

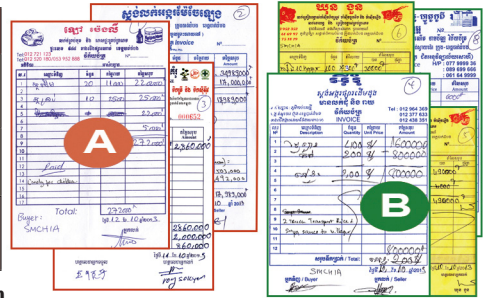
Miraculously, we had an extra 70 packets of rice remaining, which were given to volunteer workers, truck drivers, police officers, and people from nearby villages who were present during the distribution event.

Our Association members who participated in the Cambodian relief effort wish to sincerely thank Supreme Master Ching Hai for giving us the priceless opportunity to help others in need. 🌸



Expenditures by Supreme Master Ching Hai for Flood Relief Work in Cambodia

Description	Amount (KHR)	Receipt
Food (rice and soy sauce), candy for children and labor fee for packing rice	38,624,000	A
Miscellaneous expenses (truck rental, bags and printing coupons)	2,216,000	B
Total	KHR 40,840,000 (US\$10,000)	



Throughout the relief operation, the relief team members paid for their own transportation, board and lodging, which totaled approximately US\$1,928.

Bringing Love to Japan Following Typhoon Wipha

By Tokyo, Japan Relief Team (Originally in Japanese)

On October 16, 2013, Typhoon Wipha, the eighth typhoon of 2013 and the 26th named tropical cyclone of the year, swept through Japan, with Izu Oshima Island being the hardest hit area.

Landslides triggered by heavy rainfall damaged 392 homes and buildings, of which 136 were destroyed. Thirty-six people lost their lives while three went missing.

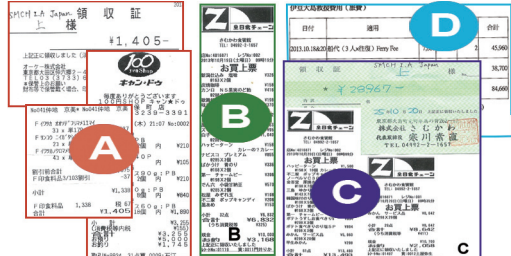
Expressing Her deep sympathy, Supreme Master Ching Hai requested our Association members to help those affected and noted that financial assistance would be available as needed. Our Association members in Japan contributed JPY 118,287 (US\$1,209) and formed a relief team from Tokyo to provide aid. We traveled to Izu Oshima on October 18 and 19 and distributed approximately 70 loving gift bags to those affected. The bags included *The Key of Immediate Enlightenment Sample Booklet*, *Loving the Silent Tears* CDs, vegan recipes, face masks, cookies and candy. Then on October 20, as strong winds and rain came to the area, our team purchased more supplies and delivered oranges, cookies and other items to a shelter housing 500 people.

On the island, the local self-defense force, police and firefighters continued working to rescue survivors and restore the area while volunteers helped to remove sediment and mud. Initially, our team was unable to find a car to rent in the area, but through Master's love and blessing, some kindhearted people provided rides, thus enabling us to quickly complete our relief efforts.



Expenditures by The Supreme Master Ching Hai International Association for Typhoon Wipha Relief Work in Izu Oshima, Japan

Description	Amount (JPY)	Receipt
Shopping bags, dried fruit and crackers	4,660	A
Carrier bags, oranges, candy and snacks	6,832	B
Oranges, candy and snacks	22,135	C
Travel and lodging expenses	84,660	D
Total	JPY 118,287 (US\$1,209)	



Giving Spiritual Support to Those Distressed by Mount Ontake Eruption in Japan

By Tokyo, Japan Relief Team (Originally in Japanese)

On September 27, 2014, the sudden eruption of Mount Ontake, a volcano located about 200 kilometers west of Tokyo, Japan, claimed 57 lives, injured 69 individuals, and left six people missing on the volcano. As soon as receiving Master's loving instruction to help the suffering, our Association members from Tokyo Center contacted the local Emergency Headquarters and learned that the relatives of the missing were staying in the Kiso Town Central Public Hall.

Although no material aid was required, mental and spiritual support was needed in such a difficult time. Therefore, with JPY 36,889 (US\$341) contributed by our Association members, we purchased a variety of gifts including vegan snacks, candy, dried fruits and juices. We also prepared copies of *The Key of Immediate Enlightenment Sample Booklet*, *Be Vegan, Make Peace* DVDs and other publications.

Four members of our relief team drove approximately 230 kilometers and delivered all items to the Emergency Headquarters of Kiso Town Office and the Otaki Village Office on October 5.

Our sincere prayers for all those injured and for those who lost loved ones or have friends or family missing. May Heaven continue to bless you and fill your hearts with comfort. 🌸



Relief team arriving at Kiso Town



Delivering relief supplies to Emergency Headquarters of Kiso Town



Road closure sign on the way to eruption site in Otaki Village



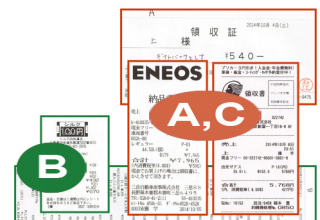
Delivering relief supplies to Otaki Village Office



Gift package items for those affected by the volcano

Expenditures by The Supreme Master Ching Hai International Association for Mount Ontake Eruption Relief Work in Japan

Description	Amount (JPY)	Receipt
Food (vegan snacks, candy, dried fruits and drinks)	14,116	B
Gift bags and transportation expenses	22,773	A, C
Total	JPY 36,889 (US\$341)	





Bringing Relief Aid to Âu Lạc

By Âu Lạc News Team (Originally in Aulacese)

From September to October 2013, Typhoons Usagi, Nari and Wutip raged through East Asia causing widespread flooding in many countries. In Âu Lạc, the storms claimed over 50 lives and damaged or destroyed thousands of hectares of crop fields and countless homes. Very concerned upon hearing of the conditions, Supreme Master Ching Hai contributed US\$10,000 and requested that our Association members in Âu Lạc assist those in need. The destruction was widespread, so our Association members separated into three teams to cover affected areas in northern, central and southern Âu Lạc.

A Touch of Kindness for Northern Âu Lạc

(From September 26 through September 28, 2013)

In northern Âu Lạc, the prolonged flooding had a devastating impact on villages in the Lào Cai and Yên Bái Provinces. Many houses were damaged, roads were rendered impassable by heavy mud, and flood-related crop failures affected local food supplies.

With US\$2,857 of the funds lovingly provided by Supreme Master Ching Hai and US\$3,104 from our Association members, our northern relief team purchased 100 mosquito nets, 100 blankets, six boxes of rice cakes and 100 bags of candy, which were distributed to elderly individuals and others in need of assistance.

On the evening of September 27, our team departed early for the Lào Cai Province to ensure that the supplies would be distributed before noon. Upon arriving, we distributed Master's gifts of love to many villagers who had already gathered in anticipation. The recipients repeatedly expressed their thanks to Master for Her compassionate heart.

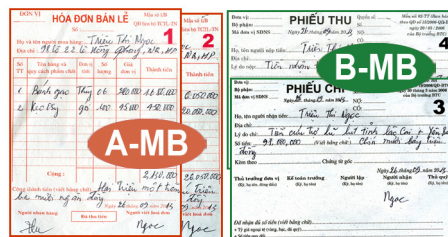
On September 28, our team traveled to the Yên Bình and Văn Yên Districts in the Yên Bái Province where lives had been lost and property destroyed. Cash, mosquito nets, cakes and rice were distributed to the villagers whose lives had been worsened by the intense flooding. Upon receiving the gifts, the people were deeply touched. They repeatedly thanked Master and wished Her good health as She continues Her charitable work.

Our northern Âu Lạc team members are deeply grateful to Master for providing us with the chance to bring Her abundant love and kindness to our fellow citizens.



Expenditures by Supreme Master Ching Hai and Her International Association for Flood Relief Work in Northern Âu Lạc

Description	Amount (VND)	Receipt
Rice cakes, candy, clothes, blankets and mosquito nets	28,180,000	A-MB
Cash gifts	97,000,000	B-MB
Total	VND 125,180,000 (US\$5,961)	



Throughout the relief activities the team members paid for their own expenses.

Loving Relief for Central Âu Lạc

(From September 26 through October 6, 2013)

Residents of Central Âu Lạc were affected the most from the typhoons, especially those in Quảng Bình, Đắk Lắk and Đắk Nông Provinces. After receiving the request from our beloved Supreme Master Ching Hai to assist those in need, our Association members from Central Âu Lạc quickly formed relief teams to travel to these areas.

Relief Work in Quảng Bình Province

For part of the year, the residents in the mountain village of Thượng Hóa, Quảng Bình Province receive government assistance and rely on the crops they grow to sustain them through the remaining months. On September 17, the flooding from Super Typhoon Usagi submerged 53 homes and a one-kilometer stretch of road leading into the village. One hundred ninety households were isolated from the outside world. A small boat was the only means of accessing the area.

On September 26, we drove through heavy rainfall from Huế to Thượng Hóa with 190 relief packages. Each contained five kilograms of rice, 20 bags of vegan instant noodles, one-half liter of cooking oil and one-half kilogram of sugar. When we arrived, the villagers tearfully accepted the supplies, revealed that they had been running out of food and said that this aid would help them survive in the coming days.

In early October, after learning that Typhoon Nari had made landfall in the Quảng Bình Province, our central Association members purchased more relief supplies for the affected people with Supreme Master Ching Hai’s caring contribution of US\$3,333, and US\$5,695 contributed from our Âu Lạc Association members.

On October 4, our central Âu Lạc relief team went on to the village of Kim Thủy in the Lệ Thủy District near the border of Âu Lạc and Laos, where one person had perished, one house had collapsed and roofs were blown off 130 homes. Most of the residents there are ethnic Vân Kiều, who had many family members travel 70 kilometers through thick forests to reach the village. Our team arrived at 9:30 AM to a warm welcome from the district’s National Front Committee and people from the Kim Thủy. We then distributed 200 gift packages, each containing 10 kilograms of rice, one blanket and a mosquito net. While watching the recipients’ faces light up with joy, we were deeply thankful to Heaven for helping us conduct the relief work.

Departing from Huế on October 6, we drove seven hours to reach the village of Quảng Tùng, where the situation was bleak. Eight days had passed since the storm, leaving torn roofs on homes and schools in need of repair. There was no power as electrical poles were lying on the ground. After being welcomed by the residents and leaders of Quảng Tùng, we distributed 200 packages, each with 10 kilograms of rice, one box of vegan instant noodles, one liter of cooking oil and one kilogram of sugar. Our relief team was moved by the joyful faces and kind words of appreciation from the villagers.

Disaster Relief in the Provinces of Đắk Lắk, Đắk Nông, Central Highlands

Super Typhoon Usagi caused havoc in the provinces of Đắk Lắk and Đắk Nông, so we divided into three teams to reach the hardest hit areas.

Our first team went to the villages of Cur KBang and Ia Jloi in Ea Súp District, Đắk Lắk Province near the Cambodian border. These villages are often hit by natural disasters, making life in the area challenging. Super Typhoon Usagi



caused flooding that severely damaged properties and crops in Cur KBang Village, where 98 houses were submerged, six people perished and two were declared missing. In the village of Ia Jloi, 96 families lost their homes. Many houses had their roofs blown off and many others were under water for days.



Our second team went to the district of Ea H'leo in Đắk Lắk Province, which was also heavily flooded. Many homes were damaged by water and four were completely washed away.

Our third team visited households of those heavily affected by Usagi in Nam Dong Village, Đắk Nông Province.



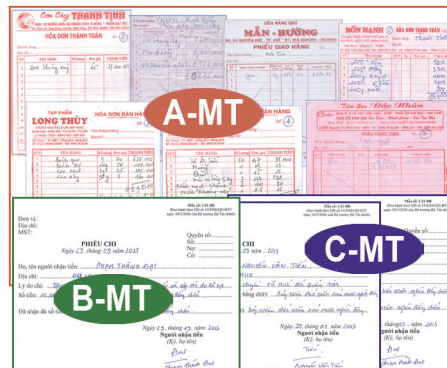
On September 29, we delivered 200 gift packages, each containing 10 kilograms of rice, 30 bags of vegan instant noodles, one kilogram of sugar, one liter of cooking oil, one-half liter of soy sauce and one kilogram of salt, to these worst-affected areas in the provinces of Đắk Lắk and Đắk Nông. We also provided a total of US\$571 from the relief fund for the families with damaged homes or those with members who had gone missing or passed away. We also brought more than two tons of clothing, along with a large supply of cookies and candy to share with the children and senior citizens.

When we arrived, we were touched to find that the local people and government officials had been waiting to greet us. With enthusiastic help from the officials, we distributed the gifts, filled with Supreme Master Ching Hai's love to the people.

We are deeply grateful to Master for conveying Her care and concern to people undergoing hardship. May humankind quickly realize God's boundless love and switch to a vegan lifestyle so that all will be blessed with peace and Heavenly love.

Expenditures by Supreme Master Ching Hai and Her International Association for Typhoon Relief Work in Central Âu Lạc

Description	Amount (VND)	Receipt
Rice, cooking oil, salt, sugar, soy sauce, vegan noodles, seasoning, candy, cookies and clothes	156,890,000	A-MT
Cash gifts to support families with deceased members and collapsed houses	12,000,000	B-MT
Transportation costs and other expenses	20,710,000	C-MT
Total	VND 189,600,000 (US\$9,028)	



Throughout the relief work, the team members paid for their own expenses.

Timely Aid for the Provinces of Sóc Trăng and Kiên Giang in the Mekong Delta in Southern Âu Lạc

(From September 27 to September 30 of 2013)

In September 2013, a tornado caused by Super Typhoon Usagi ravaged the provinces of Sóc Trăng and Kiên Giang in the Mekong Delta. Deeply concerned upon hearing of this tragedy, Supreme Master Ching Hai contributed US\$3,810 to aid those affected.

A relief team of our local Association members quickly prepared gifts of love to distribute to the people in their time of need.

On September 27, our team went to the hamlets of Tân Phú, Tân Lợi, Tân Lập and Phú Hội in Tân Thành Village and delivered gift packages to the most severely affected households in the area. Each package contained 20 kilograms of rice and an envelope with US\$38 enclosed.

In addition, our team distributed packages with 20 kilograms of rice and an envelope with US\$14 to other affected families.

On the morning of September 30, our team traveled by motorbike from the city of Sóc Trăng to the district of Phú Lộc. Relief items were then loaded onto a boat and transported to the Ngã Năm District.

In the Ngã Năm District, our team visited several communities including Mỹ Hòa, Long Bình and the hamlets of Mỹ Phước and Mỹ Tân in the Mỹ Bình District to distribute gift packages of love. The gift packages included 10 kilograms of rice, one box of vegan noodles, one liter of cooking oil, dried food and two envelopes containing US\$24 each for the two households that had suffered the most as well as five envelopes with US\$10 each for five other affected families.

In the districts of Phú Lộc, Mỹ Tú, Ngã Tư and Sông Đĩnh, and the city of Sóc Trăng, our team also delivered an additional 76 gift packages, which included 10 kilograms of rice, one box of vegan noodles, one liter of cooking oil, dried food and 37 envelopes with US\$24 each and 39 envelopes of US\$10 each for senior citizens living alone under challenging conditions. In the city of Sóc Trăng,





our team prepared 10 extra bags with five kilograms of rice for distribution to senior citizens and poor children.

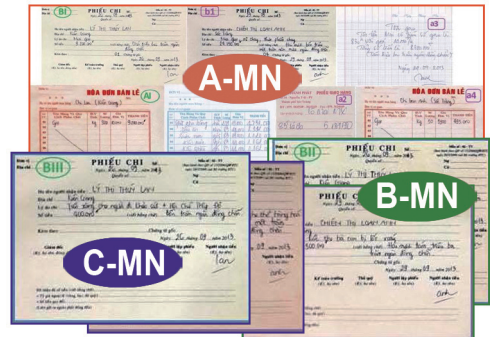
The people were deeply touched and grateful to Supreme Master China Hai for Her concern.

We sincerely thank Supreme Master Ching Hai for giving us the opportunity to share Her boundless love with the people of southern

Âu Lạc. May all those affected be blessed with much love and comfort. 🌸

Expenditures by Supreme Master Ching Hai for Tornado Relief Work in Southern Âu Lạc

Description	Amount (VND)	Receipt
Rice, vegan noodles, cooking oil and dried food	33,350,000	A-MN
Cash gifts to support families with roofs blown off and collapsed houses	45,100,000	B-MN
Transportation expenses, boat transportation expenses and other costs	1,550,000	C-MN
Total	VND 80,000,000 (US\$3,810)	



Throughout the relief activities, team members paid for their own expenses.

Timely Aid for Those Displaced by Flooding in Nepal

By Kathmandu, Nepal Relief Team (Originally in Nepali)

Due to incessant rainfall in July 2013, the flooding of the Karnali River swept away the houses and belongings of the Badi, an ethnic group in Nepal, and other communities living along the river. After being displaced from their homes, the Badi sought shelter at a local school and in a playground where they set up tents.

Concerned about those affected, Supreme Master Ching Hai requested our local Association members to please help those in need and provided US\$3,171.50 in reimbursement of our team's relief work expenditures. Our Association members from Kathmandu Center went to survey the heavily affected areas of Dailekh and Darchula and found Dailekh in the most need of help. On July 10, after a hazardous journey along narrow roads in heavy rain and thick fog, our relief team from Kathmandu Center reached the town of Dailekh, the Dailekh District headquarters. Then on the morning of July 11, our team met with the Chairman of the Dailekh Red Cross Society, Mr. Khem Raj K.C., to learn necessary information, as well as with Chief District Officer Mr. Homnath Thapaliya, to inform him of our purpose.



On the same day, we visited the affected area of lower Dhungeshwor to assess the situation and meet with the local people. We learned that 40 families from the Badi and other communities had been



displaced by the flooding, and were in urgent need of food and shelter. Then on July 12 we returned to distribute relief materials to the families. Each family received 50 kilograms of rice, five kilograms of flattened rice, five kilograms of pulses, three liters of cooking oil and three kilograms of salt.

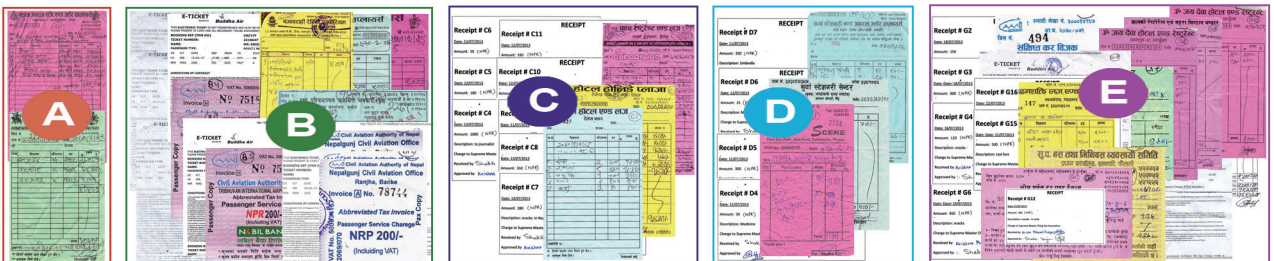
That evening, Mr. Thapaliya presented our team with a thank-you letter. We also received a letter of appreciation from the Red Cross Society of Dailekh.

Mr. Thapaliya and the Red Cross also kindly requested that we purchase 30 tents for other flood-affected people who would be coming to Dailekh seeking temporary shelter. We then bought enough tents to accommodate 30 families and sent them to the Red Cross District Office of Dailekh through their staff.

The recipients were all deeply grateful to Supreme Master Ching Hai for helping them during their time of need. 🌸

Expenditures by Supreme Master Ching Hai for Flood Relief Work in Nepal

Description	Amount (NPR)	Receipt
Relief materials	212,292	A
Transportation	58,070	B
Lodging and food	8,970	C
Miscellaneous items	2,652	D
Relief survey work in Darchula	20,885	E
Total	NPR 302,869 (US\$3,171.50)	



Helping Those Most Vulnerable After Landslides in Afghanistan

By Afghanistan Relief Team (Originally in Dari)

On May 2, 2014, two consecutive catastrophic landslides occurred in the Argo District of Afghanistan's remote Badakhshan Province, causing more than 2,100 people from 300 families to lose their lives, and another 4,000 to be displaced.

Profoundly concerned about the situation, Supreme Master Ching Hai requested that our Association members in Afghanistan assist those affected, and contributed US\$30,000 in relief funds. Our relief team then assessed the area



Women and children in Argo District during distribution of the food aid provided by Supreme Master Ching Hai



and identified 100 vulnerable families in need of basic items to survive. On May 15, our team provided each household with 25 kilograms of rice, 50 kilograms of wheat flour, 16 kilograms of cooking oil and a cylinder of propane gas using the funds provided by Supreme Master Ching Hai and US\$2,522 contributed by our local Association members. Our team also gave tents purchased with the relief fund to 70 families for temporary shelter. Through Heaven’s blessing, the distribution project was conducted smoothly.

After learning of Supreme Master Ching Hai’s humanitarian efforts and vision of world peace, one woman said, “Please convey our

sincere thanks to Supreme Master Ching Hai and let her know that the

Argo people will never forget her kind support, which reached us and our children in a time of hardship. We love you and we pray that you always remain in good health.”

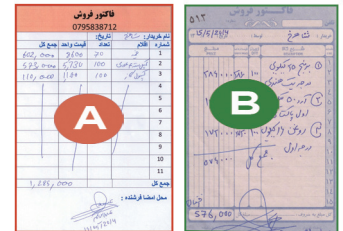
After the aid distribution effort, our relief team members felt honored and grateful for the chance to share Heaven’s love to landslide-affected families in Afghanistan. 🌸



A woman who has lost her husband in the landslide, receiving Supreme Master Ching Hai’s relief aid

Expenditures by Supreme Master Ching Hai and Her International Association for Landslide Relief Work in Afghanistan

Description	Amount (AFN)	Receipt
Tents, propane-gas cylinders, blankets and transportation expenses	1,285,500	A
Food (rice, flour and cooking oil)	578,000	B
Total	AFN 1,863,500 (US\$32,521.82)	



Bringing God’s Help in the Aftermath of Flooding in Thailand

By Thailand Relief Team (Originally in Thai)

Heavy rainfall that started at the end of August 2014 caused widespread flooding in at least 17 provinces in Thailand with six lives lost. By September 1, though water had receded in many areas, the situation in parts of Chiang Rai, Chiang Mai and Phichit remained severe.

After receiving Master’s loving instruction to help the affected people and a THB 237,454 (US\$7,420) fund, our Association members in Thailand contributed THB 8,570 (US\$268) and a relief

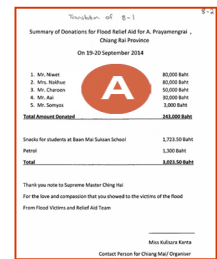
team from Chiang Mai Center immediately set out to look for the most vulnerable people. Accompanied by the local officials, our team was able to locate five households in need in Ban Mai Suksan, Tat Kwan Sub-District, Phaya Mengrai District, Chiang Rai Province on September 19. Two homes had been completely destroyed and were unlivable. Three others had been damaged, two severely enough that the families either had to relocate or use a kitchen and bathroom in a neighbor's house.

Upon receiving the much-needed funds for building or repairing their houses, the families expressed gratitude to Master for the unexpected gifts. The relief team members were also very grateful for Master's guidance. 🌸



Expenditures by Supreme Master Ching Hai and Her International Association for Flood Relief Work in Chiang Rai, Thailand

Description	Amount (THB)	Receipt
Cash contribution to five households for building or repairing houses	243,000	A
Snacks for children	1,724	
Gas for transportation	1,300	
Total	THB 246,024 (US\$7,688)	



Raising Spirits in Pakistan

By Formosa Relief Team (Originally in Chinese)

On July 3, 2013, an earthquake of 3.9 magnitude rattled Balochistan Province in southwest Pakistan, bordering Iran. It happened a few months after the 7.8 magnitude earthquake took place on April 16 when 36 lives were lost and 150 were injured. This time, although there was no reported death or injury, many people were still in desperate need of help.

Conveying Her love and prayers, Supreme Master Ching Hai contributed US\$20,000 and asked our Association members to provide aid to those most in need. On July 4, our Association members in Formosa applied for visas which were approved on July 11. The next day we flew to the country's largest city, Karachi, the capital of Sindh Province, which is adjacent to Balochistan Province in southern Pakistan. That night, after some discussion, we decided to provide rice to the most remote areas in need of relief. Although most of the stores and institutions were closed for the next few days, a local rice merchant agreed to work extra hours to grind the rice and package it.



On July 15, our relief team went to Jam Goth Village, which is about 26 kilometers from Karachi,



and delivered 250 bags of rice. Each bag contained 10 kilograms of rice. When our team arrived, people from different villages lined up to receive the food.

In the early morning of July 16, our relief team drove to one of the villages called Buhara, which is approximately 102 kilometers from Karachi, and delivered 200 bags of rice.

Next, we drove two hours to Nabi Bux Singhr Village near Garho where we mainly provided medical services. One of our team members is a doctor who brought medicine and purchased additional medicine locally. With assistance from the village chief, he treated more than 30 patients, including adults and children, in an elementary school classroom. He prescribed medicine for symptoms of ailments including colds, malnutrition, exhaustion, asthma and skin disease.

The third stop for our relief team was a village called Shah, where the affected people were widely dispersed. We requested that everyone gather in the village plaza to receive the rice. The roads in the



fields were too narrow for a big truck to get through. Therefore, we loaded the rice onto tractors and tricycles and drove on the muddy roads to reach the village plaza. At this location, we distributed 530 bags of rice, which were received with joyful smiles by the villagers.

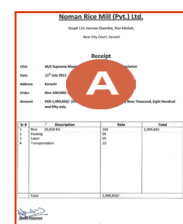
The last stop was Perozani Village, which was one hour away near Keti Bunder. When we arrived at the community center, we received a warm welcome from the villagers. The village chief has been very supportive of our Association in the past and has a picture of Supreme Master Ching Hai on the wall of his office. Our relief team gave out 101 bags of rice. Afterwards, the village chief hospitably treated us to a Pakistani vegan meal with local dishes, fruits and drinks to thank our relief team.

In summary, 1,081 households each received aid, which included a 10-kilogram bag of rice. With Heaven's blessing, the operation was completed successfully to help many of our kind Pakistani brethren in need. 🌸



Expenditures by Supreme Master Ching Hai for Earthquake Relief Work in Pakistan

Description	Amount (PKR)	Receipt
Rice (1,081 10-kilogram bags)	1,999,850	A
Total	PKR 1,999,850 (US\$19,998.50)	



The relief team members paid US\$6,000 for their own travel, lodging and other expenses.

Warmth and Love for the People of Pakistan After Widespread Flooding

By Pakistan Relief Team (Originally in Urdu)

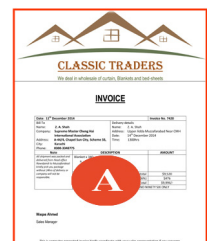
In early September 2014, torrential rainfall caused widespread flooding in several provinces in northern and western Pakistan, affecting more than 2.5 million people and resulting in the loss of 367 lives. Almost 700,000 people were evacuated, over 100,000 homes were damaged and more than 2.4 million acres of crops lost. As a result of the disaster, many of the displaced people suffered from the chilling cold weather in December. Feeling the pain of the Pakistani people, Supreme Master Ching Hai lovingly offered a US\$10,000 fund and asked our local Association members to provide relief.

Forming a relief team in Islamabad, our Association members traveled a long distance to help the most vulnerable individuals in the high altitude Haveli District of Azad Kashmir. On December 15 we distributed 340 blankets to the people in need, primarily elderly individuals, women, children and those who are disabled. We also shared literature about Master, while conveying Her message of love and peace. The recipients were extremely grateful to Master for remembering them during their difficult times. 🌸



Expenditures by Supreme Master Ching Hai for Flood Relief Work in Pakistan

Description	Amount (USD)	Receipt
Blankets	8,520	A
Miscellaneous fees (packing, loading and transportation) and taxes	1,476	
Total	US\$9,996	



The relief team members paid a total of US\$2,131 for printing booklets and for their travel expenses including air tickets, lodging, food and transportation.



Bringing Warmth to Those Afflicted by Floods in North Korea

By Formosa News Group (Originally in Chinese)

In mid-July 2013, continuous, torrential rainfall triggered flash floods and landslides across North Korea. According to the Democratic People's Republic of Korea Red Cross Society, the events claimed 33 lives and caused 18 people to go missing. An estimated 4,000 people were reported to have lost their homes and 50,000 were displaced. In addition, about 13,300 hectares of cropland were swept away, buried or submerged. Among the most severely affected provinces were North and South Pyongan, North and South Hwanghae, South Hamgyong, Kangwon and Jagang.

Upon hearing of the situation and the heartbreak of those affected, Supreme Master Ching Hai graciously contributed US\$30,000 and asked our Association members to provide timely help. Thus, employees of Loving Hut factory, Light Light Industry Limited in Formosa quickly prepared US\$29,136 (including shipping and fees) worth of emergency relief goods comprised of vegan food supplies and tents for delivery

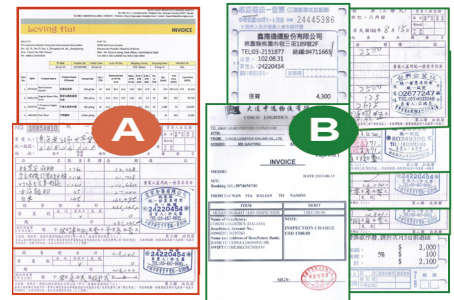
to North Korea. There the Red Cross Society of the Democratic People's Republic of Korea gratefully accepted the materials and distributed them to flood-affected residents of North Pyongan Province, the South Pyongan Provincial Orphanage, and Kaesong City Orphanage.

Our deep appreciation to Supreme Master Ching Hai for Her unconditional support, and to the hardworking Red Cross Society of the Democratic People's Republic of Korea. May the people of North Korea be filled with much comfort. 🌸



Expenditures by Supreme Master Ching Hai for Flood Relief Work in North Korea

Description	Amount (TWD)	
Tents and food (black sesame powder, organic brown rice drink, veggie shreds, plain flour, rice and crackers)	809,331	A
Other expenses (freight, transportation, storage and delivery, etc.)	58,861	B
Total	TWD 868,192 (US\$29,136)	



CHINA

Love And Support for Those Recovering From Extreme Weather Events in China

By China Relief Team (Originally in Chinese)

In August 2013, several provinces in China were affected by devastating rains and floods that caused scores of people to lose their lives; 256,000 hectares of cropland in the country’s breadbasket were damaged, leading to the worst crop disaster in decades, according to China’s Xinhua news agency. Meanwhile, Typhoon Utor was damaging infrastructure in the south, particularly in Guangdong Province. Immediately after these events, the Chinese government mobilized the military to bring rapid relief to those affected and to repair infrastructure.

Deeply concerned about the people’s well-being, Supreme Master Ching Hai sent approximately US\$21,000, and asked our Association members to use the funds to provide relief.

Jilin Province Disaster Relief

The storm that struck Lushui River Town in Fusong County, Jilin Province on August 15 was the strongest to affect the area in a hundred years, and the subsequent flooding devastated the local community.

After receiving a loving contribution of RMB 20,000 (US\$3,277) from Supreme Master Ching Hai, a relief team of our Association members set out for the town. When we arrived on August 25, we discovered that approximately 560 households and 1,650 people had been affected. Of these, about 50 households were severely damaged, 244 homes were in danger of collapsing



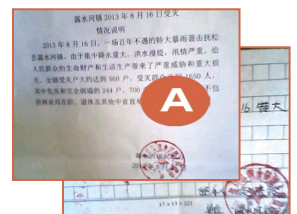
or had already collapsed, and 700 people had to be relocated.

The government already had a relief plan in place, giving the displaced residents accommodations and living expenses. After a discussion with local officials, our team members decided that the best way to render aid was to give the relief funds to the Lushui River Township Government for the purchase of daily necessities.

We sincerely thank Supreme Master Ching Hai for giving us this opportunity to bring love and support to others in need.

Expenditures by Supreme Master Ching Hai for Flood Relief Work in Jilin Province, China

Description	Amount (RMB)	Receipt
Contribution to Lushui River Township Government for purchase of daily necessities for affected residents	20,000	A
Total	RMB 20,000 (US\$3,277)	



Relief team members paid for their own travel expenses.



Liaoning Province Disaster Relief

On August 16, three counties in China's northern Liaoning Province, including 204 villages in Qinyuan County, Fushun City, were also flooded during the severe storm that affected Jilin Province. Upon hearing of the situation, Supreme Master Ching Hai contributed RMB 50,394 (US\$8,258) and asked our Association members to quickly render assistance.

Our relief team traveled to the hardest hit area, Nankouqian Township, where the majority of the homes were beyond repair, the roads had been destroyed and power had not yet been restored.

We purchased 200 buckets and approximately 1,000 undergarments. Since the people in the area's most severely damaged village had lost almost all of their possessions, we also purchased items such as cooking pots, utensils, soap, candles, toilet paper, personal hygiene items, shoes, noodles and pickled vegetables.

Then on August 23, as we traveled to temporary shelters to distribute the supplies, an unexpected detour led us to a village in Nankouqian Township where 31 out of 42 households had lost their homes and possessions to the flood. More than 170

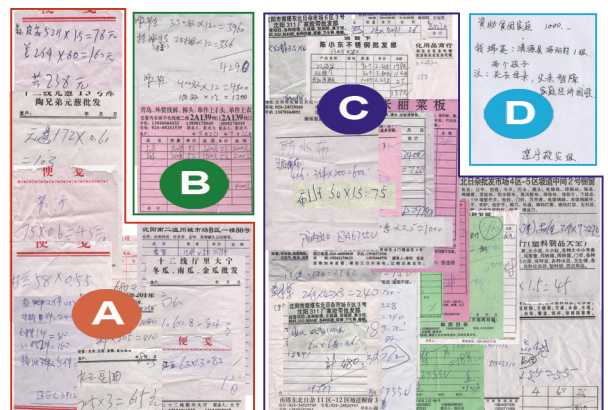
villagers were facing severe difficulties. Thus, we distributed the extra supplies we had on hand to the villagers, including undergarments, meal boxes and towels.

We are deeply grateful to Supreme Master Ching Hai for Her merciful grace in giving us the opportunity to convey God's love. We learned much and received many blessings. When conveying Her love and delivering relief items, we felt the people's happiness and gratitude and were blessed with great, loving energy.



Expenditures by Supreme Master Ching Hai for Flood Relief Work in Liaoning Province, China

Description	Amount (RMB)	Receipt
Food (cooking oil, vegetables, noodles and seasonings)	4,837	A
Clothing (trousers, shoes, underwear and gloves, etc.)	21,390	B
Utensils (cooking pots, buckets, spoons, knives, canvas and detergent, etc.)	23,167	C
Cash contribution for a disadvantaged family	1,000	D
Total	RMB 50,394 (US\$8,258)	



The relief team members paid for their own travel expenses.

Guangdong Province Disaster Relief



From August 14 to 18, 2013, Guangdong Province was affected by the powerful Typhoon Utor, experiencing strong winds and continuous, heavy rainfall. According to the Guangdong Ministry of Civil Affairs, over four million people were affected and the storm caused RMB 4.9 billion (US\$802 million) in damage.

Supreme Master Ching Hai quickly responded to news of the event by sending RMB 55,450 (US\$9,086) in relief funds and

instructing our local Association members to rush to the aid of those affected.

Our relief team then distributed rice, salt, cooking pots, gas stoves, bed covers, towels and mosquito nets, along with RMB 12,000 to the residents of Gecang Village. The recipients expressed their sincere gratitude to Supreme Master Ching Hai and wished Her great health and happiness.

On August 26, we also distributed 4,500 kilograms of rice, 300 bottles of cooking oil and 300 bags of pickles in Hanguang Town, Yingde City, which had suffered severe damage. Along with the supplies, RMB 2,300 in relief aid and RMB 3,000 in scholarship funds were given to the affected people in 13 villages.



The recipients were extremely grateful to Supreme Master Ching Hai for Her help, and wished Her a long life and great health. We also express our deepest thanks to Master for the opportunity to bring Her love and assistance to those in need. 🌸



Expenditures by Supreme Master Ching Hai for Typhoon Utor Relief Work in Guangdong Province, China

Description	Amount (RMB)	Receipt
Food (rice, cooking oil, vegetables and seasonings)	25,341	A
Utensils (cooking pots, gas stoves, towels and quilts, etc.)	11,959	B
Transportation	850	C
Cash contributions for relief and scholarship funds	17,300	D
Total	RMB55,450 (US\$9,086)	



Relief team members paid for their own travel expenses.



Relief Team Delivers Food to Those Affected by Earthquake in Tibetan Autonomous Prefectures in China

By China Relief Team (Originally in Chinese)

On August 28, 2013, Deqing and Shangri-La Counties in Dêqên Tibetan Autonomous Prefecture of Yunnan Province and Dêrong County in Garzê Tibetan Autonomous Prefecture in Sichuan Province of southwest China were shaken by a 5.1 magnitude earthquake. A second 5.8 magnitude earthquake struck the same area only a few days later on August 31, taking three lives and causing injuries to 44 people and the displacement of over 9,000. In addition, 600 residential units collapsed and 55,000 were damaged. As of September 2, 2013, about 895 aftershocks took place in Deqing and Shangri-La Counties. The direct economic loss was RMB 1.468 billion (US\$240 million).

The government began emergency relief work to provide timely aid to the affected people, sending the army to deliver supplies and repair main roads. The media also gave up-to-date coverage and encouraged people to lend a helping hand.

Saddened by the news of the earthquakes, Supreme Master Ching Hai sent a heartfelt contribution of RMB 42,517 (US\$6,961) with instructions for our local Association members to please go help. With these funds and an additional RMB 32,743 (US\$5,362) donated by our Association members, our relief team set out for Shangri-La County on September 6.

An earthquake of 4.5 magnitude on September 6 delayed our arrival in Shangri-La until midday on September 7. Thanks to the kind advice and assistance of the local Civil Affairs staff, our relief team purchased 10 tons of rice and three tons of noodles for those in need. The next morning, we rented two trucks and transported the food to the headquarters of the earthquake relief center in the seriously damaged town of Nixi, where we unloaded one truckload of rice and noodles.

The township working staff repeatedly expressed appreciation on behalf of several thousands of villagers. Since the residents in the villages of Tangman, Xinyang and Xingfu were scattered deep in the mountains and some places were not accessible, the headquarters staff pledged to arrange for the village committees to pick up the





supplies for distribution.

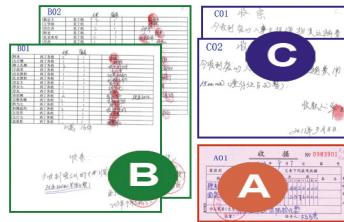
We drove the second truckload of food to Jiangdong Village, which was also severely damaged. We distributed the food to seven village groups there and gave RMB 300 each to the two most disadvantaged families. The chief of Jiangdong Village thanked us on behalf of 800 villagers from 162 households for our timely help.

Although, we did not speak the same language, the Tibetans could communicate true love without words. Wherever our relief team went, people came to us with tears in their eyes, shook our hands or hugged us, feeling reluctant to leave. The villagers raised their thumbs to show their heartfelt appreciation or put their palms together to express their thanks. We were deeply touched by the purity and friendliness of the Tibetan people.

May Heaven bless all those affected by the earthquakes in the Tibetan Autonomous Prefectures with a safe and peaceful future. 🌸

Expenditures by Supreme Master Ching Hai and Her International Association for Earthquake Relief in Tibetan Autonomous Prefectures, China

Description	Amount (RMB)	Receipt
Rice and noodles	71,960	A
Cash for financially disadvantaged families	600	B
Transportation	2,700	C
Total	RMB 75,260 (US\$12,323)	



For the relief work, our Association members paid RMB 1,000 (US\$164) for their own travel, meals and lodging.

Loving Help for Those Affected by Typhoon Usagi in Guangdong Province, China

By Guangdong Province, China Relief Team (Originally in Chinese)

On September 22, 2013, Typhoon Usagi hit southern China's Guangdong Province, taking the lives of at least 25 people, causing the displacement of 310,000 residents, the collapse of 8,490 houses and damage to 50,800 hectares of cropland. With profound concern for the victims of the storm, Master asked our Association members to assist where needed. With Master's generous contribution of US\$4,533 (RMB27,693) and US\$922 (RMB5,635) from our Association members, our relief team from Guangdong traveled to Shanwei, the hardest hit city, to help those suffering from loss and in urgent need of supplies.

Typhoon Usagi's severe damage to Shanwei included villages in the towns of Dahu and Lian'an. In addition, the local power, water and communication systems were cut off and farmland was





flooded, reducing the season’s estimated crop yield. Thus the people of Shanwei were in urgent need of rice, candles, drinking water and plastic tarps.

On September 24, our relief team from Guangdong drove to Shanwei, and together with our local Association members purchased about seven metric tons of rice, but we were only able to buy 21 packages of candles due to a shortage. The rice shop owner was deeply touched by our team’s efforts. He offered to search for more candles the next day and send all he could find to the disaster-affected areas. He was also determined to do more good deeds in the future.



On September 25, our team divided into two groups and traveled to the towns of Dahu and Lian’an to distribute the supplies to those affected, along with RMB 1,000 to several families. As we were the first volunteer group to conduct relief work in the area, the people were deeply touched and expressed their sincere gratitude, saying, “We thank Supreme Master Ching Hai very much for her help. What matters most is her loving concern. May she always be in good health and have good luck!” 🌸

Expenditures by Supreme Master Ching Hai and Her International Association for Typhoon Usagi Relief Work in Guangdong Province, China

Description	Amount (RMB)	Receipt
Candles	135	A
Rice	31,938	
Shipping fee	255	
Relief contributions	1,000	
Total	RMB 33,328 (US\$5,455)	



All transportation fees were paid by the Guangdong relief team members.

FORMOSA

Sharing Master’s Love and Concern Following Tropical Storm Kong-Rey in Formosa

By Formosa Relief Team (Originally in Chinese)

On August 29, 2013, Tropical Storm Kong-Rey struck in central and southern Formosa, bringing intense rainfall of more than 50 centimeters, leading to severe flooding and three casualties. Deeply concerned, Supreme Master Ching Hai requested our nearby Association members help those in need, adding that funds would be available for reimbursement.

Our Association members from Formosa contributed TWD 56,000 (US\$1,870) in relief aid to provide financial assistance and condolences to affected individuals and families in villages in the counties of Changhua, Nantou, Yunlin, and Chiayi. Beginning the day after the flooding, groups of our

Association Members from regions across the country commenced distributing the aid.

In Taichung City, the district office informed our relief team about the Wang family whose house had suffered storm damage, requiring them to borrow money to repair the house. When we saw the family’s distressed living conditions, we immediately distributed TWD 5,000 to the family to help them during this difficult time.

In Changhua County, we gave TWD 5,000 to each of two families whose homes were damaged by a landslide and TWD 3,000 to each of two affected households in Xigang Village, Dacheng District.

In Nantou County, we learned of Mr. Yang, an elderly farmer in Yuchi Village, who had accidentally fallen and lost his life when he was helping his neighbors clear blocked ditches in the farmland. A group of our Association members from Nantou brought TWD 10,000 to Mr. Yang’s family, along with a selection of Supreme Master Ching Hai’s publications, to express our condolences.

Our Association members also brought TWD 10,000 each to the families of Ms. Yan, a 50-year-old woman in Dapi Village, Yunlin County, and Mr. Wu, a 63-year-old farmer in Yongkuang Village, Chiayi County, both of whom lost their lives during the tragedy. We also presented the families with some of Supreme Master Ching Hai’s publications including DVDs and books.

Separately, a 92-year-old woman, who lives in Wanpei Village, Liouchiao District, Chiayi County, with her granddaughter, found their home covered in sludge after the flood water receded. When we arrived, we learned that local social workers and volunteers had already been there and helped clean up. The grandmother and granddaughter were distraught over the flooding. We immediately gave them TWD 5,000 and some vegan cookbooks to help get them through the tough times.

A total sum of TWD 56,000 (US\$1,870) was distributed. We sincerely pray that with Master’s blessing and many others’ support and best wishes, our fellow citizens will soon be able to resume their normal, happy lives. 🌸



Expenditures by The Supreme Master Ching Hai International Association for Tropical Storm Kong-Rey Relief Work in Formosa

Description	Amount (TWD)	Receipt
Financial aid to affected people	56,000	A
Total	TWD 56,000 (US\$1,870)	





Offering Solace after Typhoon Soulik in Formosa

By Formosa Relief Team (Originally in Chinese)

On July 13, 2013, with intense rain and wind, Typhoon Soulik rampaged across Formosa. Four people lost their lives, 123 were injured and more than 8,500 people were evacuated from their homes. Many highways were damaged due to landslides or from collapsed sections of road. There was also heavy loss in the agriculture sector. Upon learning of the disaster, Supreme Master Ching Hai immediately instructed our Association members in Formosa to carry out relief work and to convey Her deepest condolences, with funds available for reimbursement of relief work expenditures. Our Association members contributed TWD 825,803 (US\$28,448) for the relief effort.



Household affected by a mudslide

During the storm, Zhulin Village and Huayuan Village in Wufeng Town, Hsinchu County, could not be accessed and the villagers experienced great difficulty. Our Association members in Hsinchu prepared vegan food packages which included rice, noodles, vegetable oil, toasted bread, cookies and candy for the affected people, along with Master's publications. We also provided vegan dog food so that the dogs in the disaster area could experience God's loving care as well. To households that suffered the greatest loss, we offered TWD 3,000 to 6,000; in total TWD 752,086 (US\$25,909).

In Keelung, although it was sunny during the day, the heavy rain at night flooded many of the roads, and the roofs of some residential houses were blown away. In addition to the TWD 5,000 (US\$172) offered to the affected families, our Association members from Keelung also contributed two boxes of organic five-grain powder, *The Supreme Master Ching Hai News Magazines* and Master's publications.

In Taipei, 10 people were hit by objects blown by the strong wind; among them was Sergeant Chen Jinrong from Tamsui, who lost his life due to a flying brick in the early morning on his way back from work. To his surviving family members, our local Association members contributed TWD 10,000 (US\$344). Master's *The Key of Immediate Enlightenment Sample Booklet* and other publications were also given while conveying God's love. The other nine people injured were not in serious condition. We visited them one by one and offered financial aid. In total, to the 10 affected households in Taipei city and New Taipei city, we contributed TWD 30,000 (US\$1,033).

There were five households in Puli Town, Nantou County seriously damaged due to a mudslide. Our nearby Association members visited them and gave each household TWD 6,000 and food including three bags of rice, two big bottles of oil and six large bags of noodles. A total of TWD 35,717 (US\$1,230) was spent for the Puli Town relief.

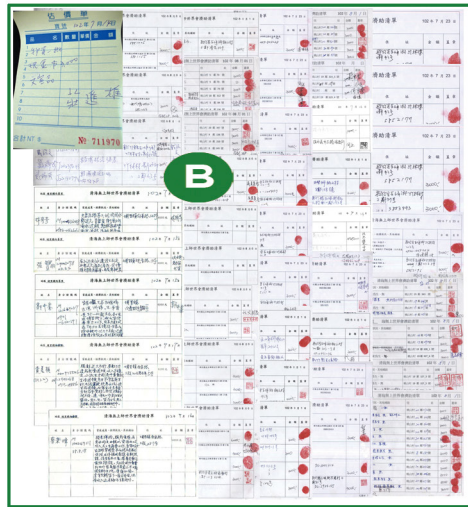
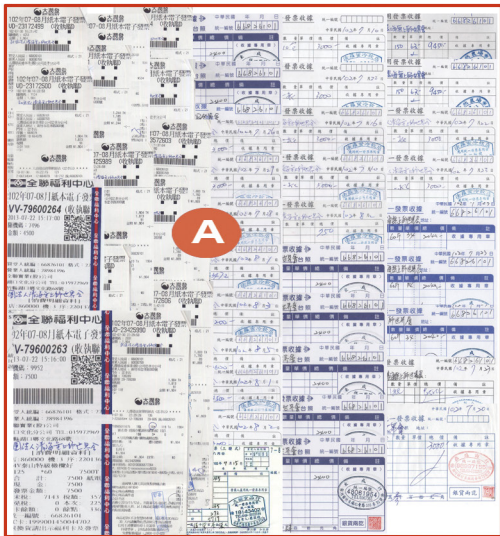


Our Association members in Kaohsiung drove to the mountainous district that suffered great loss during Typhoon Morakot in 2009. We found that the only road by the river in Jianshan Village in Taoyuan District was destroyed from the heavy rain. Transportation was obstructed. Luckily the villagers, their houses and possessions were safe. Our Kaohsiung Association members contributed TWD 3,000 (US\$103) to the local officials to assist in their cleaning and repair work.

Thanks to God's grace, we were able to reach those in need following Typhoon Soulik. We pray people will quickly adopt the healthy vegan diet in order to ease the impact of extreme weather caused by global warming.

Expenditures by The Supreme Master Ching Hai International Association for Typhoon Soulik Relief Work in Formosa

Description	Amount (TWD)	Receipt
Rice, oil, soy sauce, cookies, candy, noodles, vegan protein, toast bread and vegan dog food	196,803	A
Cash contributions	629,000	B
Total	TWD 825,803 (US\$28,448)	



To view the Humanitarian Relief Activities by Supreme Master Ching Hai and Her International Association, please visit <http://www.GodsDirectContact.org.tw/humanitarian> (The list can be sorted by year, country/region and type of events.)



**Expenditures by Supreme Master Ching Hai and Her International Association
for Other Relief Work and Charitable Contributions Around the World from
September 2010 to November 2014**

Country	Date	Description	Amount		Appendix
			Local Currency	USD	
Netherlands	Sept. 2010	Contribution to Search and Rescuedog Centre Netherlands (SRCN) for dog tracking and GPS systems		2,800	LIA1
Peru	Feb.-Mar. 2011	Food, water and soap for flood-affected individuals and traveling expenses for relief team	PEN 5,381.02	1,992.97	LIA2
	Apr. 2011	Food and water for flood-affected individuals and traveling expenses for relief team	PEN 27,781.02	10,029.18	LIA3
Mexico	Oct. 2011	Cash, food, hygiene items, transportation and loading expenses for hurricane-affected individuals and accommodations for the relief team	MXN 106,394.75	8,000	LIA4
	Oct. 2013	Food, hygiene items and cleaning supplies for flood-affected individuals and travel expenses for the relief team	MXN 196,506.18	16,240.18	LIA5
	Sept. 2014	Cash, food, construction items and transportation for flood-affected individuals	MXN 332,502.79	25,167.14	LIA6
New Zealand	Dec. 2012	AMI vegan dog food to HUHA Animal Sanctuary, Animal Rehoming, Dogwatch Dog Shelter, Gentle World Veganic Paradise, The Animal Sanctuary, Black Sheep Sanctuary, Nelson ARK Animal Shelter and Hutt Pound foster caregiver Tania Bermudez	NZD 9,995	8,279	LIA7
Âu Lạc	Aug 2012	Cash, food, mosquito nets, blankets and transportation for flood-, tornado- and heat wave-affected individuals in northern and southern regions	VND 482,500,000	23,197	LIA8
	Jan./ Feb. 2013	Cash, food, clothing, blankets and New Year gifts for senior citizens and monks in need in northern, central and southern regions	VND 428,048,000	20,579	LIA9
Louisiana, USA	Sept. 2012	Food, boots, cleaning supplies, hygiene items and fuel for Hurricane Isaac-affected individuals; cash for non-kill animal shelters; and cooking equipment and transportation expenses for the relief team		40,430.32	LIA10
UK	Oct. – Dec. 2012	England: Cash contributions to lightning- and flood-affected individuals, British Red Cross, North Clwyd Animal Rescue and gifts to VIPs;	GBP 19,400	31,155	LIA11
		Scotland: Cash contributions to flood-affected individuals and Kemback Community Church Hall; North Wales: Cash contributions to flood-affected individuals and British Red Cross			
Myanmar (Burma)	Nov. 2012	Cash contributions for earthquake-affected individuals; repairs for a hospital, three temples, and the Immigration Office; and transportation (car rental)	MMK 8,016,000	9,430	LIA12
Italy	Nov. 2012	Cash, food, clothing and hygiene items for flood-affected individuals	EUR 9,988	12,992	LIA13
Philippines	Dec. 2012	Food, transportation, fuel and bags for the Typhoon Bopha-affected individuals	PHP 2,456,593	60,034	LIA14
	June 2013	Vegan food, soap, laundry soap and gasoline for flood-affected individuals	PHP 871,998.95	20,000	LIA15
	Jan. 2014	Vegan food and packing bags for the Typhoon Lingling-affected individuals	PHP 451,100	10,000	LIA16



Jakarta, Indonesia	Jan. 2013	Food, blankets and sarongs for flood-affected individuals	IDR 40,878,640	4,220.95	LIA17
Queensland, Australia	Feb. 2013	Vegan dog food for RSPCA shelter in Bundaberg for flood-affected dogs	AUD 680.10	703.46	LIA18
Pakistan	Aug. 2013	Construction of concrete structure for flood-affected individuals, including electrical work, plumbing work, door, windows and washroom fixture, and cement flooring	PKR 1,554,000	15,000	LIA19
	Dec. 2013	Blankets, packing, loading and transportation for earthquake-affected individuals	PKR 949,467	9,000	LIA20
China	April 2013	Yunnan Province: Cash, vegan food and transportation for earthquake-affected individuals	RMB 47,640	7,734	LIA21
	Apr. –May 2013	Yunnan and Sichuan Provinces: Built 19 water cellars for schools; books, stationery, uniforms, clothing, sporting goods, building materials and transportation for disadvantaged students	RMB 156,819	25,291	LIA22
	July 2013	Sichuan Province: Kitchen supplies, toiletry kits, clothes, bedspread and covers, backpacks, flashlights, thermos cups and medicine for the landslide-affected individuals	RMB 67,116	10,887	LIA23
	July 2013	Yunnan Province: Cash, blankets, medical equipment and transportation for flood-affected individuals	RMB 57,483	9372.89	LIA24
	July & Oct 2013	Zhenkang and Cangyuan Counties, Yunnan Province: Uniforms, backpacks, sports supplies and shirts	RMB 22,343	3,671	LIA25
	Aug. 2013	Guangdong Province: Cash contribution, food, medicine, disinfectant powder and transportation for the Typhoon Utor-affected individuals	RMB 121,540	19,758	LIA26
	Aug. 2013 - Nov. 2014	Shaanxi and Yunnan Provinces: Contribution to dog rescue centers, cash to an animal caregiver for medical treatment, and vegan food for dogs and cats	RMB 256,827	41,901	LIA27
	May 2014	Guangdong Province: Cash, vegan food, medicine and transportation for flood-affected individuals	RMB 50,447	8,090	LIA28
	May 2014	Yunnan Province: Cash and vegan food for earthquake-affected individuals	RMB 51,000	8,178	LIA29
	Aug. 2014	Ludian County, Yunnan Province: Food, blankets and transportation for earthquake-affected individuals	RMB 214,125	34,797	LIA30
Brazil	July 2014	Vegan food for flood-affected individuals	BRL 27,535.30	11,706.50	LIA31
Formosa	Aug. 2014	Kaohsiung: Cash contribution, water and beverages for the gas explosion-affected individuals	TWD 351,550	11,716	LIA32
India	Aug. 2014	West Bengal: Food and clothing for flood-affected individuals	INR 606,910	10,181	LIA33
	June - July 2013	Oil, beans, sugar, flour, soy milk and 1,000 blankets	IRN 2,977,164	50,036	LIA34
Cameroon	Jan. 2013	Food, drinks, kitchen supplies, hygiene items, cleaning tools, transportation, T-shirts, banners and electrical installation expense	XAF 1,353,825	2,817.51	LIA35
			TOTAL	US\$585,387.10	

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Expenditures by Supreme Master Ching Hai and Her International Association for Charitable and Relief Activities in Formosa, July to December, 2012

Total Charitable and Relief Program Expenses in Tables 1 and 2: TWD 861,877 (US\$28,729)

Table 1: Charitable and Relief Activities and Expenses in Formosa, July to December, 2012

Location	Date	Description	Expenses (TWD)	Receipt
Changhua	2012.07	Art to Beautify Your Heart: Held the "Amoura Photo Exhibition of The Noble Wilds" and animation competition at Mingdao University, with support from our fellow Association members	0	
Kaohsiung	2012.07	Distributed more than 200,000 copies of Supreme Master Ching Hai's thank-you letter addressed to world leaders and mass media to government officials, schools, organizations, corporations and residents in Kaohsiung to share the loving message of the continuation of planet Earth, with support from our fellow Association members	0	
Tainan	2012.07.10	Visited inmates at Mingde Minimum-Security Prison and held a spiritual seminar with support from our fellow Association members	0	
Hualien	2012.07.16	Held a spiritual seminar at Hualien District Prosecutors Office, sharing the message of halting global warming by adopting a plant-based diet, followed by vegan meals	2,880	F1
Tainan	2012.07.18	Visited inmates at Mingde Minimum-Security Prison and held a spiritual seminar with support from our fellow Association members	0	
Pingtung	2012.07.18	Gave books entitled " The Inspiring Diet Code of 2012" to staff of Pingtung County as a reward for following vegan diets over three-week period, with support from our fellow Association members	0	
Taipei	2012.07.18	Held Green Health Seminar Series with support from our fellow Association members	0	
Tainan	2012.07.25	Visited inmates at Mingde Minimum-Security Prison and held a spiritual seminar with support from our fellow Association members	0	
Tainan	2012.07.26	Visited inmates at Mingde Minimum-Security Prison and held a spiritual seminar with support from our fellow Association members	0	
Penghu	2012.7.30-8.3	Accepting Penghu Prison's invitation, held eight seminars sharing the message of halting global warming by adopting a plant-based diet with 1,659 inmates, with support from our fellow Association members	0	
Changhua	2012.08-09.17	Art to Beautify Your Heart: Held the "Amoura Photo Exhibition of The Noble Wilds" at Art Gallery of Yuanlin Township Land Office, with support from our fellow Association members	0	
Pingtung	2012.08.10	Held a seminar to promote plant-based diet and environmental protection: Introduced the way of making eco-enzyme and its function, followed by serving delicious vegan food to 200 participants from Donggang Township, with support from our fellow Association members.	0	
Taipei	2012.08.15	Held Green Health Seminar Series for people from all walks of life, with support from our fellow Association members.	0	
Hualien	2012.08.20	Held a spiritual seminar at Hualien District Prosecutors Office, sharing the message of halting global warming by adopting a plant-based diet, followed by vegan meals	3,840	F2
Tainan	2012.08.22	Visited inmates at Mingde Minimum-Security Prison and held a spiritual seminar with support from our fellow Association members	0	
Pingtung	2012.08.27	Distributed relief supplies, including nutritious food, diapers, noodles, etc., to shelters for those in need worst hit by typhoon, with support from our fellow Association members	0	

Tainan	2012.08.30	Visited inmates at Mingde Minimum-Security Prison and held a spiritual seminar with support from our fellow Association members	0	
Kaohsiung	2012.09.10 & 24	Held a seminar to promote a low-carbon vegan lifestyle, and shared vegan dishes with 140 participants	6,000	F5
Changhua	2012.09.11-21	Art to Beautify Your Heart: Held the "Amoura Photo Exhibition of The Noble Wilds" at Ming-Luan Junior High School, with support from our fellow Association members	0	
Hualien	2012.09.17	Held a spiritual seminar at Hualien District Prosecutors Office, sharing the message of halting global warming by adopting a plant-based diet, followed by vegan meals	2,880	F3
Taichung	2012.09.17	Held a seminar during Moon Festival to share the message of halting global warming by adopting a healthy vegan diet; shared vegan moon cakes, pineapple cakes, etc. with people from all walks of life as well as senior citizens living alone, supported by our fellow Association members	0	
Tainan	2012.09.19	Visited inmates at Mingde Minimum-Security Prison and held a spiritual seminar with support from our fellow Association members	0	
Keelung	2012.09.22	Beach cleaning to promote environmental protection	600	F4
Tainan	2012.09.26	Visited inmates at Mingde Minimum-Security Prison and held a spiritual seminar with support from our fellow Association members	0	
Tainan	2012.09.27	Visited inmates at Tainan Prison and held a spiritual seminar with support from our fellow Association members	0	
Keelung	2012.09.27	Caring for homeless individuals during Moon Festival: Distributed cleaning supplies and offered moon cakes for celebration	9,600	F6
Kaohsiung	2012.09.30	Caring for Yong-An Children's Home, Daliao District during Moon Festival: Activities included watching films, offering daily necessities and vegan cakes	18,610	F7
Tainan	2012.10.06	Beach cleaning to promote environmental protection	0	
Hualien	2012.10.09	Distributed relief cash to a rehabilitated offender in Hualien	3,000	F8
Taoyuan	2012.10.11 & 20	Held caring for senior citizens activities for 450 participants at the Double Ninth Festival, with support from our fellow Association members	0	
Changhua	2012.10.14	Art to Beautify Your Heart: Held the "Amoura Photo Exhibition of The Noble Wilds" at Yuan-Dong Elementary School, Yuanlin Township, with support from our fellow Association members	0	
Penghu	2012.10.14-18	Visited and consoled approximately 300 senior citizens with financial or physical difficulties; shared homemade vegan cakes, with support from our fellow Association members	0	
Hualien	2012.10.15	Held a spiritual seminar at Hualien District Prosecutors Office, sharing the message of halting global warming by adopting a plant-based diet, followed by vegan meals	2,560	F9
Pingtung	2012.10.15-26	Distributed relief funds or daily necessities to 77 senior citizens living alone in Pingtung, encouraging them to follow a more plant-based diet	82,249	F12
Yilan	2012.10.16	Held a healthy vegan lifestyle seminar, and offered vegan cookies and products to 180 senior citizens at the Double Ninth Festival	13,084	F10
Kaohsiung	2012.10.20	Distributed relief funds and daily necessities for senior citizens living in remote areas, with support from our fellow Association members	0	
Pingtung	2012.10.21	Held activities to vastly promote "Less Meat, More Vegetables" and "Local Production for Local Consumption" to 1000 participants, with support from our fellow Association members	0	
Changhua	2012.10.23	Offered loving vegan dishes to senior citizens for a celebration at the Double Ninth Festival, with support from our fellow Association members	0	
Chiayi	2012.10.23	Distributed relief funds to seven senior citizens living alone in Yunlin and Chiayi Counties, with support from our fellow Association members	0	
Tainan	2012.10.23	Distributed relief funds and loving gifts to 52 families in need or senior citizens living alone	125,560	F11



Tainan	2012.10.24	Visited inmates at Mingde Minimum-Security Prison and held a spiritual seminar with support from our fellow Association members	0	
Tainan	2012.10.25	Visited inmates at Tainan Prison and held a spiritual seminar with support from our fellow Association members	0	
Hualien	2012.11.01	Through Taiwanese Presbyterian Church, distributed snacks and watches to children in single-parent families in Shoufeng Township	1,200	F13
Yunlin	2012.11.06	Held a seminar to introduce the message of halting global warming by adopting a healthy vegan diet for approximately 100 government retirees; offered a class demonstrating how to make vegan snacks, with support from our fellow Association members	0	
Keelung	2012.11.14	Participated in vegan lifestyle events	795	F14
Hualien	2012.11.18	Winter relief for students in need living in remote areas: Distributed rice and cooking oil	8,806	F15
Hualien	2012.11.19	Held a spiritual seminar at Hualien District Prosecutors Office, sharing the message of halting global warming by adopting a plant-based diet, followed by vegan meals	6,480	F16
Tainan	2012.11.21 & 28	Visited inmates at Mingde Minimum-Security Prison and held a spiritual seminar with support from our fellow Association members	0	
Kaohsiung	2012.11.22	Held a seminar and offered a vegan cooking class to promote the low-carbon vegan lifestyle	1,875	F17
Tainan	2012.11.29	Visited inmates at Tainan Prison and held a spiritual seminar with support from our fellow Association members	0	
Taichung	2012.12.02	Contributed \$10,000 to Taiwan Fund for Children and Families (TFCF) to purchase daily necessities for TFCF-sponsored families in Taichung	10,000	F18
Changhua	2012.12.11-18	Art to Beautify Your Heart: Held the "Amoura Photo Exhibition of The Noble Wilds" at Qiaoxin Elementary school, Yuanlin Township, with support from our fellow Association members	0	
Pingtung	2012.12.12	Winter relief for homeless individuals: Distributed 140 sleeping bags	51,450	F19
Chiayi	2012.12.13	Winter relief for homeless individuals: Distributed coats and sleeping bags to 70 people	42,280	F20
Keelung	2012.12.13	Winter relief for homeless individuals: Distributed 30 coats	34,335	F21
Tainan	2012.12.14 & 15	Winter relief for homeless individuals: Distributed coats and vegan snacks to 230 people	127,700	F23
Hualien	2012.12.17	Held a spiritual seminar at Hualien District Prosecutors Office, sharing the message of halting global warming by adopting a plant-based diet, followed by vegan meals	2,800	F24
Kaohsiung	2012.12.24	Visited Children's Homes to celebrate Christmas, and distributed daily necessities and gifts, played games with children, and offered vegan snacks and drinks	9,176	F25
Hualien	2012.12.26	Visited Catholic Andre Kindergarten to celebrate Christmas, and distributed cash, stationery, clothes and cookies to 103 children	25,880	F26
Tainan	2012.12.26	Visited inmates at Mingde Minimum-Security Prison and held a spiritual seminar with support from our fellow Association members	0	
Tainan	2012.12.27	Visited inmates at Tainan Prison and held a spiritual seminar with support from our fellow Association members	0	
Pingtung	2012.12.27-29	Winter relief for homeless individuals: Distributed warm clothes, shared delicious vegan dishes and held a hygiene seminar for health improvement	24,037	F27
Tainan	Year 2012	Distributed vegan dog food five times in 2012 to a dog shelter	94,200	F22
Total			TWD 711,877 (US\$ 23,729)	

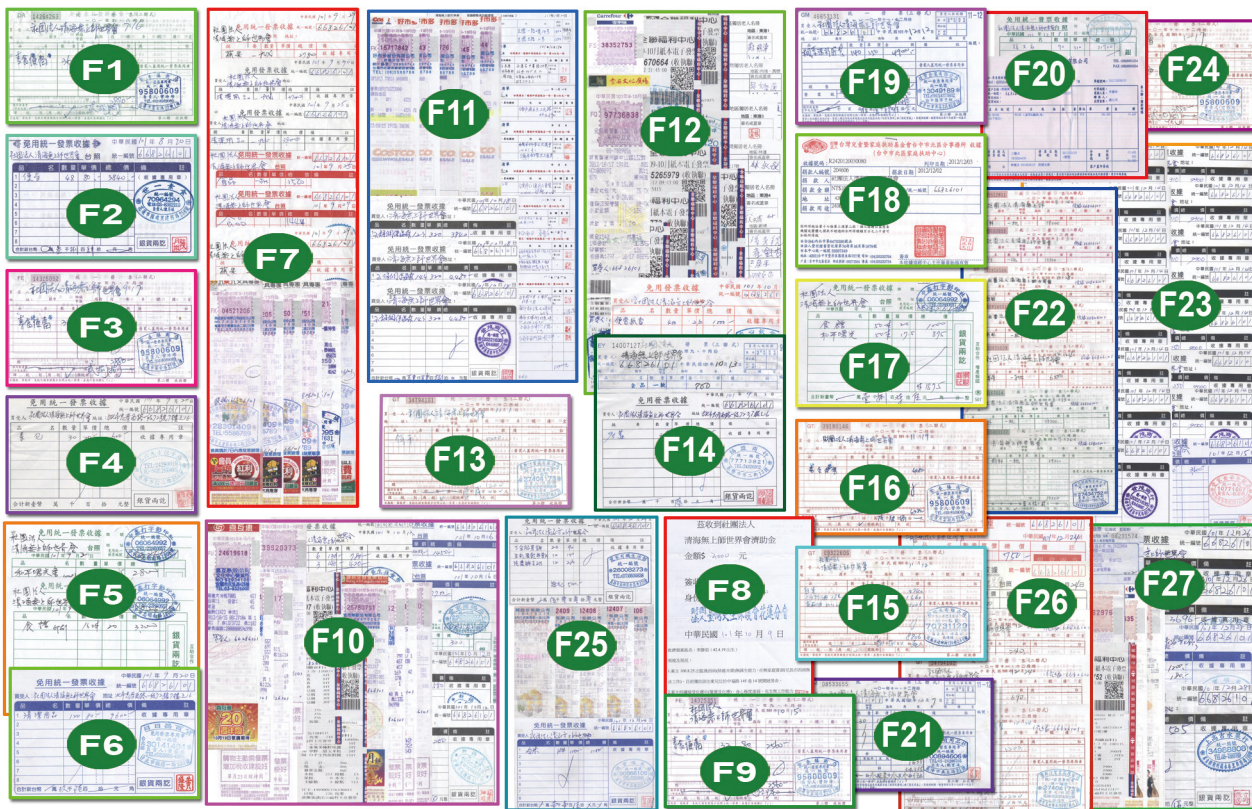
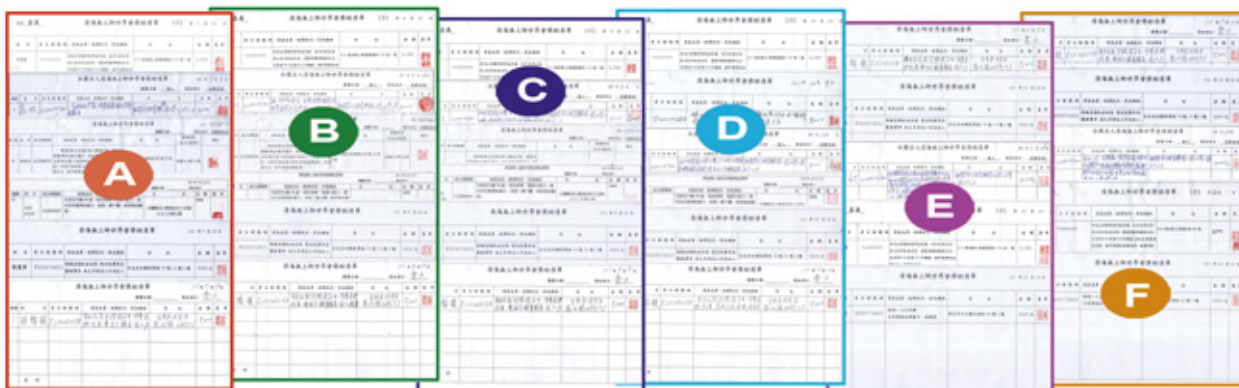


Table 2: Expenditures for Helping Households in Need in Formosa, July to December, 2012

Month	Description	Expenses (TWD)	Appendix
July	8 households (Taipei 1, Taoyuan 1, Miaoli 3, Taichung 1, Chiayi 1, Yilan 1)	28,000	A
August	8 households (Taipei 1, Taoyuan 1, Miaoli 3, Taichung 1, Chiayi 1, Yilan 1)	28,000	B
September	8 households (Taipei 1, Taoyuan 1, Miaoli 3, Taichung 1, Chiayi 1, Yilan 1)	28,000	C
October	6 households (Taipei 2, Taoyuan 1, Taichung 1, Chiayi 1, Yilan 1)	24,000	D
November	5 households (Taipei 2, Taoyuan 1, Taichung 1, Yunlin 1)	21,000	E
December	5 households (Taipei 2, Taoyuan 1, Taichung 1, Yunlin 1)	21,000	F
Total	40 households	TWD 150,000 (US\$5,000)	





Expenditures by Supreme Master Ching Hai and Her International Association for Charitable and Relief Activities in Formosa, January to December, 2013

Total Charitable and Relief Program Expenses in Tables 1 and 2: TWD 2,878,632 (US\$95,955)

Table 1: Charitable and Relief Activities and Expenses in Formosa in 2013

Location	Date	Description	Expenses (TWD)	Receipt
Hualien	2013.01.04	Winter relief for those in need and senior citizens	8,400	F1
Keelung	2013.01.05	Beach cleaning for environmental protection	180	F2
Miaoli	2013.01.07	Distributed relief cash to those in need in Hsihu through their township office	50,000	F3
Keelung	2013.01.08	Winter relief for homeless individuals: Distributed warm clothes with support from our fellow Association members	0	
Taichung	2013.01.08	Distributed daily necessities to those in need at Wufong Maria Care Center	10,000	F4
Kaohsiung	2013.01.18	Winter relief for homeless individuals: Distributed warm clothes, cookies and candies	39,700	F5
Hualien	2013.01.21	Held a spiritual seminar at Hualien District Prosecutors Office, sharing the message of halting global warming by adopting a plant-based diet, followed by vegan meals	3,840	F6
Tainan	2013.01.23	Visited inmates at Mingde Minimum-Security Prison and held a spiritual seminar with support from our fellow Association members	0	
Yilan	2013.01.27	Winter relief for homeless individuals: Distributed food, daily necessities and served a European-style buffet	26,380	F7
Chiayi	2013.01.28	Winter relief for homeless individuals: Distributed warm clothes and sleeping bags	24,160	F8
Tainan	2013.01.31	Visited inmates at Mingde Minimum-Security Prison and held a spiritual seminar with support from our fellow Association members	0	
Formosa	2013.02.02	Procurement and distribution of relief supplies to charitable groups in Formosa with support from our fellow Association members	1,174,050	F9
Kaohsiung	2013.02.02	Provided organic, vegan products and healthy food to Mother Liu Dog Shelter in Daliao District	15,442	F10
Keelung	2013.02.05	Winter relief for homeless individuals: Distributed relief supplies to Zenan Homeless Social Welfare Foundation's Pingan Station with distribution support from our fellow Association members	8,700	F11
Tainan	2013.02.06	Visited inmates at Mingde Minimum-Security Prison and held a spiritual seminar with support from our fellow Association members	0	
Penghu	2013.02.08	Winter relief during Chinese New Year: Distributed warm clothes and vegan holiday snacks to those in need	111,537	F12
Chiayi	2013.02.23	Promoted the vegan lifestyle and provided vegan snacks at a senior citizens' garden party	759	F13
Hualien	2013.02.25	Held a spiritual seminar at Hualien District Prosecutors Office, sharing the message of halting global warming by adopting a plant-based diet, followed by vegan meals	2,480	F14
Keelung	2013.03.02	Beach cleaning for environmental protection	500	F15
Hualien	2013.03.07	Visited Hualien District Prosecutors Office and provided vegan food for their reward and training activities for honorary probation officers	3,680	F16
Hualien	2013.03.18	Held a spiritual seminar at Hualien District Prosecutors Office, sharing the message of halting global warming by adopting a plant-based diet, followed by vegan meals	2,560	F17
Tainan	2013.03.20	Visited inmates at Mingde Minimum-Security Prison and held a spiritual seminar with support from our fellow Association members	0	
Pingtung	2013.03.31	Contributed to those in need in Jutian Township, Hsinchu	7,000	F18

Tainan	2013.04.13	Beach cleaning for environmental protection, with support from our fellow Association members	0	
Tainan	2013.04.17	Visited inmates at Mingde Minimum-Security Prison and held a spiritual seminar with support from our fellow Association members	0	
Hualien	2013.04.22	Held a spiritual seminar at Hualien District Prosecutors Office, sharing the message of halting global warming by adopting a plant-based diet, followed by vegan meals	3,200	F19
Taipei	2013.04.24	The advertisement of "Every Peaceful Plan Will Be Done" in newspaper, with support from our fellow Association members.	0	
Tainan	2013.04.25	Visited inmates at Mingde Minimum-Security Prison and held a spiritual seminar with support from our fellow Association members	0	
Tainan	2013.04.28	Earth Day celebration with support from our fellow Association members	0	
Keelung	2013.05.04	Beach cleaning for environmental protection	462	F20
Taoyuan	2013.05.08	Provided vegan lunch boxes to the Institute of Community Psychiatric Rehabilitation in Taoyuan for their spring vacation trip, with support from our fellow Association members	0	
Tainan	2013.05.15	Visited inmates at Mingde Minimum-Security Prison and held a spiritual seminar with support from our fellow Association members	0	
Changhua	2013.05.18	Beach cleaning for environmental protection	0	
Keelung	2013.05.18	Offered vegan snacks at vegan lifestyle events in Keelung	17,575	F21
Hualien	2013.05.20	Held a spiritual seminar at Hualien District Prosecutors Office, sharing the message of halting global warming by adopting a plant-based diet, followed by vegan meals	3,440	F22
Formosa	2013.05.25	Held public interest seminars at all Loving Hut restaurants in Formosa: Promoted the nutritional, medicinal and environmental benefits of the vegan diet, with support from our fellow Association members.	0	
Tainan	2013.05.30	Visited inmates at Mingde Minimum-Security Prison and held a spiritual seminar with support from our fellow Association members	0	
South-central Formosa	2013.06.04	Consoled earthquake victims in Ren-ai Township in Nantou and distributed cash and relief supplies	49,690	F23
Keelung	2013.06.07	Celebrated Dragon Boat Festival with homeless individuals: Distributed gifts and vegan rice dumplings	9,100	F24
Tainan	2013.06.12	Celebrated Dragon Boat Festival with disadvantaged neighborhood families: Distributed cash gifts and shared vegan dumplings	34,000	F25
Hualien	2013.06.17	Held a spiritual seminar at Hualien District Prosecutors Office, sharing the message of halting global warming by adopting a plant-based diet, followed by vegan meals	2,880	F26
Yilan	2013.06.25	Held a plant-based diet seminar and offered a vegan cooking class	4,000	F27
Kaohsiung	2013.07.01	Held a "Be Vegan, Make Peace" seminar	6,750	F28
Taipei	2013.07.06	Delivered a speech entitled "Cancer Prevention Nutrition Tips," with support from our fellow Association members	0	
Hualien	2013.07.15	Held a spiritual seminar at Hualien District Prosecutors Office, sharing the message of halting global warming by adopting a plant-based diet, followed by vegan meals	3,920	F29
Taipei	2013.07.20	Delivered a "Diet and Health Discovery" speech, with support from our fellow Association members	0	
Changhua	2013.07.20	Held "The Noble Wilds Photo Exhibition" with support from our fellow Association members.	0	
Kaohsiung	2013.07.23	Held a "Be Vegan, Make Peace" seminar	18,945	F30
Kaohsiung	2013.07.25	Held an outdoor summer party for children in Red Cross Nursery Center	12,014	F31
Tainan	2013.08.13	Distributed vegan dog food to the stray dog shelter in Sinying District	30,638	F32
Keelung	2013.08.17	Beach cleaning for environmental protection	300	F33

Hualien	2013.08.19	Held a spiritual seminar at Hualien District Prosecutors Office, sharing the message of halting global warming by adopting a plant-based diet, followed by vegan meals	3,120	F34
Keelung	2013.09.16	Held an activity entitled "Dream of Moon Festival, Caring for Homeless Individuals" to inspire people's kindness for homeless people; distributed vegan moon cakes, steamed buns, and cleaning supplies	16,650	F35
Hualien	2013.09.16	Held a spiritual seminar at Hualien District Prosecutors Office, sharing the message of halting global warming by adopting a plant-based diet, followed by vegan meals	2,960	F36
Keelung	2013.09.22	Held a "Be Vegan, Make Peace" seminar and offered vegan meals and brochures	2,439	F37
Hualien	2013.10.15	Winter relief for disadvantaged students living in remote areas: Distributed rice, vegetable oil and cookies, etc.	28,504	F38
Hualien	2013.10.21	Held a spiritual seminar at Hualien District Prosecutors Office, sharing the message of halting global warming by adopting a plant-based diet, followed by vegan meals	3,680	F39
Hualien	2013.11.18	Held a spiritual seminar at Hualien District Prosecutors Office, sharing the message of halting global warming by adopting a plant-based diet, followed by vegan meals	2,960	F40
Tainan	2013.11.20	Visited inmates at Mingde Minimum-Security Prison and held a spiritual seminar with support from our fellow Association members	0	
Tainan	2013.11.27	Visited inmates at Mingde Minimum-Security Prison and held a spiritual seminar with support from our fellow Association members	0	
Tainan	2013.11.28	Visited inmates at Mingde Minimum-Security Prison and held a spiritual seminar with support from our fellow Association members	0	
Keelung	2013.11.30	Beach cleaning for environmental protection	0	
Chiayi	2013.12.13	Worked together with Zenan Homeless Social Welfare Foundation in Chiayi to distribute warm coats and sleeping bags to homeless individuals in winter	62,500	F41
Hualien	2013.12.16	Held a spiritual seminar at Hualien District Prosecutors Office, sharing the message of halting global warming by adopting a plant-based diet, followed by vegan meals	2,800	F42
Keelung	2013.12.20	Winter relief for homeless individuals: Delivered 50 warm winter coats to Zenan Homeless Social Welfare Foundation for distribution to homeless people	33,082	F43
Changhua	2013.12.20	Distributed <i>Loving the Silent Tears</i> MP3s and CDs in neighborhood stores, with support from our fellow Association members	0	
Changhua	2013.12.22	Held healthy living seminars in neighborhoods and offered delicious vegan dishes	9,390	F44
Taichung	2013.12.24	Winter relief for homeless individuals: Distributed warm clothes	69,183	F45
Tainan	2013.12.25	Visited inmates at Mingde Minimum-Security Prison and held a spiritual seminar with support from our fellow Association members	0	
Tainan	2013.12.26	Visited inmates at Mingde Minimum-Security Prison and held a spiritual seminar with support from our fellow Association members	0	
Changhua	2013.12.29	Held a year-end dinner party for neighbors, including entertainment programs, vegan meals and spiritual literature, with support from our fellow Association members	0	
Miaoli	2013.12.29	Winter relief for neighborhood families in need: Distributed warm clothes	46,002	F46
Pingtung	2013.12.29	Winter relief for neighborhood families in need: Distributed warm clothes and cash gifts	130,882	F47
Changhua	2013.12.29	Winter relief for neighborhood families in need: Distributed warm clothes	20,423	F48
Yilan	2013.12.30	Winter relief for neighborhood families in need: Distributed warm clothes	30,241	F49
Kaohsiung	2013.12.30	Winter relief for homeless individuals, families in need, senior citizens, orphans, and animal shelters: Distributed relief supplies and cash gifts	69,534	F50
Tainan	2013.12.31	Winter relief for homeless individuals: Distributed warm clothes and cash gifts	161,000	F51
Total			TWD 2,381,632 (US\$79,388)	

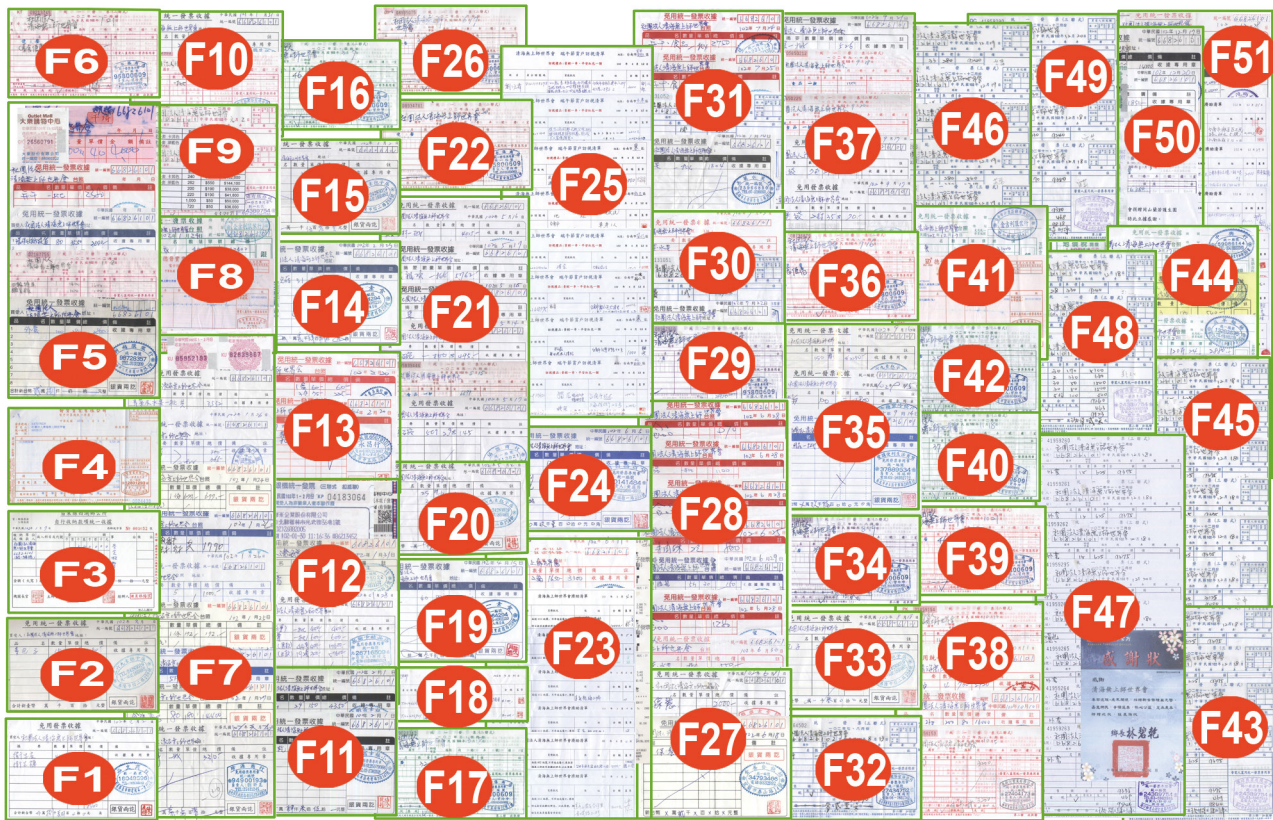
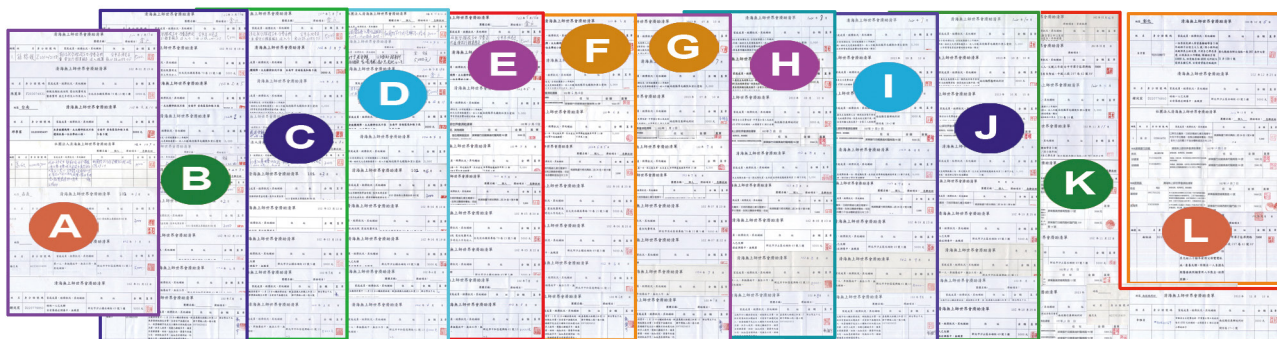


Table 2: Expenditures for Helping Households in Need in Formosa in 2013

Month	Description	Expenses (TWD)	Appendix
January	7 households (New Taipei 3, Taoyuan 1, Taichung 1, Yunlin 1, Tainan 1)	29,000	A
February	10 households (New Taipei 3, Taoyuan 1, Miaoli 1, Taichung 1, Nantou 1, Yunlin 1, Chiayi 1, Tainan 1)	42,000	B
March	10 households (New Taipei 3, Taoyuan 1, Miaoli 1, Taichung 1, Nantou 1, Yunlin 1, Chiayi 1, Tainan 1)	42,000	C
April	12 households (New Taipei 3, Taoyuan 1, Miaoli 1, Taichung 1, Nantou 1, Yunlin 1, Chiayi 1, Tainan 1, Pingtung 2)	49,000	D
May	11 households (New Taipei 3, Taoyuan 1, Miaoli 1, Taichung 1, Nantou 1, Chiayi 1, Tainan 1, Pingtung 2)	46,000	E
June	10 households (New Taipei 3, Taoyuan 1, Miaoli 1, Nantou 1, Chiayi 1, Tainan 1, Pingtung 2)	41,000	F
July	11 households (New Taipei 3, Taoyuan 1, Miaoli 1, Nantou 3, Chiayi 1, Pingtung 2)	44,000	G
August	10 households (New Taipei 2, Taoyuan 1, Miaoli 1, Nantou 3, Chiayi 1, Pingtung 2)	39,000	H
September	10 households (New Taipei 2, Taoyuan 1, Miaoli 1, Nantou 3, Chiayi 1, Pingtung 2)	32,000	I
October	10 households (New Taipei 2, Taoyuan 1, Miaoli 1, Nantou 3, Chiayi 1, Pingtung 2)	39,000	J
November	13 households (New Taipei 2, Taoyuan 1, Taichung 2, Changhua 1, Nantou 3, Pingtung 4)	52,000	K
December	11 households (New Taipei 1, Taoyuan 1, Taichung 1, Changhua 1, Nantou 3, Pingtung 4)	42,000	L
Total	125 households	TWD 497,000 (US\$16,567)	





Expenditures by Supreme Master Ching Hai and Her International Association for Charitable and Relief Activities in Formosa, January to October, 2014

Total Charitable and Relief Program Expenses in Tables 1 and 2: TWD 1,849,761 (US\$61,658)

Table 1: Charitable and Relief Activities and Expenses in Formosa, January to October, 2014

Location	Date	Description	Expenses (TWD)	Receipt
Pingtung	2014.01.04	Held a vegan lifestyle seminar at Jing-Jong Orphanage to introduce the benefit and the making of eco-enzyme; delicious vegan dishes also shared with attendees, with support from our fellow Association members	0	
Changhua	2014.01.15	Distributed warm winter clothing to disadvantaged individuals	13,126	F1
Hualien	2014.01.20	Held a spiritual seminar sharing the message of halting global warming by adopting a plant-based diet, followed by vegan meals	3,840	F2
Taoyuan	2014.01.24	Distributed rice and vegetable oil to 219 disadvantaged families	83,580	F3
Taichung	2014.01.25	Visited single parent and disadvantaged families and gave TWD 5000 relief fund to each family	25,000	F4
Changhua	2014.01.29	Distributed nutritious vegan food to single parent and disadvantaged families, with support from our fellow Association members	0	
Taipei	2014.01.31	Delivered clothing and warming supplies to the Social Welfare Department of both Taipei and New Taipei cities to be distributed later to homeless individuals	262,417	F5
Hsinchu	2014.01.31	Winter relief for disadvantaged families living in remote mountain areas: Distributed warm clothing, daily necessities and relief funds to 78 families	202,965	F6
Keelung	2014.02.13	Helped clean a non-killing shelter for stray dogs and contributed vegan dog food	8,105	F7
Hualien	2014.02.17	Held a spiritual seminar at Hualien District Prosecutors Office sharing the message of halting global warming by adopting a plant-based diet, followed by vegan meals	2,400	F8
Changhua	2014.02.19	Held a seminar sharing the message of halting global warming by adopting a plant-based diet	0	
Keelung	2014.02.22	Beach cleaning to promote environmental protection	540	F9
Pingtung	2014.02.26	Repaired roof leaks for two buildings of an orphanage	63,000	F10
Hualien	2014.03.04	Contributed spiritual literature to libraries with support from our fellow Association members	0	
Hualien	2014.03.17	Held a spiritual seminar at Hualien District Prosecutors Office sharing the message of halting global warming by adopting a plant-based diet, followed by vegan meals	2,640	F11
Tainan	2014.03.19	Visited inmates at Mingde Minimum-Security Prison and held a spiritual seminar with support from our fellow Association members	0	
Keelung	2014.03.19	Helped clean a non-killing shelter for stray dogs and contributed vegan dog food	8,105	F12
Taipei	2014.03.22	Held a spiritual seminar for homeless individuals, distributing spiritual literature and serving vegan lunches	5,000	F13
Changhua	2014.03.25	Distributed nutritious vegan food to low-income families, with support from our fellow Association members	0	
Tainan	2014.03.27	Visited inmates at the Mingde Minimum-Security Prison and held a spiritual seminar with support from our fellow Association members	0	
Tainan	2014.04.12	Beach cleaning to promote environmental protection, with support from our fellow Association members	0	
Hualien	2014.04.14	Held a spiritual seminar at Hualien District Prosecutors Office sharing the message of halting global warming by adopting a plant-based diet, followed by vegan meals	2,880	F14
Changhua	2014.04.15	Distributed relief funds to fire hazard victims	10,000	F15
Changhua	2014.04.26	Held a vegan cooking workshop, with support from our fellow Association members	0	
Keelung	2014.04.26	Beach cleaning to promote environmental protection	800	F16
Changhua	2014.05.03	Held a seminar to inspire the happy and healthy vegan lifestyle, with support from our fellow Association members	0	
Keelung	2014.05.17	Participated in a vegetarian fair to promote the vegan diet	2,656	F17
Hualien	2014.05.19	Held a spiritual seminar at Hualien District Prosecutors Office sharing the message of halting global warming by adopting a plant-based diet, followed by vegan meals	3,040	F18

Changhua	2014.05.24	Held a vegan cooking workshop with support from our fellow Association members	0	
Keelung	2014.05.28	Celebrated Dragon Boat Festival with homeless individuals: Distributed daily necessities, vegan rice dumplings and steamed buns with stuffing	17,355	F19
Changhua	2014.06.02	Held a charity event during the Dragon Boat Festival, cooking vegan sticky rice wrapped in bamboo leaves for people in need	4,434	F20
Tainan	2014.06.05	Celebrated Dragon Boat Festival with disadvantaged families: Shared vegan rice dumplings and red envelopes	46,000	F21
Tainan	2014.06.07	Held a film viewing event to share <i>The Real Love: The Musical</i> , with support from our fellow Association members	0	
Hualien	2014.06.16	Held a spiritual seminar at Hualien District Prosecutors Office, sharing the message of halting global warming by adopting a plant-based diet, followed by vegan meals	2,800	F22
Hualien	2014.06.17	Donated spiritual literature to libraries, with support from our fellow Association members	0	
Keelung	2014.06.18	Helped clean a non-killing shelter for stray dogs and contributed vegan dog food	8,105	F23
Taipei	2014.06.19	Contributed clothing and towels to approximately 1,000 homeless people from April to June	66,000	F24
Chiayi	2014.06.21	Held a film viewing event to share <i>The Real Love: The Musical</i>	3,877	F25
Pingtung	2014.07.03	Held a spiritual seminar for prison inmates, with support from our fellow Association members	0	
Changhua	2014.07.10	Donated spiritual literature to libraries in June and July, with support from our fellow Association members	0	
Hualien	2014.07.17	Visited disadvantaged students living in remote areas to send love and financial assistance, with support from our fellow Association members	2,400	F26
Hualien	2014.07.21	Held a spiritual seminar at Hualien District Prosecutors Office, sharing the message of halting global warming by adopting a plant-based diet, followed by vegan meals	3,200	F27
New Taipei	2014.07.26	Donated spiritual literature to libraries, with support from our fellow Association members	0	
Taipei	2014.08.13	Donated spiritual literature to libraries, with support from our fellow Association members	0	
Kaohsiung	2014.08.16	Visited gas explosion victims in Kaohsiung and distributed relief funds to them	361,550	F28
Hualien	2014.08.18	Held a spiritual seminar at Hualien District Prosecutors Office, sharing the message of halting global warming by adopting a plant-based diet, followed by vegan meals	2,640	F29
Keelung	2014.08.20	Helped clean a non-killing shelter for stray dogs and contributed vegan dog food to promote animal welfare	7,825	F30
Pingtung	2014.08.23	Co-organized with the Department of Environmental Protection and held a fair promoting low-carbon, vegan living (Department of Environmental Protection paid for materials)	0	
Taichung	2014.08.24	Held a youth summer camp, with support from our fellow Association members	0	
Changhua	2014.08.26	Distributed 1,505 pairs of jeans donated by our Association members to disadvantaged families during Moon Festival.	1,631	F31
Keelung	2014.08.30	Beach cleaning to promote environmental protection	660	F32
Penghu	2014.09.02	Distributed relief funds to airplane crash victims' families to express our condolences	9,100	F33
Taipei	2014.09.03	Celebrated Moon Festival with homeless individuals: Distributed vegan moon cakes and pomelos to about 500 homeless people, with support from our fellow Association members	0	
Keelung	2014.09.04	Celebrated Moon Festival with disadvantaged individuals: Distributed vegan cakes and daily necessities	18,690	F34
Hualien	2014.09.15	Contributed funds and helped with repairs for schools located in remote areas	130,000	F35
Hualien	2014.09.15	Held a spiritual seminar at Hualien District Prosecutors Office, sharing the message of halting global warming by adopting a plant-based diet, followed by vegan meals	2,400	F36
Tainan	2014.09.25	Visited inmates at the Mingde Minimum-Security Prison and held spiritual seminars between July and September with support from our fellow Association members	0	
Keelung	2014.09.27	Beach cleaning to promote environmental protection	800	F37
Changhua	2014.09.27	Held a vegan cooking workshop with support from our fellow Association members	0	
Changhua	2014.10.02	Caring for senior citizens activities during the Double Ninth Festival	13,200	F38
Changhua	2014.10.08	Offered condolences and financial assistance to families of accident victims	5,000	F39
Total			TWD 1,407,761 (US\$46,925)	

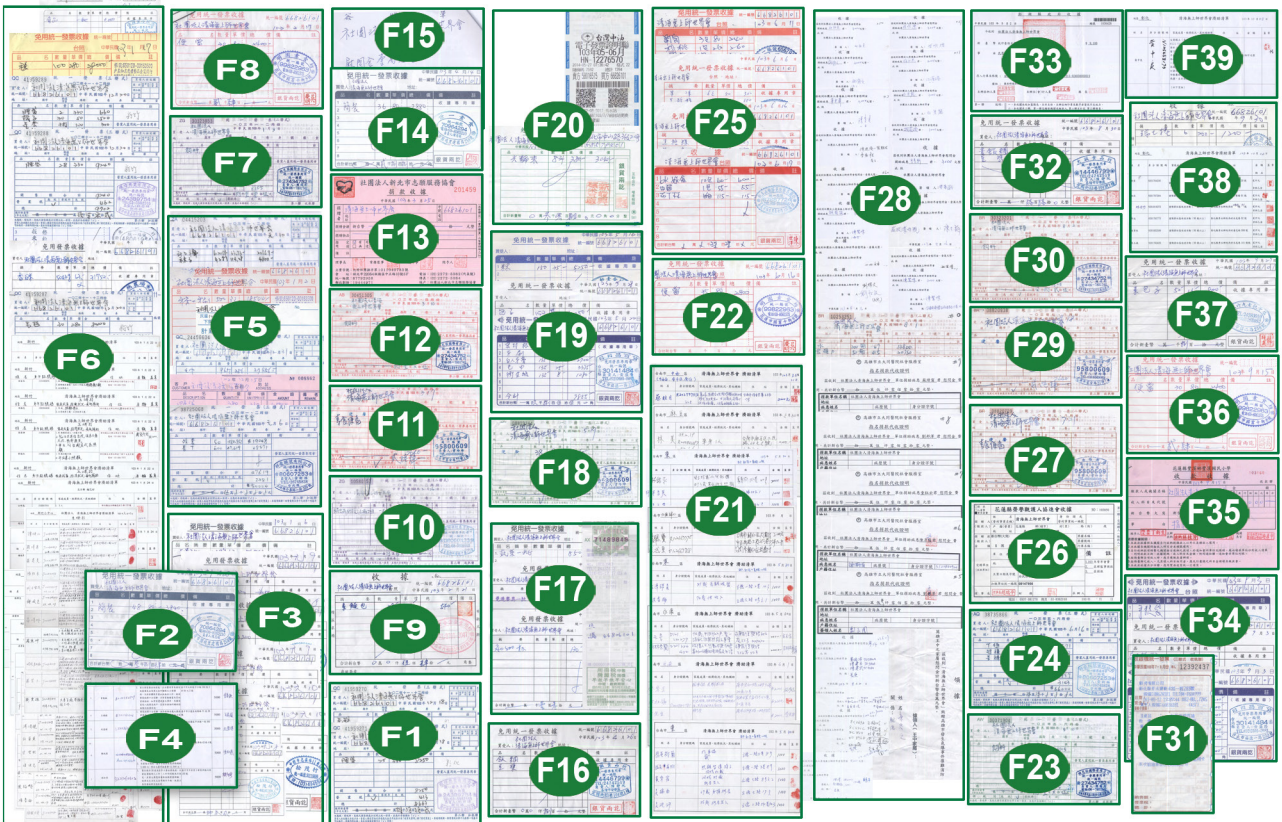
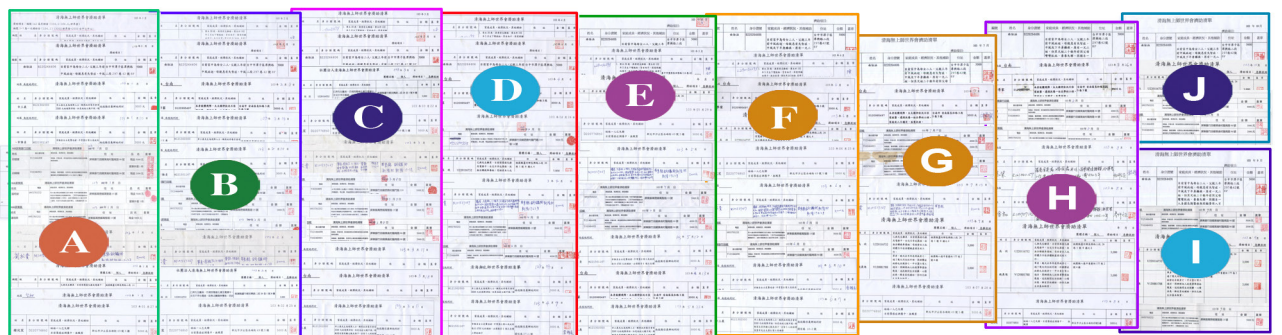


Table 2: Expenditures for Helping Households in Need in Formosa, January to October, 2014

Month	Description	Expenses (TWD)	Appendix
January	14 households (New Taipei 2, Taoyuan 2, Miaoli 1, Taichung 3, Changhua 1, Nantou 2, Pingtung 3)	64,000	A
February	13 households (New Taipei 1, Taoyuan 1, Miaoli 1, Taichung 3, Nantou 2, Tainan 1, Pingtung 4)	54,000	B
March	13 households (New Taipei 1, Taoyuan 1, Miaoli 1, Taichung 3, Nantou 2, Tainan 1, Pingtung 4)	54,000	C
April	14 households (New Taipei 1, Taoyuan 2, Miaoli 1, Taichung 3, Nantou 2, Tainan 1, Pingtung 4)	55,000	D
May	13 households (New Taipei 1, Taoyuan 2, Miaoli 1, Taichung 3, Nantou 2, Tainan 1, Pingtung 3)	50,000	E
June	13 households (New Taipei 1, Taoyuan 2, Miaoli 1, Taichung 3, Nantou 2, Tainan 1, Pingtung 3)	50,000	F
July	9 households (New Taipei 1, Taoyuan 2, Miaoli 1, Taichung 1, Tainan 1, Pingtung 3)	34,000	G
August	10 households (New Taipei 1, Taoyuan 2, Miaoli 2, Taichung 1, Tainan 1, Pingtung 3)	37,000	H
September	6 households (Taoyuan 2, Taichung 1, Pingtung 3)	21,000	I
October	6 households (2 in Taoyuan; 1 in Taichung; 3 in Pingtung)	23,000	J
Total	111 households	TWD 442,000 (US\$14,733)	



Warmth in Winter

True love is not possessiveness, but giving unconditionally. When we see that someone is in need and help him spontaneously, we are expressing love. As Supreme Master Ching Hai says, “In your heart you seem to have become him; you can feel his pain. After you give him [the necessities], you see that he is very happy. You feel so warm in your heart, as if you have given yourself something. Then you know what love is.”

Supreme Master Ching Hai has always been deeply concerned about the well-being of the homeless and other vulnerable individuals around the world. She not only asks our Association members, including Her personal attendants, to provide aid to the needy and disadvantaged, but also purchases vegan food, daily necessities and gifts in person, and sends them anonymously to organizations such as homeless shelters, orphanages and animal sanctuaries. In December of 2012, Master established a special fund to help homeless monastics and other less fortunate people in all parts of the globe. As lovingly instructed by Master, all of our Association’s international Centers again conducted charitable, “Warmth in Winter” activities to help ensure that those in need stay warm during the cold season.

AMERICAS

Sharing Warmth and Holiday Cheer with Those Less Fortunate in San Jose, California, USA

By San Jose, California, USA News Group (Originally in English)

Participating in helping those less fortunate during the cold season as requested by Master, on December 14, 2013, our San Jose Center from California, USA, organized a winter relief event. Similar to last year’s effort, we reached out to approximately 450 disadvantaged individuals along the Coyote Creek and at The Salvation Army’s downtown San Jose Temple Corps Community Center. As the weather was unusually cold, we distributed many items to help people stay warm such as tents, sleeping bags, winter jackets, socks, hats and mittens, and served a warm vegan meal as well, using the total fund of US\$11,569 contributed by our Association members, with reimbursement available





from Master’s fund.

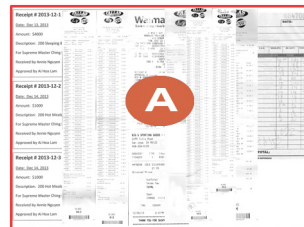
Along the Coyote Creek, many homeless friends who were living there expressed appreciation and smiled joyfully when they received the supplies. A young man asked for socks and sat down to put them on right away. At the Community Center, a warm vegan meal prepared by our kitchen team and five local vegan restaurants managed by our Association members was served. Winter jackets, along with other relief items, were also distributed. The volunteers and staff were very thankful for the gifts and said the food was very delicious. A lady who received stuffed animals as her Christmas present requested a photo to be taken in front of the Christmas tree, her brilliant smile showing her happiness.



Sharing love is the best way to celebrate the holiday season! Our Association members felt very grateful for participating in this relief project. 

Expenditures by The Supreme Master Ching Hai International Association for Winter Relief Work in San Jose, California, USA

Description	Amount (USD)	Receipt
200 sleeping bags, 10 tents, 280 jackets, 450 hats, 450 gloves, 450 socks and 10 thermals	9,036.77	A
Vegan food and beverages	2,532.38	B
Total	US\$11,569.15	



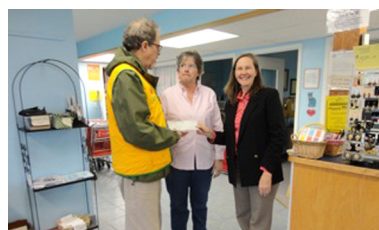
United States Cold Weather Relief for Those in Need

By USA News Group (Originally in English)

The winter of 2013-2014 in the United States was extremely long and cold, with temperatures dipping to 10 degrees below zero Celsius in many states. Deeply concerned about the well-being of the homeless, Supreme Master Ching Hai instructed Centers to conduct relief efforts. She also provided a fund of over US\$33,000, which allowed our Association members around the country to bring timely love and aid to our brothers and sisters suffering from the freezing weather.

Arkansas

In January 2014, with US\$4,000 in funds provided by Supreme Master Ching Hai and \$668.86 by our Association members, the Arkansas Center sent blankets, tents, sleeping





bags, hats, gloves, coats and hand and foot warmers to Souls Harbor in the town of Rogers and to The Salvation Army in Fayetteville. Souls Harbor is a transitional living facility for the homeless. A US\$1,500 check from the relief funds was also given to the Catholic charity St. Vincent De Paul, which used the funds to pay the heating bills of disadvantaged individuals in Berryville, Eureka Springs, and surrounding areas.

Georgia

All through the cold period from January to March, a group of our Association members from the Georgia Center distributed sleeping bags, warm clothing and vegan food to homeless individuals in Atlanta with Supreme Master Ching Hai's generous contribution of US\$15,000 and US\$7,838 from the Georgia Center. The group rendered aid to people staying under bridges and at the city's shelter for those most in need, as well as



to those wandering the streets. For example, from January 5 to 7, they served hot vegan

food and distributed over 800 bags containing warm clothes, regular and solar emergency blankets and other essential items to help homeless individuals cope with the freezing temperatures. The recipients were deeply grateful for the aid, expressing words of prayer and blessing. Also, on the last day of the distribution effort, the group met a person who guided them to where needy women and children were staying, so they could distribute sleeping bags. Our local Association members continue to serve 600 meals each month at one of Atlanta's homeless shelters for those most disadvantaged.

Illinois



Upon receiving Supreme Master Ching Hai's loving message to help disadvantaged people in winter, our Illinois Association members contributed US\$1,245.08 for the purchase of sleeping bags, pads, hand warmers, snacks and drinks, which they distributed in downtown Chicago on January 9. More

than 10 homeless individuals near Randolph Street and Wacker Drive happily received the relief items.



Maryland

With US\$4,000 in relief funds from Supreme Master Ching Hai and US\$419.57 contributed by our local Association members, a team from the Maryland Center distributed emergency supplies and shipped more items to homeless shelters and agencies in the city of Baltimore. Many less fortunate people living on the streets were touched by these acts of love and wept openly. Upon receiving a sleeping bag, one woman said, “I desperately need it.” And a gentleman in a wheelchair exclaimed, “All God’s blessings, God’s gifts!” All the team members felt deeply privileged to learn the lesson of love through this activity.



New Jersey

With Supreme Master Ching Hai’s contribution of US\$5,000 and US\$1,222 contributed by the New Jersey Center, our local Association members distributed 174 relief packages. The recipients of these packages were: Hoboken Shelter in Hoboken, Real House Inc. women’s shelter in Montclair City, Sussex County Interfaith Hospitality Network emergency shelter in Newton, and Ana M. Sample House in Camden. In addition, some of these relief packages went to two tent cities for homeless people and a place where homeless individuals spend the night in the Walter Rand Transportation Center. The packages each contained a hat, a scarf, gloves, socks, thermal undergarments and a blanket. In addition to the winter gear, the tent-city residents also received sleeping bags, chafing fuel, firewood and sand.



New York

On January 10, a group including our Association members, Loving Hut customers, and other friends distributed clothing to homeless people in New York City. With Supreme Master Ching Hai’s contribution of

US\$4,000, the group prepared packages for both men and women, each containing a warm hat, scarf, thick gloves, thermal underwear and three pairs of thick socks. Working with the organization Coalition for the Homeless, they were able to efficiently reach those in need.





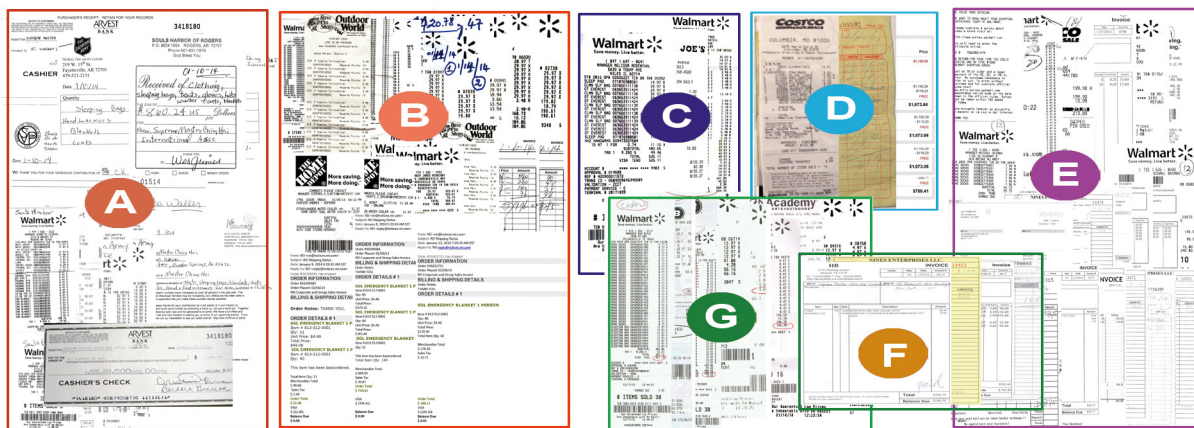
Texas

In January, with Supreme Master Ching Hai’s US\$1,928.84 contribution, a team of our Association members from Austin, Texas purchased sleeping bags, socks and vegan food, and delivered the items to over 100 homeless people along Interstate Highway 35(IH35) and to The Salvation Army shelter in downtown Austin.

The relief teams, deeply grateful to Supreme Master Ching Hai for Her compassion, felt happy to be able to deliver timely aid to those less fortunate who had been unable to defend themselves from the extreme weather. May the spirit of sharing and caring grow so that all humankind will possess the basic needs of food and shelter. 🌸

Expenditures by Supreme Master Ching Hai and Her International Association for Winter Relief Work in the US

Description	Amount (USD)	Receipt
Arkansas Center: Hats, gloves, blankets, sleeping bags, tents, hand and foot warmers and a US\$1,500 check to the St. Vincent De Paul charity	4,668.86	A
Georgia Center: Sleeping bags, blankets, hand and foot warmers, thermal underwear, socks, hats, coolers and a \$7,965 cash contribution	22,838.74	B
Illinois Center: Sleeping bags, pads, hand warmers and vegan food	1,245.08	C
Maryland Center: Sleeping bags, gloves, sweaters, hats, socks, snacks, water and fruit, etc.	4,419.57	D
New Jersey Center: Blankets, hats, gloves, socks, thermal undergarments, scarves, hooded sweaters, sleeping bags, chafing fuel and firewood; transport and packaging of relief supplies	6,221.56	E
New York Center: Warm hats, scarves, thick gloves, thermal undergarments and thick socks	4,025.00	F
Texas Center: Sleeping bags, socks, and vegan food	1,928.84	G
Total	US\$45,347.65	



Loving Gifts for Our Homeless Friends in Oregon, USA

By Oregon, USA Relief Team (Originally in English)

In early December 2013 the weather became cold and the rain began falling in western Oregon, signaling the hardest time of year for homeless people in the area. Our Association members from the Oregon Center thus responded to Supreme Master Ching Hai's compassionate request to help our homeless friends stay warm by contributing US\$14,974 for the purchase of high-quality winter items as holiday gifts, with reimbursement of expenses available from Master.



After speaking with several people living outdoors to determine their needs, we found that the items most required were sleeping bags, jackets and warm socks.

We also learned that many homeless individuals needed certain special items, so we ordered tents, sleeping bags, jackets, long and short undergarments, tarps, boots, shoes, blankets, socks, gloves, wheeled backpacks, folding chairs, snow pants, hats, foot and hand warmers, propane bottles, candles and plastic construction bags to keep personal belongings from getting wet.

We decided to distribute the supplies in person after hearing Supreme Master Ching Hai say in a lecture that people are more comforted when relief items are delivered directly. In the past, we had given such items to organizations helping homeless people to distribute, but this time we chose to personally bring the supplies to those less fortunate who live outdoors in Portland, Corvallis, Eugene and Lebanon, Oregon.

After delivering the goods, we received many sincere thanks and also learned more about the lives and special needs of homeless individuals.

Upon receiving winter boots, our hearts were warmed when our homeless friends threw away their thin, torn shoes and put on their new footwear. When one man said that the tent he received protected him and his dog companion from the cold wind and they would thus have a much warmer night, we were very happy that their lives had been improved. Another man informed us that during the extreme cold winter nights the most needed item was heat, so we bought him some fuel for gas heaters or stoves, as well as candles. Others said that the tarps would be very useful in keeping them dry and blocking the wind and rain.

One night, after distributing all the supplies on hand, one of our Association members noticed more homeless people in need of sleeping bags and tarps. The items were immediately purchased to make sure the individuals were kept warmer during the cold nights.


In the spring, there are more homeless people living outdoors because many homeless shelters or facilities close after the winter season. We learned that more people were in need of tarps, socks and flashlights so we purchased these items, which included solar flashlights, for them. Those who received





quickly set out for the temple and distributed approximately 700 blankets as the monks finished eating. The recipients expressed their gratitude to Master and conveyed their happiness for the blankets. The remaining 200 blankets were then distributed to those in need just before heavy rain and thunder struck.

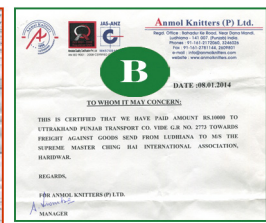
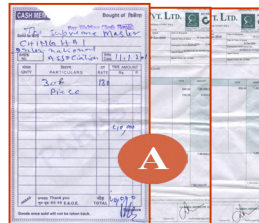


With INR 40,000 remaining, we bought another 308 blankets, which we distributed to sadhus on the other bank of the Ganges. Traveling back to New Delhi, we gave thanks for God’s grace and blessings in enabling our relief work to proceed smoothly. 



Expenditures by Supreme Master Ching Hai for Winter Relief Work in India

Description	Amount (INR)	Receipt
Blankets	978,000	A
Transportation costs	10,000	B
Total	INR 988,000 (US\$15,977)	



Helping Spiritual Renunciates and Our Homeless Friends in India

By Formosa Relief Team (Originally in Chinese)

At the end of November 2014, upon receiving a generous funding of US\$20,000 from Supreme Master Ching Hai along with Her instruction to purchase warm clothing and blankets for Indian monastics and homeless individuals, our Formosa relief team immediately contacted one of our Association members in New Delhi, India and asked him to help purchase blankets and arrange for distribution. Later, when we heard that the owner of the blanket manufacturer was also one of our Association members, we knew that God had made all the arrangements.

We arrived in New Delhi on November 25. On the following day, our Association member from India asked Jabdish, who was involved in our previous relief work, to be our driver again. Jabdish said that he really liked to do God’s work with us and he felt blissful during the work.

After a long ride to the Shivpuri Ashram located at the foothill of the Himalayas, we joined our relief teams from Nepal and Singapore. Knowing the purpose of our trip, the abbot of the ashram asked an elderly man, known as the “Great Saint,” to assist us as he was very knowledgeable about the ashrams and homeless people who needed the most help.

On November 27, with help from the “Great Saint”, we traveled on the road of Haridwar to visit



One of the ashrams visited by our relief teams



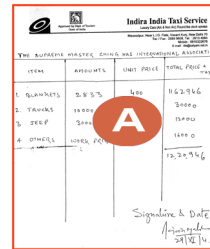
the ashrams and handed the blankets to each of the spiritual practitioners. After the joyous hugs from the recipients, we bid them farewell and moved on to the next destination. We also shared the blankets with those in need we encountered on the way. Receiving the gifts filled with Master’s love, their eyes shone with gratitude and their faces were bright with happy smiles.

At the last stop, we visited an abbot of a rather large local spiritual group. He inquired with us about Master and our practice method. After learning about Master’s teachings and the reason why we kept a vegan lifestyle, he highly praised Master’s ideals.

Our relief mission was completed successfully with help from the “Great Saint” and Jadbish, who not only guided us, but also helped us communicate with the local people and shared with them about Master’s loving deeds over the years in India. We are also grateful to work together with our Association members from Nepal, Singapore and India to convey Master’s love to our brothers and sisters in their time of need. 🌸

Expenditures by Supreme Master Ching Hai and Her International Association for Helping Monastics and Homeless Individuals in India

Description	Amount (INR)	Receipt
2,833 blankets	1,162,946	A
Transportation and labor fees	58,000	
Total	INR 1,220,946 (US\$21,218.72)	



Throughout the relief operation, our team members paid for their own transportation, food and accommodations.

Sharing Master’s Love with Homeless Friends During the Christmas Season in Japan

By Gunma Center, Japan (Originally in Japanese)

In 2013, our Association members in Gunma Center, Japan participated in the Center’s 17th annual Christmas gift distribution. This caring tradition was inspired by Master’s request to our Association Centers around the world to tend to the needs of homeless people, especially during the cold winters. On December 14, our Association members went to Takasaki City and Maebashi City in Gunma Prefecture to share vegan pizza bread, snacks, candy, sweet treats and fruits, as well as winter items including hats, socks, gloves, pocket warmers, undergarments and long jackets with our homeless friends.

There were numerous meteors flying across the sky the night before the distribution. The next morning, a halo was observed around the sun. We felt a strong current of blessing power from Master. Filled with love and gratefulness, we looked for homeless individuals as planned.



It was a fairly cold winter this year. Many people accepted the gifts with smiles and said, “I have been expecting you this year.” One said happily, “The weather forecast shows that there will be snow and a cold spell coming tomorrow. It’s great that you come today. I’ve always wanted a long jacket. This is very practical for me.” Since he was still wearing summer sandals, his toes must have been extremely cold. Our Association members immediately went and purchased a pair of shoes for him based on his request. Some others were also waiting for us with excitement. The long jacket remains as a popular item this year. A person resting in a vehicle on the riverbank waited for us every year in the past. With the smile of an angel, he said, “I was thinking you might come tomorrow.”



At the Takasaki City train station, a man with a long beard and a cane told us, “I come here hoping to meet you. I’m glad you came here in spite of the cold weather.”

A woman who had been receiving our gifts for a long time told our Association members three years ago that she also wanted to help others. One of our Association members told her, “You can do it!” It turned out that two years ago, she was no longer homeless, and this year she is offering food to homeless individuals. We believe it’s a miracle blessed by Master. This woman always waits for us at the same place we go to every year. This year when she saw us, she said, “Thank you for your help during those times. When I went to the train station today, I met a homeless acquaintance. He has already happily received your long jacket. I often bring food to him these days.”

What a welcome reunion with old friends!

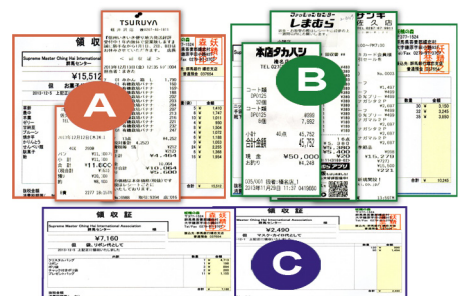
Even though there were some new faces this year compared to 17 years ago, the number of homeless people seems to have been reduced to less than half and their lives also seem to have greatly improved. They have received assistance from the local city government, which offers housing and employment opportunities. The social environment has changed tremendously, as Master uplifts our world.



We feel very honored and grateful to have the opportunity to be a tool of such a great Master, to serve others and to witness Her miracles. Thank You, Master, from the bottom of our hearts! 🌸

Expenditures by The Supreme Master Ching Hai International Association for Winter Relief in Japan

Description	Amount (JPY)	Receipt
Snacks, candy, sweet treats, fruit and pizza bread	31,576	A
Long winter jackets, caps, gloves, socks and undergarments	76,656	B
Pocket warmers, hygienic masks, plastic bags and ribbon, etc.	9,650	C
Total	JPY 117,882 (US\$1,123.05)	



Bringing Warmth to Hill Tribe Children in Northern Thailand

By Thailand News Group (Originally in Thai)

From December 2013 through to early 2014, Northern Thailand experienced unusually cold weather with temperatures reaching as low as minus 15 degrees Celsius in some areas.

Our Chiang Mai Province Association members were contacted during this time by Ban Mae Math School, which is located in Chiang Dao District, Chiang Mai Province. The school advised us that they were in urgent need of blankets for the children. Following Supreme Master Ching Hai's instruction to always help those in need, our Thailand Association members quickly assisted and contributed THB 12,870 (US\$390) with funds available for reimbursement from Master.



Ban Mae Math School is a boarding school in the mountains and quite remote, with no telephone access, attended by 149 students ranging from kindergarten to grade 6.

Enough blankets for each student were purchased, as well as vegan snacks. All the items were delivered personally by our Association members from the Chiang Mai Center.

We pray that all the diligent students at Ban Mae Math School stay warm and cozy during the winter season. May Heaven bless them with much love and happiness all year round. 🌸



Expenditures by The Supreme Master Ching Hai International Association for Winter Relief Work in Thailand

Description	Amount (THB)	Receipt
Blankets	11,200	A
Food (soy milk and snacks)	1,670	B
Total	THB 12,870 (US\$390)	



Thank-you certificate from Ban Mae Math School



Winter Relief for Syrians in Need

By Syria Relief Team (Originally in Arabic)

With heartfelt concern for the difficult situation of the Syrian people, Supreme Master Ching Hai instructed our nearby Association members to provide assistance and lovingly contributed US\$2,830 for reimbursement of relief supplies purchased.

Our Syrian relief team first determined whom we could ask for help and where to go to render aid. We then purchased food from a merchant helping to support the Syrians in our area who had been displaced due to the civil war. Next we divided the items into 73 packages, each sufficient to support a family of four people for approximately one week.

We delivered 45 packages in two areas on February 5, 2013 and on February 7, delivered another 21. The remaining seven packages were delivered later. The situations of some of the families were extremely uncomfortable.

On February 13, we were able to deliver 30 blankets to one group of displaced individuals, and the remaining 85 blankets were delivered at the next opportunity. We also bought a total of 350 kilograms of chickpeas to add to the food packages. Chickpeas are considered an excellent source of protein and calcium.

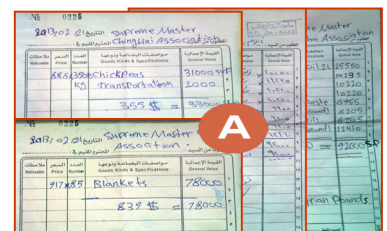
In addition to food and supplies, approximately 1,000 small pine trees were also purchased and distributed to people to plant in their farms and gardens to support reforestation in the country. With Master's funding, we also provided fuel for a family in need, as well as US\$110 for a disadvantaged university student.

Many people we met during the relief effort have begun to turn to veganism after reading Supreme Master Ching Hai's book *From Crisis to Peace – The Organic Vegan Way is the Answer*. In fact, two of our friends and their families all decided to become vegan in one night after reading the book.

Our sincerest prayers for all Syrians. May Heaven bless you with much comfort and a future filled with peace and happiness. 🌸

Expenditures by Supreme Master Ching Hai for Winter Relief Aid for Displaced Syrians

Description	Amount (SYP)	Receipt
Food (rice, sunflower oil, macaroni, noodles, tomato paste, lentils, ground wheat, soymilk and chickpeas)	127,000	A
Supplies (blankets and firewood)	91,000	
Financial support for a university student in need	10,000	
Approximately 1,000 small pine trees and transportation	9,000	
Miscellaneous expenses (phone and internet fees)	18,000	
Total	SYP 255,000 (US\$2,830)	



Expenditures by Supreme Master Ching Hai and Her International Association for Warmth in Winter Relief Work Around the World from December 2012 to March 2013

Country	Description	Amount		Appendix
		Local Currency	USD	
USA	New York City: Long thermal undergarments, hats, gloves, socks, blankets, plastic bags and transportation		3,392.85	W1
	Washington, DC: Blankets, clothes, socks, gloves, hats and vegan food		2,543	W2
	Michigan: Contribution to Brother Al Mascia, Order of Friars Minor (OFM), co-founder of Song and Spirit Institute for Peace, for cold weather items for homeless individuals		10,000	W3
	San Jose, California: Blankets, sleeping bags, tents, jackets, hats, gloves, socks, plastic bags, vegan food and beverages		13,407.84	W4
	New Jersey: Vegan food, solar garden lights and cords, clothes, wheel barrow, six box stoves, one generator and drinking water		4,157.70	W5
	Texas: Sleeping bags, gift cards, bath towels and groceries		7,121.16	W6
	Florida: Blankets, jackets, socks, hygienic products, warm hats, gloves, undergarments, T-shirts, hoodies and toys		11,292.30	W7
	Oregon: Sleeping bags, heavy duty jackets, undergarments, pants, socks, hats, gloves, a tent, a tarp, a travel backpack, bags, shipping supplies and fees, and transportation		33,762	W8
	Boston: Blankets, socks, gift bags, "Be Vegan Make Peace" stickers and transportation		10,100.18	W9
	Los Angeles, California: Blankets, men's jackets, children's jackets, socks, gloves, sweaters, toothpaste, toothbrushes, bags, scarves, hats, towels and windbreaker jackets		19,227.06	W10
	Chicago, Illinois: Blankets, hats, scarves, zip-up hooded sweatshirts, sweatpants, toys and vegan food		3,243.13	W11
	Arkansas: Blankets, warm coats, plastic bags, sleeping bags, gloves, socks, hats, winter undergarments and warming packets; toys, art supplies and other requested items for Northwest Arkansas Children's Shelter; cashier's check to LifeSource International		10,139.11	W12
	Arizona: Fleece jackets, sleeping bags and socks		4,768.44	W13
	Baltimore, Maryland: Hats, gloves, socks and blankets for shelters for homeless individuals (INNterim Housing Corporation, Manna House, Health Care for the Homeless, the Bea Gaddy Family Center, My Sister's Place Women's Center, Beans and Bread and Sarah's Hope at Hannah More); Washington DC : Hats, gloves, socks and blankets for the Community for Creative Non-Violence shelter		10,060	W14
	Indiana: Blankets, jackets, socks, batteries and flashlights		2,572.19	W15
	Colorado: Blankets, socks and hygienic products; gifts for workers at Denver Rescue Mission		4,915.17	W16
Austin, Texas: 20 blankets and 40 sleeping bags		650.98	W16A	
Bulgaria	Fruits, chocolates, jackets, undergarments, sport trousers, socks, T-shirts, animal shelter contribution and others	BGN 1,956	1,318	W17
Czech Republic	Blankets and giving hot meals 3-4 days a week from Loving Hut (Supported by our Association members)		0	
France and Italy	Cash, blankets, clothing and sleeping bags	EUR 605.43	798.24	W18
France	Blankets, sleeping bags, floor mats, long undergarments, gloves, socks, fleece, transportation and accommodations	EUR 10,772.41	14,206	W19
Germany	Blankets, warm shirts and jogging pants, undergarments, socks and plastic bags	EUR 955	1,260	W20
Costa Rica	Blankets, warm clothing, knitted garments, shawls and plastic bags	CRC 440,000	805	W21
Canada	Vancouver: Jackets, pants, T-shirts, hats, socks, blankets, hand warmers, emergency blankets and others	CAD 8,683.44	8,455.64	W22
	Montreal: Hats and pajamas	CAD 5,996.54	6,044.99	W23
	Calgary, Alberta: Contribution to Food for Peace Society of Calgary; sleeping bags and gloves for homeless individuals	CAD 595.99	603.53	W24



Austria	Funds to help with the heating costs for those in need; cash contributions to charities: Vinzenzgemeinschaft Eggenburg in Graz; Verein für Obdachlose Innsbruck; B37 charity in Linz; Caritas Salzburg; and Gruff, Caritas Wien in Vienna; clothing contribution to Juno, a night shelter for homeless youth in Klagenfurt	EUR 8,288.81	10,928.50	W25
Pakistan	Blankets		29,740	W26
Norway	Blankets	NOK 1,450.00	261.07	W27
Poland	Contribution to Chrześcijańskie Stowarzyszenie Dobroczyne (Christian Charity Association) for vegan winter shoes	PLN 9,370	3,059	W28
Georgia and Armenia	Georgia: Vegan food and supplies (shoes, pants, hats, stationery, warm clothes, physiotherapy instruments, massage bed and detergent powder, etc.) for disadvantaged children, adults and vulnerable families as well as cash assistance for chemotherapy Armenia: Vegan food and supplies (shoes, clothes, pants and umbrellas) for disadvantaged families and children as well as cash assistance to students in need; cash assistance to a family in need and individuals with disabilities; vegan food for local people assisting the relief team, and transportation		30,000	W29
Spain	Funds for the Red Cross of Marbella for 24 sleeping bags and bed mats; funds for the Charity Association of València for blankets; contribution to church in Madrid to purchase washing machine for those who are homeless; sleeping bags, gloves, hats, socks, scarfs and undergarments for those most in need	EUR 3,547.02	4,676.62	W30
Slovenia	Shelter for Homeless Individuals-Ljubljana: Winter jerseys, warm undergarments, gloves, socks, caps and pants; Shelter for Homeless Individuals-Maribor: Winter jerseys, warm shirts, cardigans, trousers, gloves, socks and warm undergarments; Catholic Charity-Vincencijeve Zvezde Dobrote: Shoes for homeless individuals	EUR 1,500	1977.70	W31
Âu Lạc	Blankets, warm jackets, jeans, sugar, rice cakes, seasoning, cooking oil, soy sauce, cash assistance to residents and travel expenses in the northern region	VND 178,185,000	8,567	W32
Thailand	Warm blankets and pajamas	THB 78,780	2,626	W33
Japan	Gunma and Saitama Prefecture: Vegan snacks, candy, sweet treats, fruit, sweet buns, winter jackets, long coats, winter caps, gloves, warm socks, mufflers, undergarments, plastic bags, ribbons, medicine, hygienic masks, pocket warmers and travel expenses	JPY 284,621	2,808.64	W34
South Korea	600 blankets, vegan food, warm sleeping bags, winter gloves, winter hats, hot packs and gasoline	KRW 9,952,800	9,385	W35
Nepal	Salyanand Palpa District: Blankets, mattresses and transportation for those in need and travel expenses for the relief team	NPR 307,150	3,530	W36
	Kathmandu District: Blankets	NPR 9,000	103	W37
Sri Lanka	Winter jerseys, warm caps for residents of extremely cold areas, and bed sheets for homeless people in other areas; dry rations for monks and flood victims in Thanthirimale; transportation, hotel charges, gasoline and labor	LKR 192,920	1,522.05	W38
India	Sleeping bags, jackets, shawls and blankets	INR 1,241,813	23,744	W39
Formosa	Contributed cash, vegan food, winter clothes and supplies, hygiene items and gifts to disadvantaged individuals, animals and various charitable organizations in Keelung, Hualian, Taichung, Chiayi, Tainan, Kaohsiung, Pingtung and Taoyuan	TWD 504,252	17,298	W40
China	Contributed cash, vegan food, winter clothes and supplies to disadvantaged individuals, temples and charitable organizations in Jilin Province, Qinghai Province, Hubei Province, Xinjiang Province, and Yunnan Province; contributed building materials and dog medicine to Loving Home stray dog shelter in Shanxi Province	RMB 221,788	35,646	W41
	Hong Kong and Sichuan Province: Blankets, winter coats, scarves, trousers, undergarments, socks and vegan cookies	HKD 11,780	1,516	W42
		TOTAL	US\$372,233.09	

Read Warmth in Winter full reports online at news.Godsdirectcontact.net.

On December 22, Golden Year 9 (2012) in a videoconference with the Supreme Master Television staff, Supreme Master Ching Hai revealed some wonderful news with the following announcement: As recorded in Her December 18th spiritual diary entry, our planet will be blessed to continue existing for another 8,331,171 years and even longer as Master continues to bless the world through Her deep meditation. She also said, “Now we humans are pardoned to some extent, to some degree, but we must prove worthy of this world. It’s up to the people now to choose either the noble way of living or the lesser standard of humans for present life and the hereafter. We have to live according to true human standard.”

Master mentioned in Her book *From Crisis to Peace – The Organic Vegan Way* is the Answer that the vegan diet itself is a spiritual movement because it is the single most effective way to expand our human compassion, noble quality and loving quality. It can reverse the cycle of violence and bad karmic retribution: “As we sow, so shall we reap.” And it places us within a circle of love, protection and mercy from any negative happenings in the physical realm. “Be Vegan, Make Peace” is a spiritual life style that still needs to be promoted worldwide through our diligent effort. May this planet and all beings be blessed forever!

USA

Chicago Veggie Pride Parade: Celebrating the Plant-Based Lifestyle

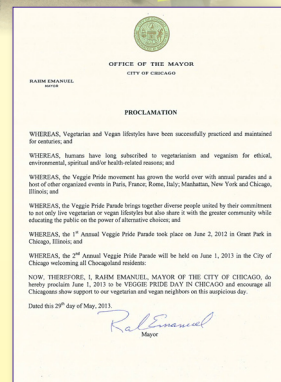
By Illinois, USA News Group (Originally in English)

On June 1, Golden Year 10 (2013), hundreds of vegans and vegetarians gathered at beautiful Grant Park in downtown Chicago to march in the second annual Chicago Veggie Pride Parade. Organized by ChicagoVeg-Chicagoland Vegetarian and Vegan Community and a number of other local vegan advocates, the parade’s mission is to unite those who recognize the advantages of a plant-based diet and wish to promote it.

Holding eye-catching banners and posters, participants of all ages, nationalities and religions walked through the streets of Chicago and received much positive feedback along the way. Many drivers honked their car horns or gave thumbs-up signs to show their support. Wearing animal costumes and different styles of “Be Vegan” T-shirts, our Association members from the Chicago Center also participated in this meaningful event.

Then an afternoon gathering in the park featured guest speakers, costume contests, raffles and games. The highlights included the reading of a letter from the Mayor of Chicago, the Honorable Rahm Emanuel, proclaiming June 1st 2013 to be Veggie Pride Day in Chicago. The Mayor encouraged “all Chicagoans to show support to our vegetarian and vegan neighbors on this auspicious day.” (See letter above.)

In addition, the Honorable Frank Avila, Commissioner of the Metropolitan Water Reclamation District of Greater Chicago, who conducted a 2011 interview with Supreme Master Ching Hai via video conference entitled, “World Vegan, World Peace:



A Conscious Choice,” presented a resolution to a Chicago Veggie Pride Parade representative officially recognizing the event. Commissioner Avila said, “My family and I find it personally rewarding to celebrate the vegan/vegetarian lifestyle. I hope by highlighting this group’s efforts and their parade, more people will come to learn the health benefits of consuming a plant-based diet.”

Our Association members were greatly encouraged to see the plant-based diet being embraced by so many Chicago residents. Through the enlightening leadership of the government and the grace of God, may Chicago soon become one of the world’s first vegan cities! 🌸

INDONESIAN

Indonesian Red Cross Provides First Aid Training

By Jakarta, Indonesia News Group (Originally in Indonesian)

The Indonesian Red Cross (IRC) trains 25 of our Association members.

Over the past few years, our Indonesian Association members have often coordinated with the Indonesian Red Cross (IRC) to assist in alleviating the suffering of people coping with the aftermath of natural disasters. In early 2014, the Jakarta Center disaster relief team also partnered with the IRC to organize a comprehensive training program so that our Association members could become certified as eligible IRC volunteers capable of administering first aid.

The training program was held March 29 to 30, Golden Year 11 (2014) for 25 of our Association members from Jakarta and Surabaya at Loving Farm in Cianjur, West Java. Six speakers from the IRC and a medical doctor from the Jakarta Center presented the training materials and demonstrated first aid practices. Participants learned basic life support and cardiopulmonary resuscitation (CPR), first aid for soft tissue injury, locomotor injury, neck and back injury, bleeding and trauma, burns, as well as medical emergencies. They also engaged in the practice and simulation of indoor and outdoor emergency response.



Learning how to perform CPR



Practicing CPR



Trainers from IRC and our Indonesian Association member trainees

Participants demonstrated marked improvement in their knowledge and competency through improved test scores. The IRC staff was pleased with the results and pledged to issue certificates to the course students, enabling them to become eligible IRC volunteers and to administer first aid. Our Association members hope that the knowledge and skills acquired from this training will help them better assist those in need. 🌸

The World Calls for Strong Climate Action

Hundreds of thousands march in New York City and worldwide ahead of United Nations Climate Change Summit.

By Supreme Master Television (Originally in English)



People's Climate March in New York, City: (from right) French Ecology Minister Ségolène Royal, UN Secretary-General Ban Ki-moon, New York City Mayor Bill de Blasio, former US Vice President Al Gore (vegan), renowned primatologist Jane Goodall, French Foreign Minister Laurent Fabius

Joined by government leaders and celebrities, hundreds of thousands of concerned citizens in New York City, USA and across the globe took to the streets in possibly the largest climate demonstration in history on Sunday, September 21, 2014. The People's Climate March movement was held two days before the United Nations Climate Change Summit in New York as a call for world leaders to pledge stronger measures on global warming.

March for the planet

In New York City, as many as 400,000 people rallied through the streets of Manhattan as part of the People's Climate March. Prominent participants were United Nations Secretary-General Ban Ki-moon, who presided over the summit, former US Vice President and vegan Al Gore, New York City Mayor Bill de Blasio, French Ecology Minister Ségolène Royal, French Foreign Minister Laurent Fabius, Executive Secretary of the UN Framework Convention on Climate Change (UNFCCC) Christiana Figueres

and renowned primatologist and UN Messenger of Peace Jane Goodall.

Hollywood actors Leonardo DiCaprio, Evangeline Lilly, Edward Norton and Mark Ruffalo, as well as British singer-songwriter Sting, also marched.

The participants showed a remarkable diversity. Among them were indigenous groups, well-known environmentalists and scientists, college students, children and seniors, as well as activists from overseas.

Secretary-General Ban Ki-moon told reporters at the march, "This is the planet where our subsequent generations will live. There is no 'Plan B' because we do not have 'Planet B'."

Actress Evangeline Lilly told the New York Daily News that she was marching for "my child, my family, and for everyone who has the great privilege of living on this beautiful planet of ours."

The Supreme Master Ching Hai International Association was among the hundreds of organizations that participated. Our Association members, joining in from New York, New Jersey, Boston, Houston, Los Angeles, Hawaii

and other US states, as well as South Korea, handed out 6,000 vegan sandwiches and vegan cookies along with information about the vegan solution to climate change. This was to raise awareness on the crucial fact that meat production is the primary cause of global warming and that a collective switch to a vegan diet would be the most pragmatic and immediately beneficial action. A study published by the Worldwatch Institute found that the meat industry is the single largest cause of human-induced global warming. According to a Greenpeace report, animal raising also accounts for at least 80% of the Amazon region's deforestation, itself a major factor in climate change.

Around the globe

Coinciding with the march in New York, a rally was held in London, United Kingdom with some 40,000 people, including actress Emma Thompson and musician Peter Gabriel. Some demonstrators were wearing animal costumes to make the important point that not only humans but also animals are suffering due to the effects of climate change.

Ms. Thompson stated, "Every single person on this Earth has the power to change the world. And when we all come together, our power becomes irresistible. Now we must use our power to tackle the biggest threat humanity has ever faced."

An estimated 30,000 people marched in Melbourne, Australia, citing concerns of facing more bushfires and droughts intensified by global warming.

It has also been reported that 25,000 marched in Paris, France, while 15,000 came together in Berlin, Germany.


These demonstrations were among more than 2,500 events reportedly attended by some 600,000 people in over 150 countries including Italy, Bulgaria, Colombia, Brazil, India, Afghanistan, Turkey, Egypt, Tanzania, Formosa, South Korea, the Philippines, Papua New Guinea and Indonesia.

The largest summit of its kind

Approximately 120 presidents and prime ministers attended the one-day summit on Tuesday to help add momentum for the UN Climate Change Conference scheduled in December. It was the

largest number of world leaders to have ever attended a climate conference. US President Barack Obama, British Prime Minister David Cameron, and Brazilian President Dilma Rousseff were speakers at the summit.

Supreme Master Ching Hai, Who has always called for protecting the planet, stated the following in a videoconference in Los Angeles, USA on May 29, 2014: *"We have to take care of this planet as much as possible. Otherwise, the next generation will have nowhere to go. We have the duty to do that. And I hope all the people, including the government, hurry up with all the programs to save the planet. Time is precious."*

Our salute to all involved around the globe for your powerful display of solidarity through the marches as you further raised awareness about the urgency of climate change. We are grateful to Supreme Master Ching Hai for Her loving concern for our Earth and all her inhabitants. With appreciation for the government leaders at the summit, we pray for your success in quickly carrying out bold and effective solutions to restore our planet for future generations. 

<http://peoplesclimate.org/>
<http://www.bbc.com/news/science-environment-29301969>
<http://www.nydailynews.com/entertainment/gossip/stars-people-climate-march-article-1.1946408>
<http://www.ibtimes.com/peoples-climate-march-london-thousands-protest-biggest-threat-humanity-1692528>
<http://www.worldwatch.org/node/6294>
<http://news.mongabay.com/2009/0129-brazil.html>

Raising Awareness of the Vegan Solution During The People’s Climate March and United Nations Climate Summit

By USA News Team (Originally in English)

With our Master’s grace and blessings, 40 of our Association’s members gathered in New York City, USA during the last two weeks of September 2014. On Sunday, September 21 at the People’s Climate March and later beginning on September 23 at the United Nations (UN) Climate Summit, we worked to help raise awareness about the importance of embracing a vegan diet as the single greatest action to reverse climate change.

Our Association members came from nine US states (Arizona, California, Hawaii, Massachusetts, New Jersey, New York, Texas, Pennsylvania and Virginia) and three other countries (Canada, Formosa and South Korea).

People’s Climate March, September 21, 2014

At the People’s Climate March, our Association members set up a booth at a busy corner on the March’s route and handed out thousands of Master’s publications including *From Crisis to Peace – The Organic Vegan Way is the Answer. The Survival of the World is in Our Hands* recipe booklet and DVD, and Alternative Living flyers, along with more than 6,000 complimentary vegan sandwiches, cookies and water were also distributed.

The response was overwhelmingly positive, with some participants commenting, “I am a vegan too!” Others returned to our booth with their family and friends to taste our vegan food.

Many other groups were also at the event promoting the importance of a vegan diet to address climate change, including CollectivelyFree.org, Vegan Shift, the Physicians Committee for Responsible Medicine (PCRM), Healthy Planet, A Well-Fed World, Mercy for Animals, Lantern Books and Woodstock Farm Animal Sanctuary.

United Nations Climate Change Summit, September 23, 2014 and Beyond

As part of a global effort to drive greater action on reversing climate change, UN Secretary General Ban Ki-moon invited Heads of State and Government along with business, finance, civil society and local leaders to a UN Climate Summit, which was held on September 23, 2014 at the UN Headquarters in New York City.

In order to encourage these esteemed leaders to adopt and promote a vegan diet as the best solution

to address climate change and other environmental challenges, we delivered plant-based food as well as materials with information on mitigating global



New York City-People’s Climate March: Happy faces from people visiting our booth



New York City-People’s Climate March: Our Association members wore animal costumes while distributing flyers



New York City-The People's Climate March



warming to the UN missions of 160 countries over seven days. We divided into two groups, the first of which was positioned on every corner near the UN Headquarters, in an effort to give every UN staff member and each person who attended the summit the opportunity to receive the vegan information and complementary food. Many of the UN officials were happy to accept our climate change materials.

Although there was tight security, with Master's love, the police officers allowed us to stay around the main entrance points where we could greet the UN staff and hand out our materials. Some of them also came to get the gift bags we were freely distributing.

The second group delivered gift bags to the UN mission offices of the various countries:

- ☆ About 200 bags for Presidents/Prime Ministers. Each bag contained five items: the *Organic Vegan Diet* recipe booklet, *From Crisis to Peace – The Organic Vegan Way is the Answer*, *The Real Love*, *The Survival of the World is in Our Hands* recipe booklet and DVD, and the *Celestial Art* book.
- ☆ About 500 bags for Ambassadors/Ministers. Each bag contained four items: the *Organic Vegan Diet* recipe booklet, *From Crisis to Peace – The Organic Vegan Way is the Answer*, *The Real Love*, and *The Survival of the World is in Our Hands* recipe booklet and DVD.
- ☆ About 2,000 bags for journalists and UN staff and officials. Each bag contained the book *From Crisis to Peace – The Organic Vegan Way is the Answer* and the *Organic Vegan Diet* recipe booklet.

In addition to the gifts bags from our beloved Master, we offered free vegan lunches to all the embassies. On the first day, 50 lunch boxes were ordered, and by the last day, the order went up to 370. The recipients were delightfully surprised to receive the gift bags.

We were also glad to make vegan sandwiches for the homeless people in New York, and sent more than a thousand each of sandwiches, cookies and bottles of water to Bowery Missions and other shelters.

A week after the summit, we received an email from the UN Mission of Trinidad and Tobago, thanking us on behalf of all their staff for the food and stating that they would like to order vegan food from us in the future.

Our deep thanks United Nations, all international leaders and groups working to halt the disastrous effects of climate change and raising awareness about the vegan solution. May Heaven bless our world with a peaceful and compassionate future. 🌸



United Nations Climate Change Summit: Our Association members preparing vegan lunch boxes for embassies



The Supreme Master Ching Hai Day

Celebrating the 20th Anniversary of The Supreme Master Ching Hai Day on February 22, Golden Year 11 (2014)

Today is the 20th anniversary of The Supreme Master Ching Hai Day, which was proclaimed by Governors of six Midwestern states in the United States on February 22, 1994 at a grand ceremony in Chicago, Illinois. At this beautiful event, Supreme Master Ching Hai was presented the World Spiritual Leadership Award in honor of Her great spiritual contributions and for Her unconditional charitable deeds to help alleviate suffering around the world.

The Supreme Master Ching Hai Day is now joyously celebrated every year internationally. On this occasion, we would like to express our profound gratitude to Supreme Master Ching Hai for Your infinite Love, compassion and courage, for saving our precious planet, and for Your countless sacrifices to bring about lasting peace on Earth. Thank You, Supreme Master Ching Hai! We wish all a jubilant The Supreme Master Ching Hai Day! 🌸

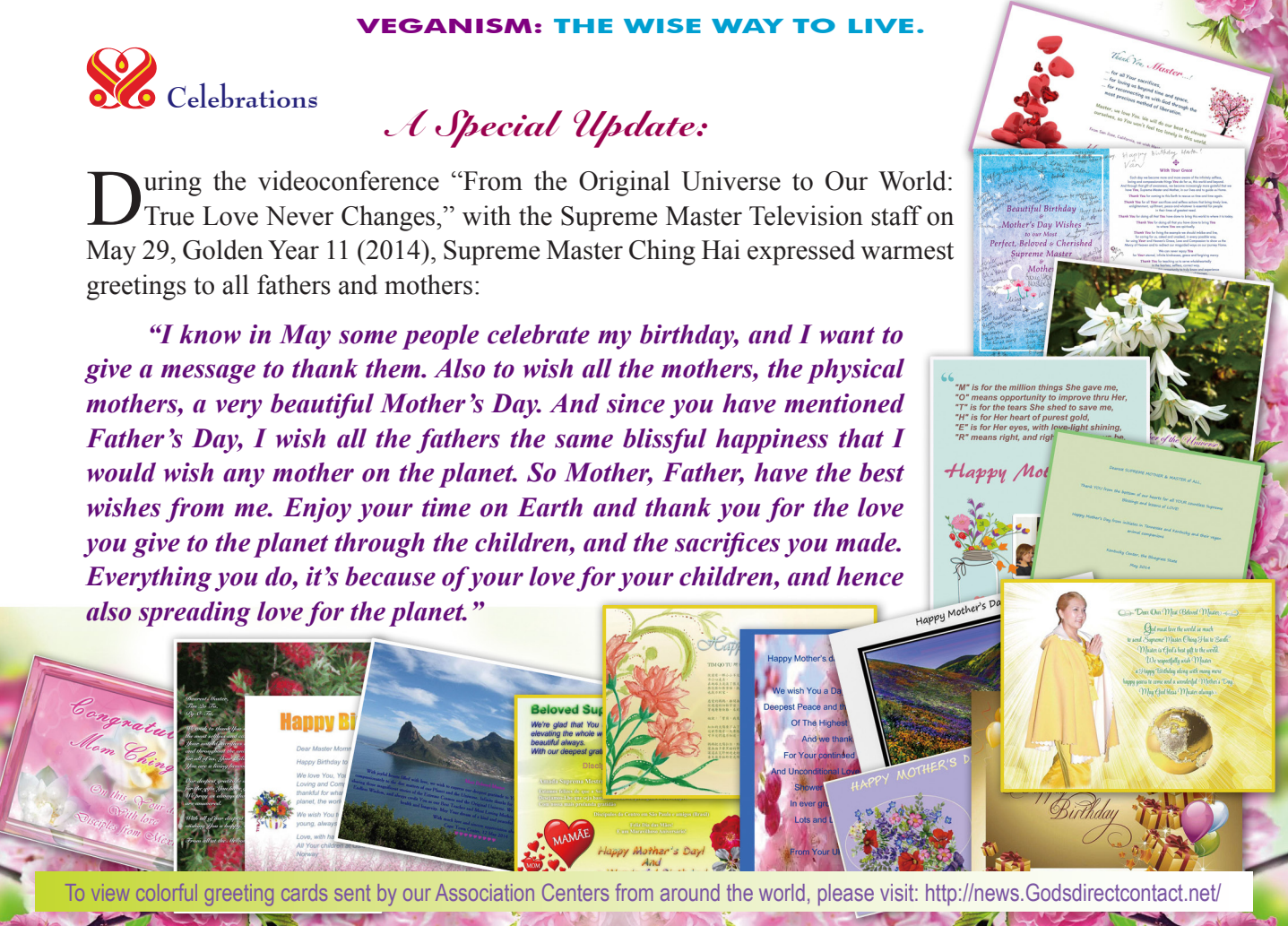


To view colorful greeting cards sent by our Association Centers from around the world, please visit: <http://news.Godsdirectcontact.net/>

A Special Update:

During the videoconference "From the Original Universe to Our World: True Love Never Changes," with the Supreme Master Television staff on May 29, Golden Year 11 (2014), Supreme Master Ching Hai expressed warmest greetings to all fathers and mothers:

"I know in May some people celebrate my birthday, and I want to give a message to thank them. Also to wish all the mothers, the physical mothers, a very beautiful Mother's Day. And since you have mentioned Father's Day, I wish all the fathers the same blissful happiness that I would wish any mother on the planet. So Mother, Father, have the best wishes from me. Enjoy your time on Earth and thank you for the love you give to the planet through the children, and the sacrifices you made. Everything you do, it's because of your love for your children, and hence also spreading love for the planet."



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Honoring Our Beloved Master and Celebrating Mother's Day in Hsihu

By Taipei News Group (Originally in Chinese)

The blossoming carnations in May exuded a happy atmosphere on Mother's Day, a joyous occasion on which we honor Beloved Supreme Master Ching Hai and all the mothers in the world. On May 11, 2014, approximately 3,500 of our Association members and guests from Australia, Canada, South Korea, Mongolia, Indonesia, Malaysia, Singapore, the United States, Au Lac, China and other countries gathered in the Forest Hall of Hsihu Center in Formosa to commemorate the birth of our Beloved Master and celebrate Mother's Day.



Dai Girls' Peacock Dance from Taichung

The festivities began with a group of our Association members from Taichung who performed *Dai Girls' Peacock Dance*. The lighthearted and graceful dance conveyed the aspirations of the Dai people of southern China to live in peace and happiness.

A group of father and daughter Association members from Changhua were also among the many delightful and uplifting performances. They treated us to *Evaporated in the Wind* performed on ukuleles, evoking warm and gentle emotions.

A collegiate group of our Association members from Taichung sang *Dedication* a cappella, reminding us of our gratitude to Master and all mothers.

Gorgeous, traditional costumes and elegant postures were showcased in the dance Avalokitesvara Bodhisattva, a performance by several of our Association members from Taipei, vividly depicting the colorful Indian culture and bringing delighted applause.

A group of six of our Association members from Mongolia dressed in traditional costumes to perform a song of their own creation, *Supreme Holy Spirit*, which was shared with reverence and love for Master and the Holy Spirit.

The performances were brought to a perfect conclusion when a chorus of our Association members from Taipei performed a song entitled *Tim Qo Tu, Py-O-Tu (Tim Qo Tu, I Love You)* set to the music of *Amazing Grace*. With the help of subtitles appearing on a huge television screen, the audience sang along with the performers, rejoicing in Master's return to the Original Universe.

Our hearts filled with warmth and happiness during this jubilant event sharing our deep gratitude to Master. We fully believe that the road to our Original Home, which our Most Compassionate Master has graciously provided with Her great motherly Love, will never fade. The road home, the path of Quan Yin, is the Divine Way to Heaven!



Taipei Association members performed an Indian Dance



Our Mongolian Association members sang *Supreme Holy Spirit*



Taichung College group Association members sang *Dedication*



Taipei Ocean of Love Chorus sang *Tim Qo Tu, Py-O-Tu*



Sharing delicious vegan cake to celebrate the joyous occasion



Father and daughter Association members from Changhua performed *Evaporated in the Wind* on ukuleles

Happy Father's Day!

- June 15 -

We are so delighted and honored on this auspicious occasion to celebrate wonderful dads around the world. Our heartfelt gratitude, cherished fathers, for your love, encouragement, warmth and devotion you selflessly share on a daily basis. Happy Father's Day to all dads, human and animal alike, with infinite Heavenly blessings!

During the videoconference "From the Original Universe to Our World: True Love Never Changes," with the Supreme Master Television staff on May 29, Golden Year 11 (2014), Supreme Master Ching Hai expressed warmest greetings to all fathers and mothers:

"I wish all the fathers the same blissful happiness that I would wish any mother on the planet. So Mother, Father, have the best wishes from me. Enjoy your time on Earth and thank you for the love you give to the planet through the children, and the sacrifices you made. Everything you do, it's because of your love for your children, and hence also spreading love for the planet." 🌸



With a history of over 3000 years, the Moon Festival, also known as Mid-Autumn Festival, is an important holiday celebrated in many parts of the world by people of Asian ancestry and their friends. Taking place on the 15th day of the eighth month of the lunar calendar, at this time the beautiful moon is at its fullest and brightest of the year.

This is a joyful occasion for family gatherings and lively festivals, as participants appreciate the many blessings in life, including the bountiful summer harvest, and gaze with delight at the spectacular full moon. One of the most popular traditions is enjoying delicious mooncakes, which symbolize family reunion and best wishes.

In Supreme Master Ching Hai's exquisite poetry collection, *The Love of Centuries*, Master shares this touching poem about the wondrousness of the moon:

Moon of Mine

*Oh moon of mine
How sweet your smile
Only for me
Oh how happy!*

*No one to see
No one to know
Our love for each other
Though you care for all!*

*No one can smile
So sweet and long
You are the one
You are the only one!*

*And when I'd sung
You stayed still and hung
Above the mountains
You listened and danced
Till my heart's content...
Endearing and lovely
You are the beauty
Of the galaxy.*

*You share the pain
And the joy, with me!
You are the loyal
Friend of eternity.*

May we continue to be blessed by the amazing moon's radiance for eons and eons to come!

We wish our beloved Supreme Master Ching Hai and all those celebrating this special day a very happy Moon Festival, filled with infinite Heavenly blessings and delicious vegan mooncakes!

For more information about Moon Festival, please visit www.SupremeMasterTV.com
To view colorful greeting cards sent by our Association Centers from around the world, please visit: <http://news.Godsdirectcontact.net/>

*You shine my path
In the dark mountain
You soothe my heart
When I'm in pain.*

*Can any one
See any thing
More beautiful than you!*

*I wait for you
In time of waning
In cloudy nights
In stormy skies.*

*You have to be
In my existence.
What's life without
My moon?!*

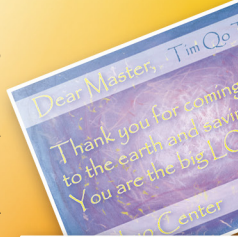
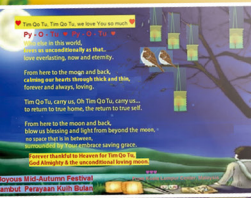
*I will not exchange
The world's treasure
For just half of you
Shining beauty
Stay forever and ever
In the vast sky...*

*The world loves you
And I love you
Thank you for being
The best of friends!*

*I love you, Moon.
I love you, Moon!
I love you forever
My Moon.*



(Poem "Moon of Mine" by Supreme Master Ching Hai)





The Supreme Master Ching Hai Day

October 25

This auspicious day was proclaimed in 1993 by the Honorable Frank F. Fasi, esteemed Mayor of Honolulu, Hawaii, USA in recognition of Supreme Master Ching Hai's immeasurable contribution to promoting world peace and Her unconditional service to humankind. Supreme Master Ching Hai offers Her infinite Love and comfort, and very significant financial contributions globally to people and animal friends in emergency situations and in need. With Her profound wisdom and compassion, at this crucial time of our planet, She guides us into an age of peace, mutual respect and friendship among all Earth's inhabitants.

Beloved Supreme Master Ching Hai, our deepest, eternal gratitude for Your endless dedication and for the countless sacrifices You make for our planet and for the entire universe in which we live. Your Love is beyond words. We respectfully wish You the very best in health and immeasurable joy and peace as beings throughout the universe blissfully honor You during this blessed time. Py-O-Tu, Tim Qo Tu!

To view colorful greeting cards sent by our Association Centers from around the world, please visit: <http://news.Godsdirectcontact.net/>





Happy Holidays and a Happy Vegan 2015!

Wishing You All the Best this Holiday Season

Season's greetings! As we rejoice in the remembrance of the blessed birth of Lord Jesus, we wish our Most Beloved Supreme Master Ching Hai and all our cherished readers, friends and families around the globe the happiest of holidays and a blissful New Year! May this Christmas season be filled with much love, light, warmth and peace for all.

As 2015 approaches, we express our deep gratitude to Supreme Master Ching Hai for Her infinite, unconditional Love, for Her continuous blessings and help for all beings, for Her forever-wise guidance, and for Her selfless and caring example. Also, our special appreciation to Master, our Most Compassionate Tim Qo Tu, for setting aside Her precious time to join us in three amazing videoconferences, uplifting our year with extraordinary insights on the Original Universe. Our sincere thanks to all leaders, organizations and thoughtful individuals who are working to make our planet more harmonious through policy changes, humanitarian endeavors, adopting a plant-based diet, and more. With Heaven's grace, may 2015 be a year of peace and fulfillment for all Earth's inhabitants in a beautiful vegan world.

Special Note: Please remember Master's loving reminder to protect our precious environment and our beautiful trees. Please use a Christmas tree substitute instead of a real tree. ❤️

To view colorful greeting cards sent by our Association Centers from around the world, please visit: <http://news.Godsdirectcontact.net/>



A Loving Safe Haven for Bears: International Animal Rescue, United Kingdom

By United Kingdom News Group (Originally in English)

During the early part of the international Golden Year 10 (2013) summer gathering in Europe, one of our Association members from the United Kingdom had the opportunity to report some positive news to Supreme Master Ching Hai, including information about a charity working to save dancing bears in India. After hearing about the gratitude conveyed by Mr. Alan Knight, OBE, Chief Executive Officer of International Animal Rescue (IAR) of the United Kingdom, for Master's past contributions and award, Master authorized another US\$20,000 for IAR. Master expressed deep sadness about the suffering of these bears and was very disappointed that people captured and harmed these beautiful animals.

The presentation of the check, along with a set of Master's DVDs, CDs and books as a gift, was made to Mr. Knight by three of our Association members on July 31, Golden Year 10 (2013) at the office of IAR. Mr. Knight was overjoyed to receive the additional funds and thanked Master immensely, stating that this was the third contribution from Master. Previously, Mr. Knight and the animal welfare organization had received a Shining World Compassion Award in Golden Year 7 (2010) and two separate contributions, each of US\$10,000 for IAR.

In a letter from Supreme Master Ching Hai accompanying Mr. Knight's and IAR's Shining World Compassion Award, She wrote:

"Words cannot express our admiration for your sacrificing and gallant work, sparing the graceful bears from unimaginable pain and suffering and providing for the futures of the trainers with care, dignity and respect. May Heaven bless you greatly for your inspirational example of love in action."

Mr. Knight explained that there are not many dancing bears on the streets now due to the success of IAR's work, which includes raising awareness about the compassionate and humane treatment of animals. However, he said the charity was still in need of finances to continue running its three sanctuaries in India, which care for over 400 bears who have been badly injured and cannot survive in the wild. As such, the charity needs financial support for surgery, medication, food and shelter, as well as wages for staff members who look after the bears, costing in total approximately US\$1,600 annually for each bear. Mr. Knight told us the gift from Master arrived at a perfect time and was very much needed.

Before we left the IAR office, Mr. Knight presented us with a wooden frame that contains a picture of a bear, a paw print and the logo of IAR. He said this was a 'Thank you' gift for Master. We expressed our gratitude on behalf of our beloved Master for his considerate gesture.



Receipt from International Animal Rescue for EUR 13,000 contribution from Master



Gift of appreciation from International Animal Rescue

Correspondence with the Venerable Abbot Ni Mai Dan Zhen

Sharing Compassionate Teachings

By News Team (Originally in Chinese)

At the Dochen Akhori Buddhist Sunshine Monastery in China's Abo Tibetan and Qiang Autonomous Prefecture, Abbot Ni Mai Dan Zhen Rinpoche and the resident monks share virtuous Buddhist teachings with the villagers in the region. These include wholesome living through a vegetarian lifestyle, as well as refraining from alcohol and smoking. In addition, they ask the villagers not to hunt animals and to avoid making clothes from leather or fur. Through their efforts, more people have turned to a plant-based lifestyle and show growing compassion towards animals.

Scenery outside the Dochen Akhori Buddhist Sunshine Monastery



Venerable Abbot Ni Mai Dan Zhen

Rinpoche has also organized multiple events to free animals from cruelty.

Moreover, Rinpoche has championed the construction and restoration of many regional Buddhist temples and historic statues. He also founded the Akhori Sunshine Monastery Buddhist Institute as well as the Hope Elementary School. Recently, an electronic multimedia textbook in Tibetan, English and Chinese has been implemented for the local students. In addition, the Rinpoche's persistent efforts to improve lives in the area have resulted in the construction of a road, an electricity plant and other infrastructure in the prefecture.



Venerable Abbot Ni Mai Dan Zhen showing love to the animals

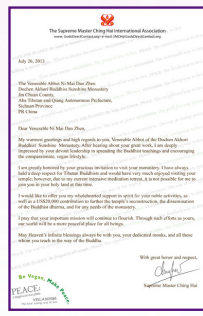
To support Rinpoche's compassionate deeds, Supreme Master Ching Hai contributed US\$20,000 on July 26, Golden Year 10 (2013), to "further the temple's reconstruction, the dissemination of the Buddhist dharma, and for any needs of the monastery."



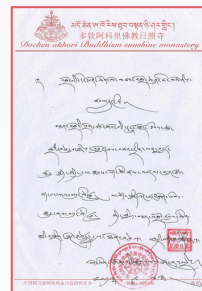
Vegan fur sold at the market



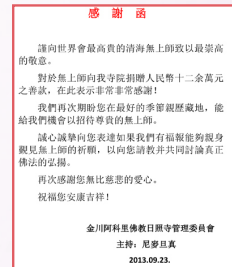
Electronic multimedia text book (In Tibetan, English and Chinese)



Master's letter to Ni Mai Dan Zhen Rinpoche



Letters of appreciation to Master from Ni Mai Dan Zhen Rinpoche (in Tibetan and Chinese)



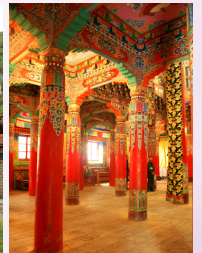
感謝語



Dochen Akhori Buddhist Sunshine Monastery



Dochen Akhori Buddhist Sunshine Monastery



Dochen Akhori Buddhist Sunshine Monastery

Park Provides Compassionate Sanctuary to Rescued Elephants

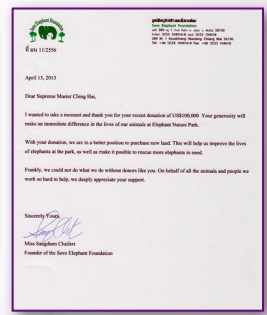
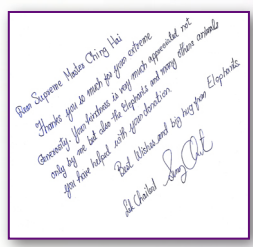
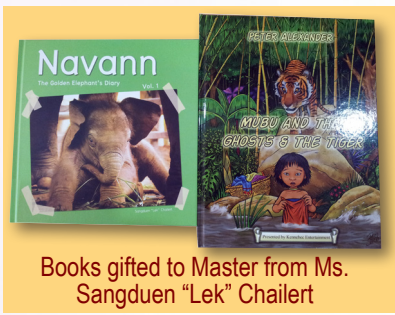
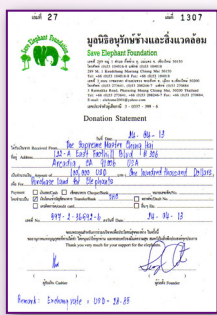
More than 30 rescued elephants enjoy a loving home at Elephant Nature Park in Northern Thailand.

By Bangkok News Group, Thailand (Originally in Thai)

Located in Northern Thailand, Elephant Nature Park is a safe haven for more than 30 rescued elephants as well as over 400 dogs, approximately 100 cats, 60 buffaloes and other animals. The park was lovingly established by Ms. Sangduen Chailert, nicknamed “Lek” (“Small”), in the 1990s. As the park has reached its full capacity, Lek, a vegan, who is also the founder of Save Elephant Foundation, is planning to purchase an additional 200 acres of land across the river from the current property. She said, “It is the goal of the foundation to purchase this land and release some of our elephants there to roam freely all of the time, as well as to rescue additional elephants in the future. Ten years from now, I would love this to be a place where all of the elephants who live here are able to live without any human interaction.”

To support Lek’s compassionate effort, Supreme Master Ching Hai contributed US\$100,000 to Save Elephant Foundation. The fund was presented to Lek on April 27, Golden Year 10 (2013) by our Association members from Bangkok. At this time, they were touched to see the elephants nuzzle up to Lek when she arrived and remain close by her side. In front of the elephants, the volunteers and the visitors of the park, Lek expressed her heartfelt thanks to Master for Her unconditional love and generosity.

She also gifted Master with two animal story books in return. One of the books, which was authored by her, was entitled *Navann*, and is about an elephant named Navann born in the park. Lek wrote these words of gratitude to Master, “Thank you so much for your extreme generosity. Your kindness is very much appreciated, not only by me, but also the elephants and many other animals you have helped with your donation. Best wishes and big hug from elephants.”




Receipt in the amount of US\$100,000 contributed by Supreme Master Ching Hai to Save Elephant Foundation for land purchase

Books gifted to Master from Ms. Sangduen “Lek” Chailert

(Inside book cover) Message to Master from Ms. Sangduen “Lek” Chailert

Ms. Sangduen “Lek” Chailert’s appreciation message to Master



Previously Supreme Master Ching Hai honored Lek with the Shining World Compassion Award and US\$10,000 in Golden Year 6 (2009). We wish Ms. Sangduen “Lek” Chailert great success in her rescuing mission and may all animals enjoy peace and happiness on Earth. 

For detailed coverage on Ms. Sangduen “Lek” Chailert and the 2009 Shining World Compassion Award by Supreme Master TV and News Magazine No.206, please visit: <http://video.Godsdirectcontact.net/magazine/AW1456j.php>
http://www.Godsdirectcontact.org.tw/eng/news/206/ac_66.htm

Bringing More Smiles to the World - Smile Train, USA

By News Team (Originally in English)

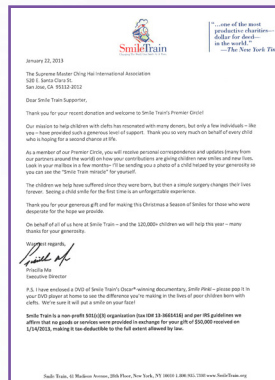
In 1999, Mr. Brian Mullaney and Mr. Charles Wang cofounded Smile Train to help people born with cleft lips and cleft palates live happy, productive lives. Individuals with these conditions often have difficulty eating, breathing and speaking properly; furthermore, in some areas of the world they are not allowed to attend school or hold a job and may be ostracized.

Mr. Mullaney and Mr. Wang had previously worked with a similar organization that would fly Western doctors on missions into developing nations to perform surgeries. However, they came to the conclusion that it would be more cost-effective and better for the local population if doctors living in the region were trained to perform the surgeries.

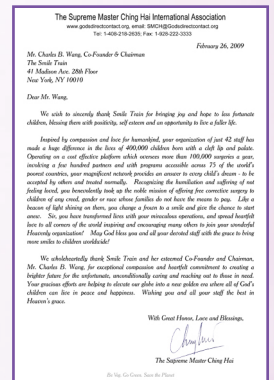
Smile Train embraced an innovative approach by using technology to train surgeons in developing countries on advanced cleft surgical techniques. In 1999, they worked with Dr. Court B. Cutting of New York University’s Virtual Research Laboratory in New York City, USA to create 3-D models of two patients based on X-ray computed tomography (X-ray CT). The models were used in training videos, which are distributed free of charge in English, Spanish and Mandarin. They later used these 3-D CT scans to create the first open-access virtual surgical simulator, which is available at no charge via the web.

In 1999, President Jiang Zemin of China and President George H.W. Bush of the United States worked with Smile Train to help the charity provide its first corrective surgeries in Mr. Wang’s home country of China. Today, corrective surgeries can be done for as little as US\$250 in just 45 minutes. Since 1999, the New York City, USA-based organization has paid for and enabled more than one million surgeries in 87 countries. It has also developed partnerships with over 1,100 hospitals and more than 2,200 surgeons.

Upon learning of the noble and compassionate work of Smile Train, Supreme Master Ching Hai reached out to express Her sincere appreciation. She also contributed US\$50,000 to support their ongoing operations, and sent a heartfelt letter to the organization’s chairman, Mr. Wang. She stated in the letter, *“Recognizing the humiliation and suffering of not feeling loved, you benevolently took up the noble mission of offering free corrective surgery to children of any creed, gender or*



Thank-you letter from Smile Train for US\$50,000 contribution from Master



Letter of thanks from Master to Smile Train

race whose families do not have the means to pay. Like a beacon of light shining on them, you change a frown to a smile and give the chance to start anew.”

Receiving Master’s contribution, Priscilla Ma, the Executive Director of Smile Train, responded in a letter dated January 22, 2013, “Our mission to help children with clefts has resonated with many donors, but only a few individuals — like you — have provided such a generous level of support. Thank you so very much on behalf of every child who is hoping for a second chance at life.”

We pray for the continued success of the work of Smile Train. With God’s grace, may more children enjoy a happy, healthy life and have a bright future! 🌸

El Hogar ProVegan – A Spanish Animal Sanctuary of Loving Kindness

By USA News Group (Originally in English)

El Hogar ProVegan, previously known as El Hogar de Luci or The Home of Luci, is based in Madrid, Spain and was founded in 2007 as a small-scale dog and cat rescue operation. It has now grown into a full-fledged animal sanctuary that houses and provides for the welfare of both abandoned and abused animals. Their ultimate goal is to free domestic animals from human exploitation, mistreatment, being used as a source of entertainment and being slaughtered for food.

The dedicated group of people who manage El Hogar aspire to share the message of animal equality and veganism. They strongly advocate that all animals, large or small, have the right to live in dignity and freedom. Currently, they are tending to a variety of co-inhabitants including dogs, cats, pigs, chickens, pigeons, rabbits, goats and sheep. However, due to a continual lack of funds, the organizers feared they would not be able to fulfill their commitment to the animal friends to lovingly protect and care for them for the rest of their lives.

Upon learning of El Hogar’s predicament, Supreme Master Ching Hai contributed EUR 2,000 to the animal haven, with instructions for our Association members to deliver the contribution to El Hogar in order to help them meet their urgent needs.

In her letter of thanks on November 25, Golden Year 9 (2012), Ms. Elena Tova, the coordinator of the sanctuary, expressed her appreciation for Supreme Master Ching Hai’s contribution as it would help to secure a happy future for the animals in their care. Furthermore, part of the contribution, together with the funds given by other supporters, will be used to purchase some acreage of land to shelter these rescued animal friends, allowing them to enjoy the rest of their lives in comfort and in peace. * Along with Ms. Tova’s letter were a

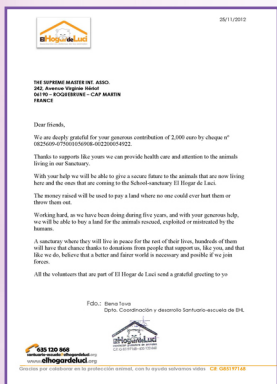


Dear friends:
We have received your generous donation a few days ago. We want to thank you once again for your kindness and we'll give you this little gift in return. We truly hope you'd like it.
If chance you are invited to meet El Hogar de Luci in person whenever you feel like, just tell us in advance so we can organize our work. We hope that something positive for the animals will come out of all our work we both are doing. A big hug as all our love.
Sincerely yours, El Hogar de Luci International Team. 🌸

Thank-you card from El Hogar de Luci (El Hogar ProVegan)



Gift calendar from El Hogar de Luci (El Hogar ProVegan)



Thank-you letter and receipt from El Hogar de Luci (El Hogar ProVegan)

thank-you note from El Hogar de Luci (El Hogar ProVegan) International Team and a gift, in the form of a lovely, colorful calendar featuring young children and cuddly animals. 

*** Update April 2015: Great news! El HogarProVegan has now found a larger location blessed with more trees and vegetation for their loving sanctuary. All of the precious animal co-inhabitants in their care have moved to their beautiful new home where houses for them are in the process of being built.**

The Selfless Mission of Floating Doctors

Bringing Medical Care to the Remote Coastal Communities of Our Planet

By USA News Group (Originally in English) 2012

In 2006 a young, adventurous medical student named Benjamin La Brot from the United States traveled to Africa to provide medical care for people in poor, isolated areas. Once, while treating Maasai villagers in Tanzania with only a backpack full of basic medical supplies, Dr. La Brot was overwhelmed with frustration and regret at not having more supplies, as they ran out when there were still many villagers who needed immediate attention. As a result of this experience, he vowed to help people in remote areas and to ensure that in the future he would have adequate medical supplies. Thus in 2008 he founded the non-profit organization Floating Doctors, which provides free, preventive healthcare and remedial treatment to the disadvantaged in coastal villages around the world.

With a diverse team of volunteers united in heart and mind, the group travels on a 76-foot sailboat that has been transformed into a mobile medical clinic. Aptly named *The Southern Wind*, the eco-friendly vessel has a large cargo capacity capable of transporting sufficient medical supplies and equipment to meet immediate and urgent needs. The ship carried 11 tons of relief supplies on her first trip.

Floating Doctors has sailed *The Southern Wind* to treat countless underprivileged and infirm people in Haiti, Honduras and Panama. In addition to providing medical assistance and health care, Floating Doctors also educates, trains and empowers the disadvantaged in understanding and being responsible for their own health and physical well-being.

In 2008 Supreme Master Ching Hai awarded the Shining World Compassion Award and a monetary contribution of US\$10,000 to Dr. Benjamin La Brot in appreciation and support of his noble efforts to alleviate the suffering of his fellow human beings. **(Refer to News #204).**

In 2010, upon learning that the Floating Doctors team was



Dr. Benjamin La Brot helping a patient



Floating Doctors team assisting a patient



Floating Doctors team



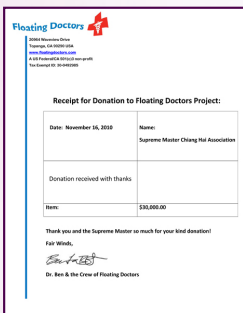
Happy patient
(Photos credit: Floating Doctors)

training emergency-care workers and serving as the medical crew for a rescue-helicopter service in Honduras, Supreme Master Ching Hai contributed another US\$30,000 to aid their selfless endeavors.

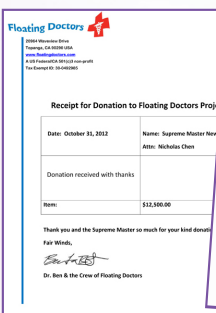
During the group’s work among Panama’s Ngäbe-Buglé native people, essential medical facilities were lacking and taking patients to an area where local doctors could attend to their needs was costly. Thus an ambulance was needed and in September 2012 Dr. La Brot wrote to Supreme Master Ching Hai requesting Her kind assistance. Once again, She presented a generous gift, this time in the amount of US\$12,500, the exact sum needed to buy the ambulance. According to Dr. La Brot, the ambulance has allowed critically ill patients to be transported rapidly for life-saving medical treatment.

Dr. La Brot thanked Supreme Master Ching Hai for Her ongoing, loving support, saying in a letter of appreciation, “Every year we have grown since the days when the Supreme Master honored our dream—and when it was only a dream. Now thousands of patients are seen, and the lives of patients, friends we meet along the road, our volunteers, and of all of us continue to be changed forever in ways we never imagined. You believed in us at the very beginning and your belief as much as your donation at that time helped us endure the desperate struggle of that first year.”

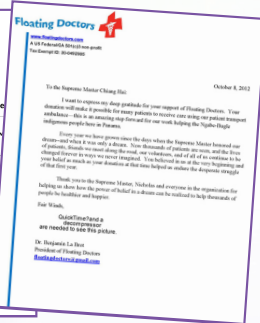
We wish Dr. Benjamin La Brot and the Floating Doctors much success in their laudable mission to bring medical care to the remote coastal communities of our planet. For more information on the group, please visit www.floatingdoctors.com.



Receipt and Thank-you from Floating Doctors for US\$30,000 contribution from Master



Receipt and Thank-you from Floating Doctors for US\$12,500 contribution from Master



Boosting Greenpeace’s Planet-Protecting Campaigns

By USA News Group (Originally in English)


In January 2012, a timely contribution of US\$50,000 by Supreme Master Ching Hai enabled Greenpeace International to further their efforts in safeguarding our precious Earth.

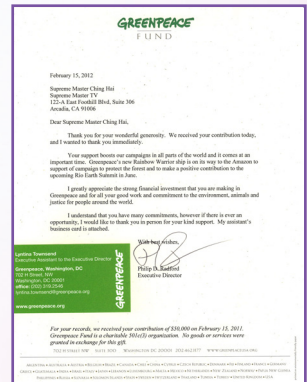
Greenpeace International is an independent global organization that campaigns to share vital information and help change the attitude and behavior of people towards their immediate environment. It is comprised of a dedicated group of committed volunteers who advocate for the conservation of our planet’s ecosystem. They also promote peace amongst peoples from all nations. The organization does not accept donations from governments or corporations, relying mainly on support from individuals and foundation grants. Making its presence known in more than 40 countries across Europe, the Americas, Asia, Africa and the Pacific, Greenpeace has 2.8 million supporters. The organization campaigns for the following urgent agendas:

- (1) address the degradation of Earth’s health from the effects of climate change by advocating sustainable energy;
- (2) defend and protect our oceans from destruction and overfishing, and create a global network of marine reserves;

- (3) protect the world's ancient rainforests and the biodiversities and people who depend on them for their survival and livelihood;
- (4) work for the disarmament of and elimination of all nuclear weapons, and the fostering of peace between hostile countries and conflicting factions;
- (5) work towards a toxic-free future with safer alternatives to hazardous chemicals in products and the manufacturing sectors; and finally,
- (6) promote and lobby for sustainable and socially responsible agricultural practices, protect and conserve biodiversity in the process, and do away with genetically engineered organisms.

In their letter of acknowledgement and appreciation, Mr. Philip D. Radford, Executive Director of Greenpeace, mentioned that the generous contribution will help them to further meet their objectives in many parts of the world. He also said he was certain it would make a positive contribution to the then up-and-coming Rio Earth Summit from June 13 to 22, 2012 in Brazil.

At the Summit, Greenpeace launched the Save the Arctic campaign, which includes a petition encouraging world leaders to create a global sanctuary around the North Pole and ban offshore drilling and destructive industry in the Arctic. The initiative has gained over 6.8 million supporters around the world. 



Letter of appreciation from Greenpeace International for the US\$50,000 contribution from Master


Brush Every Six Months

Spoken by Supreme Master Ching Hai, International Gathering in Europe June 30, Golden Year 10 (2013) (Originally in English) DVD#1014

There was a person who went to the dentist. And the dentist asked, "You don't brush your teeth ever?"

So, the patient said, "Yeah, every six months."

So the dentist asked, "But why? Why six months?"

So, the patient said, "Because last time you told me, 'Remember to come back every six months for a check-up and to brush your teeth,' yeah? So I came here for that." 



After 6 months

Please visit the following website to enjoy the original soundtrack of this joke, and also to share the joy of Master's humor with those around you: <http://video.Godsdirectcontact.net/magazine/jk212-2.php>

Everywhere in this world, we can see acts of tenderheartedness and manifestations of God's divine love. These beautiful encounters and charitable deeds are infusing positive energy into our society and adding momentum to the elevation of our world. To commend these virtuous actions and to encourage more people to follow their examples, Supreme Master Ching Hai has created a series of awards, including the Shining World Leadership Award, the Shining World Compassion Award, and the Shining World Hero and Heroine Awards, to be presented to these exemplary people, wise governments and organizations, as well as our compassionate and brave animal friends. These awards express our praise and appreciation for the superb ideal that they have set, which will bring a bright future to all beings. The "red heart" ratings represent God's love, reminding humankind to treat all living beings with compassion and love.

SHINING WORLD COMPASSION AWARD

"Hope for Wildlife" Honored in ♥♥♥♥♥♥♥♥♥♥ *Shining World Compassion Award Ceremony*

By Canada News Team (Originally in English)

Ms. Hope Swinimer, Founder and Director of the Hope for Wildlife Society, was presented with the Shining World Compassion Award and a check for US\$30,000 in a warm and intimate ceremony attended by local media, friends and volunteers on June 1, Golden Year 10 (2013). The presentation took place at the Society's rehabilitation headquarters located 40 minutes north of Halifax, Nova Scotia, Canada, in the town of Seaforth, which is in close proximity to the Atlantic Ocean.

The Award, given by spiritual teacher and humanitarian Supreme Master Ching Hai, paid tribute to the Canadian organization's extensive services to wildlife including the rescue and rehabilitation of injured and orphaned birds and mammals, a wildlife help line, as well as public environmental education programs. Over 15,000 injured and orphaned wild animals representing more than 250 species have been helped by the Society since 1997. Animals admitted to the shelter receive medical attention, food, housing and the expert care needed to ensure their successful return to the wild. The wildlife haven is operated purely by volunteers who take no financial remuneration for the time and service they render.

Supreme Master Ching Hai stated in a loving letter:

"For connecting people and wildlife in a most positive and transformative way, for endless selfless loving care, and for being an outstanding model of kindness, love and compassion in action, we hereby applaud and celebrate the inspirational work of the Hope for Wildlife Society, its founder and director, Ms. Hope Swinimer, and its warm-hearted staff and dedicated volunteers."



The Award ceremony was attended by local Halifax Regional Municipality Councillor, Mr. David Hendsbee, and longtime Society volunteer Ms. Allison Dubé, who spoke of the enduring spirit of the

SHINING WORLD COMPASSION AWARD

Society and its founder. Also in attendance were friends and volunteers of the Society together with members of The Supreme Master Ching Hai International Association, who had traveled by car from Montreal for the occasion.

Upon receiving the beautiful crystal award plaque and check, Ms. Swinimer said: “It is such an honor to receive this award and that they [The Supreme Master Ching Hai International Association] recognize the compassion of everyone who is involved here at Hope for Wildlife.” When asked what she would do with Supreme Master’s monetary contribution, Ms. Swinimer commented on how rare it was to receive such a significant gift that was not designated for a specific project: “These funds will go straight to where they are really needed; the day-to-day expenses of caring for wildlife.”



Later, Ms. Swinimer wrote the following thoughtful letter to Master.

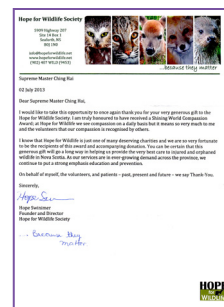
Dear Supreme Master Ching Hai,

I would like to take this opportunity to once again thank you for your very generous gift to the Hope for Wildlife Society. I am truly honoured to have received a Shining World Compassion Award; at Hope for Wildlife we see compassion on a daily basis but it means so very much to me and the volunteers that our compassion is recognised by others.

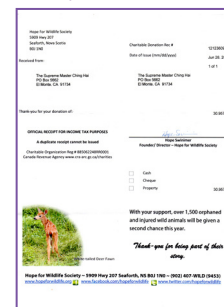
I know that Hope for Wildlife is just one of many deserving charities and we are so very fortunate to be the recipients of this award and accompanying donation. You can be certain that this generous gift will go a long way in helping us provide the very best care to injured and orphaned wildlife in Nova Scotia. As our services are in ever-growing demand across the province, we continue to put a strong emphasis[on] education and prevention.

On behalf of myself, the volunteers, and patients - past, present and future - we say Thank-You.

*Sincerely,
Hope Swinimer
Founder and Director Hope for Wildlife Society*



Thank-you letter to Master from Hope for Wildlife Society



Receipt from Hope for Wildlife Society for US\$30,000 contribution from Master

After the presentation, attendees were treated to delicious vegan sandwiches accompanied by quinoa and brown rice salads. Also enjoying the festivities were reporters from The Snap, a local newspaper, and Global TV, who aired a report on the event on the local news at 6pm and 11pm that evening.

Members of The Supreme Master Ching Hai International Association reported that it was truly a pleasure and a blessing to meet such beautiful, selfless and kind people. They were grateful for the opportunity to be involved in the event and commented that everything, including the weather, was perfectly arranged for the occasion!

Our sincere gratitude, Ms. Hope Swinimer and the many other devoted individuals at Hope for Wildlife Society, for your commitment to our dear animal friends. May Heaven bless you, and the many beings you help, with much happiness.

SHINING WORLD HERO AWARD

Courageous Man Saves Girl in Well ♥♥♥♥♥♥♥♥♥♥

Heroic Mr. Gopal Mogya saves the life of 15-year-old girl in Rajasthan State, India.

By India News Group (Originally in Hindi)

Amazing onlookers, heroic 23-year-old Mr. Gopal Mogya jumped into a 30-foot-deep well to save the life of 15-year-old Rekha Prajapat of Rajasthan State, India. Mr. Mogya's act was all the more incredible because he has only one hand.

On December 28, 2011, as Rekha went to get water from a well near the town of Chhoti Sadari in Udaipur District, she slipped and fell in. Unable to stay afloat, she was near drowning as locals worried and watched helplessly. Passing by, Mr. Mogya saw the crowd and quickly came to the rescue, fearing not for his own safety but only for that of the young girl. A police officer later said, "The girl was almost unconscious as she was drowning, failing to stand upright on the slippery surface. The youth somehow lifted her up with his one hand and amazingly maintained his balance. The villagers then threw down a rope." Some villagers, with the help of the rope, got into the well and helped to get Mr. Mogya and Rekha out safely.

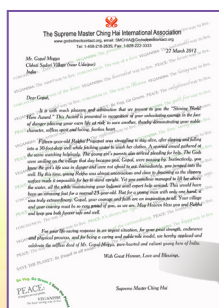


For his brave and caring act of valor, Supreme Master Ching Hai honored Mr. Mogya with the Shining World Hero Award along with US\$1,000 for any medical costs he might have accrued, and asked that our nearby Association members present the Award. In a letter of appreciation to Mr. Mogya, Supreme Master Ching Hai wrote, "For your life-saving response in an urgent situation, for your great strength, endurance and physical prowess, and for being a caring and noble role model, we hereby applaud and celebrate the selfless deed of Mr. Gopal Mogya, pure-hearted and valiant young hero of India."

On June 21, 2012, a team of our Association members went to Mr. Mogya's village near Udaipur, some 400 kilometers from Rajasthan's capital Jaipur. There, police officers helped us locate him and graciously allowed the Award presentation to take place at the police station with Rekha Prajapat and various media representatives present.



With deep gratitude, Mr. Mogya humbly accepted the Shining World Hero Award, along with several of Master's books, DVDs, CDs and a TV and DVD player to watch them on. May Mr. Gopal Mogya's courageous example continue to inspire others so as to ensure a safer world for all.



SHINING WORLD COMPASSION AWARD

Award Day Honors Blessed Abode for Exotic Birds



By Arizona News Group, USA (Originally in English)

Ms. Sybil Erden of Oasis Sanctuary is honored with Shining World Compassion Award.

Over 700 avian friends, including very beautiful and colorful parrots, cockatoos and macaws, are fortunate to have the Oasis Sanctuary in Arizona, USA as their lifelong home. Many of these highly intelligent and sensitive “psittacines” or parrot-type birds have suffered great trauma during their captive lives, but now they have a new start on life thanks to the loving care and foresight of the Oasis Sanctuary founder and president, Ms. Sybil Erden.

On December 17, Golden Year 8 (2011), Ms. Erden was honored with the Shining World Compassion Award in a ceremony that took place at the Sanctuary. Our Association members presented Ms. Erden with a beautifully framed letter signed by Supreme Master Ching Hai, which stated:

“Your immense love radiates throughout your work as meticulous care is taken to ensure the wellbeing of each and every Oasis resident, paying particular attention to those who have suffered past traumas and those with ‘special needs.’ Our heartiest salute to you, Ms. Erden, for your untiring efforts towards helping these colorful, beautiful, sensitive, intelligent, loyal, trusting and wondrous creatures! May Heaven’s immense blessings be showered upon you for all your noble endeavors that bring hope and a brighter future for all!”



An engraved crystal plaque was also presented to Ms. Erden along with other gifts from Supreme Master Ching Hai, including Her books, DVDs and CDs, as well as vegan chocolates and cookies to share with the sanctuary’s dedicated staff. In addition, there was a contribution of US\$10,000 from Master to further the Sanctuary’s compassionate work.

Ms. Erden gratefully accepted the gifts. In a personal thank you addressed to Supreme Master Ching Hai, she said, “I am humbled and very honored to be receiving all of this for the Oasis. I cannot

thank her enough. And I wish her health and creativity in 2012.” Ms. Erden noted that the generosity has come at an extraordinary point in time and that it will be very, very helpful to the sanctuary. She explained that they were short of funds this year, and that this Award money would be used to provide food and medical care for the birds.

News of the Award first came to the attention of the staff at the Oasis when a show about the Sanctuary aired on Supreme Master Television. Upon hearing news of the Award, Ms. Janet Trumbule,



SHINING WORLD COMPASSION AWARD

Executive Director of Administration, wrote in a personal email to our Association representative:

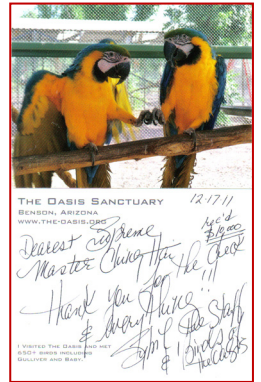
“We are honored and blessed to receive the Shining World Compassion Award and contribution. I was filled with pride and joy for the birds when I saw the announcement at the end of the show.”

The Oasis staff members soon shared their excitement about news of the Award with supporters in a special email announcement headed “The Oasis Wins International Award!!” The email said:

“About two months ago a Video Crew from “Supreme Master Television” came out to visit and film the facility, the birds and the staff. As a result of the visit, the founder, Supreme Master Ching Hai, has awarded The Oasis Sanctuary with the “Shining World Compassion Award.” With the award comes a check for ten thousand dollars!!”

“Without the help of all of you out there, our supporters and Friends of The Oasis, we could not have gotten to the point we are at now, a point in time when recognition of the work The Oasis does has grown to international proportions!”

“We at The Oasis Sanctuary are delighted to be included among the many worldwide organizations to be featured.”



Thank-you card from Oasis Sanctuary for US\$10,000 contribution from Master

To learn more about the extraordinary work of Ms. Erden and the Oasis Sanctuary staff, and the amazing intelligence and abilities of these highly evolved avian friends, including the very talkative Great African Greys, readers are invited to watch “The Oasis Sanctuary: A Forever Loving Home for Exotic Birds” featured on Supreme Master Television. (http://suprememastertv.com/aw/?wr_id=557)

More information about the Oasis Sanctuary can be found at www.the-oasis.org

Animal Sanctuary Provides Hope and New Life

The Horse Refuge and its founder, Ms. Sara Tuppen, receive the Shining World Compassion Award.



By United Kingdom News Group (Originally in English)

In 1995 Ms. Sara Tuppen established The Horse Refuge, a sanctuary for abused and abandoned animals in Kent, United Kingdom. The Horse Refuge became home to a colorful family of approximately 150 animals including horses, dogs, cats, chickens, pigs, peacocks, parrots, geese, ducks, deer, a cow, a goat and an owl – each given his or her own name. Many of these precious beings could have lost their lives if it were not for Ms. Tuppen’s compassionate help.

SHINING WORLD COMPASSION AWARD

Before starting The Horse Refuge, Ms. Tuppen led a charmed life as an assistant to Lord Houghton of Sowerby (1898-1996) in the British House of Lords. For 15 years, Ms. Tuppen worked with Lord Houghton on legislation to improve animal welfare.

Then in 1995, she and her husband Mr. Alan Ross embarked on a new life. They transitioned from their posh lifestyle and sold their GBP 200,000 home and everything they owned to help old, sick, abused and unwanted animals. Ms. Tuppen and her husband moved to a farm where they rented land and began living in an old shed without central heating or water. Ms. Tuppen cooked on a camp stove and purchased clothing from charity shops, giving everything she had to the animals. She was so cold during the winter that she developed frostbite on her fingers and toes.

Many of the animals needed care around the clock, leading Ms. Tuppen to wake up every few hours during the night to administer medicine.

After learning of Ms. Tuppen's unwavering dedication and unconditional self-sacrifice to ensure the safety and welfare of vulnerable animals, Supreme Master Ching Hai honored her and The Horse Refuge with the Shining World Compassion Award in February Golden Year 8 (2011). The following is an excerpt from a letter written to Ms. Tuppen:



We are deeply honored and gratified to have this opportunity to present the "Shining World Compassion Award" to you and The Horse Refuge in recognition of the outstanding loyalty and compassion you show for our animal co-inhabitants and for your selfless spirit of service to their welfare. This is why we feel so honoured to be able to offer this Award to you, as an inspiring example of humanity at its best. For your heroic selflessness and iron-willed determination to protect the innocent against all odds, we hereby applaud and celebrate the great and noble deeds of The Horse Refuge and its benevolent founder, Ms. Sara Tuppen - heroine of horses.

With Great Honour, Love, and Blessings,

Supreme Master Ching Hai



Supreme Master Ching Hai also contributed US\$10,000 to help further The Horse Refuge's noble cause, which was gratefully received.

A few months later in May 2011, Ms. Tuppen's bank account was empty and she had no food to feed the animals the next day. Afraid they would be evicted and some of the horses would lose their lives, she went outside, looked up to the stars and prayed for help.

SHINING WORLD COMPASSION AWARD

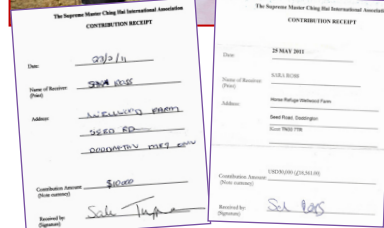
The next day she received a call from the local contact person for The Supreme Master Ching Hai International Association informing her that Master had kindly offered another donation of US\$30,000. Ms. Tuppen was moved to tears, knowing that Master had heard her prayers the night before and had answered immediately.

In late 2011, The Horse Sanctuary was again in need of money, and English actress Ms. Jenny Seagrove came to the rescue. Ms. Seagrove was able to rehome half of the horses and all the other animals within the first six months of operations, and relocated the remainder of the horses, purchased the land and set up a charitable organization called the Mane Chance Sanctuary to continue Ms.

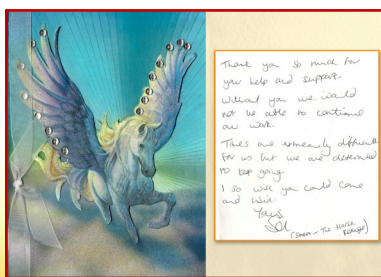
Tuppen's dedicated work in caring for the animals. For more details, please visit www.manechancesanctuary.org

Our heartfelt thanks to Ms. Sara

Tuppen for putting the needs and care of these precious animals above her own comfort and financial security. We send our prayers to her and all the animals for peace and contentment. Also, our sincere appreciation to Ms. Jenny Seagrove for establishing the Mane Chance Sanctuary. 🌸



Receipts from The Horse Refuge for US\$30,000 and US\$10,000 contributions from Master



Thank you so much for your help and support. Without you we could not be able to continue our work. These are extremely difficult for us but we will persevere to the end. I do wish you could come and visit. (Sara Tuppen to Master)

To learn more about the Shining World Awards, please check out our archived programs at <http://www.Godsdirectcontact.org.tw/gv>

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South Korea Embraces Compassionate Vegan Fur

Stars and VIPs attend the country's first faux fur fashion event.

By Korea News Team (Originally in Korean)

Compassion Increases Popularity of Faux Fur

Sophisticated and elegant, cool and chic, luxurious and warm, faux fur has come a long way since its introduction in the 1920s. Thanks to animal welfare advocates, celebrity endorsements and a heightened consciousness in fashion trends by designers and the public, faux fur is enjoying a regal rise in popularity – most especially in this dawning Golden Age of the 21st century.

In 2012, models proudly wearing animal-friendly synthetic “fur” walked down runways to show the world that the kinder alternative to animal fur is both fashion-forward and a statement against the immense cruelty involved in harvesting fur and skins. With animal rights at the forefront of these shows, compassionate alternatives are being embraced.

South Korea's First Vegan Faux Fur Fashion Show

On Christmas Day 2012, “Wearing Love,” the first faux fur fashion show in South Korea, was held in the capital city, Seoul.

The Supreme Master Ching Hai International Association members from South Korea co-

hosted the event with the animal welfare groups People for the Ethical Treatment of Animals (PETA) Asia-Pacific and Coexistence of Animal Rights on Earth (CARE), as well as other non-governmental organizations, all of whom support cruelty-free fashion.

Our Association members worked with S.M. Celestial Clothing, which has a collection of beautiful vegan furs designed by world-renowned humanitarian, artist and spiritual teacher Supreme Master Ching Hai. Often worn by the designer Herself, the exquisite faux fur line adds elegance to one's outfit while providing warmth and style.

The "Wearing Love" show, which culminated with a scrumptious vegan dinner and charity bazaar, was held in Sheraton Grand Walkerhill Hotel's Vista Hall in Seoul, which has been the location of many prestigious fashion events. Over 700 guests attended this Christmas Day gathering, including presidential spokesperson Ms. Haeng Kim; director general of the Ministry of Strategy and Finance's treasury bureau, Mr. Hyung-chul Shin; Grammy Award-winning soprano Ms. Sumi Jo; actress Ms. Hyo-jin Kim; Miss Korea 2010 Sora Jeong; Miss Korea 1998 Jung-min Lee; KBS Production Director Mr. Jae-yeol Lee; MBC Chief Producer Mr. Seong-hoo Jeong and many other celebrities.

The elaborate occasion began with an exhibition of animal photos, vegan bodybuilders' presentations and an awards-show segment. This was followed by the fashion show itself, with a concert featuring two well-known singers who follow a plant-based diet, Ms. Ha-young Yang and Ms. Hyo-bum Shin.

Awards given that evening honored Korean actress Ms. Hyo-jin Kim's dedication to animal protection. Ms. Kim also served as PETA's ambassador for the festivities. Korean singer Ms. Ha-young Yang (vegan) and Miss Koreas Sora Jeong and Jung-min Lee (vegetarians) received Animal Peace Awards from the nation's animal welfare groups.

Famous Korean designers and major Korean faux fur brands, Insung Hitech, Kyungwon, and Fursmall.com, participated in this exciting event. S.M. Celestial Fashions also presented its line of gorgeous vegan furs designed by Supreme Master Ching Hai, celebrating the first time Her vegan fur collection was showcased on a Korean runway.

Thanks to the many designers and clothing companies, the models looked like angels wearing glamorous vegan fashions and accessories from head to toe.

The media was filled with news of the faux fur fashion show for several days after the event, making it one of the top Korean news stories for Christmas.

To further support our loving animal friends, after the show, a total of four tons of vegan dog food was purchased and donated to five animal shelters and three animal caregivers in need of food for their beloved dog companions. Our Association members pray for the well-being of all of our precious animal co-inhabitants and for peace to encompass our cherished planet. 🌸



More information on vegan fur from S.M. Celestial Clothing can be found at www.SMCelestial.com and www.SMCelestial-mag.weebly.com.



Promoting the Healthy Vegan Diet

in *the Peruvian Army*

By Peru News Group (Originally in Spanish)

Inspired by news shared by one of our Association members that Norway's troops were planning to adopt Meatless Mondays to help fight climate change, the Honorable Oscar Delgado, Commander-in-Chief of Peru's 5th Mountain Brigade at the Mariscal Agustín Gamarra Command Headquarters in Cusco, contacted our Association for more information on this topic.

On December 17, Golden Year 10 (2013), our Cusco Association members organized two videoconferences on climate change. One was held in the main hall of the Army Command Headquarters and the other in the Mariscal Agustín Gamarra Headquarters of the 5th Mountain Brigade. They presented the findings on climate change by organizations such as the United Nations (UN), the US National Aeronautics and Space Administration (NASA), the UN Food and Agriculture Organization (FAO), the UN Intergovernmental Panel on Climate Change (IPCC) and the European Parliament and explained that the most effective solution to reduce global warming is the vegan diet. Afterwards our Association members served various delicious and healthy vegan dishes such as fish-free ceviche, vegan barbeque and non-alcoholic champagne.

The officers were very attentive during the conferences and stated they were happy to learn that there is something they can do to help curb global warming. They were also amazed by the vegan food served during the conferences and asked for more information.

Commander Delgado commented that because Peru has a huge range of nutritional plant-based products such as quinoa, kiwicha, tarwi, cañihua, beans and corn, they can easily replace meat with vegetarian meals in the near future. He asked Commander Luis Encalada Lescano of the Welfare Office to write a document on the lectures as well as the related recommendations so that they can be sent to the leaders of every unit. Once the initiative for the Peruvian Army to adopt Meatless Mondays is endorsed, it would be submitted to Lima City to the General Command of the Army Staff where the final decision would be made.

We applaud Commander-in-Chief Oscar Delgado and the whole Command Headquarters of the 5th Mountain Brigade for taking this initiative, and pray that the Peruvian Army will adopt the Earth-saving vegan policy in the near future. 🌸

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This contact list is updated regularly. For the latest contact details, please visit the following webpage:

<http://www.Godsdirectcontact.org.tw/eng/cp/index.htm>

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(Spoken in English with 24 choices of subtitles)

Loving the Silent Tears - The Musical

Los Angeles, USA, October 27, 2012

Public Lectures

DVD 652 (Spoken in English with Hungarian Interpretation and 26 choices of subtitles)

The True Essence of Our Being

Budapest, Hungary, May 24, 1999

Teleconference Series

DVD 1013

(Spoken in English with 27 choices of subtitles)

Master's Journeys to the Higher Regions of the Cosmos

Los Angeles, USA, June 16, 2013

DVD 1012 (Spoken in English with 28 choices of subtitles)

Every Peaceful Plan Will Be Done (1, 2)

Los Angeles, CA, USA, April 14, 2013

Videoconference Series

DVD 1048

(Spoken in English with 26 choices of subtitles)

The Joy of Homecoming: Master's Rediscovery of the Original Universe (1, 2, 3)

Los Angeles, USA, January 26, 2014



Group Meditation and Retreat Series

DVD 488-A (Spoken in English with 24 choices of subtitles)

A King with a Lot of Desires

Hsihu, Formosa, July 11 & 13, 1995

DVD 989 (Spoken in English with 22 choices of subtitles)

Love Conquers Everything

Slovenia, May 31, 2007 and Feb 25, 2008

DVD 1017 (Spoken in English with 28 choices of subtitles)

Unconditional Love Is the Best

International Gathering in Europe, July 6, 2013

DVD 1019 (Spoken in English with 27 choices of subtitles)

We Should Eat Less to Meditate Better

International Gathering in Europe, July 8, 2013

DVD 1022 (Spoken in English with 25 choices of subtitles)

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DVD 1024 (Spoken in English with 25 choices of subtitles)

Let Our Children Grow in a Healthy Environment (1, 2, 3)

International Gathering in Europe, July 18 & 19, 2013

DVD 1025 (Spoken in English with 25 choices of subtitles)

When We Practice Well, the World Will Change

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MP4s (for Download)

DVD 1014

(Spoken in English with 29 choices of subtitles)

Be a Farmer and Naturally Feel Happy (1, 2)

International Gathering in Europe, June 30, 2013

DVD 1015

(Spoken in English with 28 choices of subtitles)

Always Spread More Love

International Gathering in Europe, July 2, 2013

DVD 1016

(Spoken in English with 28 choices of subtitles)

Concentrate Only on God and Enlightenment

International Gathering in Europe, July 5, 2013

DVD 1018

(Spoken in English with 28 choices of subtitles)

It Is Always Better When We Are Positive in Our Mind

International Gathering in Europe, July 7, 2013

DVD 1020

(Spoken in English with 25 choices of subtitles)

The Power of Vegetarianism Is All Over the Planet (1, 2)

International Gathering in Europe, July 10 & 11, 2013

DVD 1023 (Spoken in English with 25 choices of subtitles)

Meditation Is Very Important

International Gathering in Europe, July 17, 2013

CD

CD CE09 (Spoken in Chinese)

Ego and Quan Yin

Group meditation at the Hsihu center, Formosa,

April 29, 1989





Rekindling the Light of Holy Love :

An Introduction to the New Generation of Longevity Lamps

By Formosa News Team (Originally in Chinese)

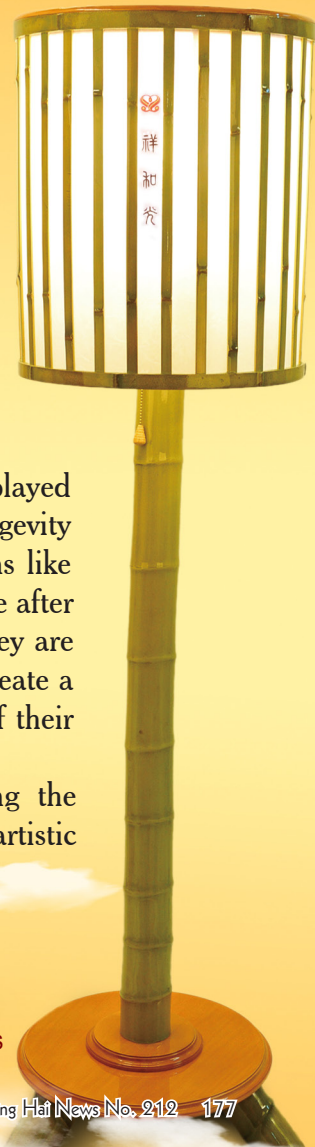
In response to Supreme Master Ching Hai's caring instructions to show kindness to trees and plants, Her exquisite Longevity Lamps are now being made with a wood alternative instead of real wood and bamboo.

The low-carbon substitute chosen for use in the new generation of Longevity Lamps is a recently developed, non-toxic and environmentally friendly material that can be processed like wood. The low-carbon substitute meets the European Union's Restriction of Hazardous Substances Directive (RoHS) safety standards. In addition, it is nonflammable, highly durable, resists corrosion and decay and is recyclable.

At a recent exhibition, the staff members who displayed the new Longevity Lamps said joyfully, "Sometimes when we see the Longevity Lamps, such as the nine-lotus shapes in 'The Western Paradise,' it seems like every flower shape can speak and we continue to enjoy looking at them time after time. If you view them from different angles while they are illuminated, they are even more elaborate." The energy-saving LED lights used in the lamps create a beautiful, soft and long-lasting light, so one can experience many hours of their loving ambience.

Our sincere gratitude to Supreme Master Ching Hai for sharing the importance of loving all beings and for blessing the world with these true, artistic and radiant treasures!

The Western Paradise:
The nine lotuses symbolize
the Blissful Land.



Peace Beams: The lamp's auspicious, gentle light radiates in all directions, bringing peace and tranquility to all beings.

Seeing With Soul

Designer: Supreme Master Ching Hai
S.M. Celestial Jewelry Series XV



Seeing With Soul
Realize the binding of karmic law
True Love is unattached

Seeing With Soul
Free from the chains of ignorance
Return to Unconditional Love

Seeing With Soul
Through the profound Gates
Return to the Original Joy

Seeing With Soul
Beyond body and mind
Return to the Source of Light
See the Lord of Real Love



Seeing With Soul

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S.M. Celestial Jewelry Series XV



Each hexagon on the necklace is exquisitely crafted. The unadorned gold surface without deliberate carving portrays the primeval and natural world. Symbolizing the precious soul within, the rubies surrounded by sparkling diamonds, radiant gold and glowing moonstones orchestrate a magnificent art piece that is simply dazzling.

Aphorism

We may be imperfect as human beings, but our perceptions must remain perfect at all times.

Excerpted from "The Supreme Master Ching Hai News" No. 96, Aphorisms (Originally in Chinese)

"The truth is not the same as what we see every day. The things we see and the people we see in this world are not true. What we see with physical eyes, with preconception, with our mind, is not very real. When we see with our soul, when we are concentrated, we become our real self. At that moment, it is the soul who sees. And it's the truth that is seen."

Spoken by Supreme Master Ching Hai at 5-day Christmas Retreat, Long Beach, CA, USA, Dec. 29, 1996 (Originally in English) Video No. 571, "The True Manifestation of a Living Master"

Eternal Life III

Designer: Supreme Master Ching Hai

S.M. Celestial Jewelry Series XV



Eternal Life

Love and wisdom intertwine

The tree of life eternal

Transcending the illusion of time and space

A wellspring of everlasting youth

Within the limited is the Infinite

The diamond's

unwavering strength is forever.

When love is life

When life is love

The secret of eons is revealed

In the splendid treasure of Eternal Life.